



LACROSSE CANADA



Rule#	Rule	Minor	Double Minor	Major	10 Min. Miscon.	Game Miscon.	Match	Penalty Shot	Awarded Goal
8.33	Abuse of Officials - Gross Misconduct								
8.12	Boarding			Y		Y			
8.35	Broken Stick	Y							
8.3.1	Butt Ending	Y		Y		Y	Y		
3.4	Captains	Y							
8.14	Checking From Behind	Y		Y		Y	Y		
3.5	Coaches	Y							
8.10	Contact While Shooting on Net	Y		Y		Y	Y		
8.8	Crease Infractions	Y						Y	
8.15	Dangerous Contact to the Head						Y		
2.6.1	Dangerous Equipment	Y				Y			
7.9	Definition of Penalty Shot							Y	
8.38	Delaying Of Game	Y							
8.39	Displacement Of Goal	Y						Y	Y
8.16	Elbowing	Y		Y		Y			
8.34	Equipment Inspection	Y					Y		
8.36	Equipment or Clothing Adjustment	Y							
8.17	Face Masking	Y		Y		Y			
8.18	Fighting			Y*		Y*			
2.5.6	Goal Keeper Helmet Removed							Y	Y
2.6.2	Goalkeeper Equipment Repair Time Limitation	Y							
8.19	Head Butting	Y		Y		Y	Y		
2.5.4	Helmet Chin Strap	Y							
8.37	Helmet Lost During Play	Y							
8.3.2	High Sticking			Y			Y		
8.30.1	Holding	Y						Y	
8.31	Hooking	Y		Y					
8.11.2	Illegal Body Checking	Y		Y		Y	Y		
8.4	Illegal Crosschecking	Y		Y		Y			
2.4.6	Illegal Stick	Y							
8.20	Intentional Contact During Dead Ball Situations	Y		Y		Y			
8.21	Kneeing/Kicking	Y		Y		Y			
8.42	Leaving Team Bench or Penalty Box	Y				Y			
2.5.5	Mouth Guard	Y							
8.40	Obscene or Profane Language or Gestures by Players	Y			Y	Y			
2.4.8	Random Stick-Check Procedure	Y	Y						
8.22	Roughing	Y		Y		Y	Y		
8.7	Slashing	Y		Y		Y	Y		
8.5	Spearing	Y		Y		Y	Y		
8.13	Spearing With Your Head			Y		Y			
2.4.5	Stick-Check Request Procedure	Y							
8.6	Throwing The Stick	Y				Y		Y	Y
8.23	Tripping	Y						Y	Y
8.41	Unsportsmanlike Conduct	Y			Y	Y			

2.2.1 - overall player stick length 40" - 42" (LC modification U9 & U11 26" - 40")

2.2.2 - stick width 4.5" at its narrowest point and 7" and its widest point (inside measurement)

2.2.4 - pocket depth shall not exceed 5" measured from the top outside edge of the sidewalls

2.3.1 - overall goalkeeper stick length 40" - 72" (LC modification any desired length but not more than 15" wide inside the frame)

8.18.2 - fighting assessment: major & game misconduct for fighting

8.18.3 - instigator assessment: major & game misc. for fighting plus major & game misc. for instigator plus game misc. for two (2) majors

8.18.6 - aggressor assessment: major & game misc. for fighting plus major & game misc. for aggressor plus game misc. for two (2) majors

8.18.6 - instigator & aggressor assessment: major & game misc. for fighting plus major & game misc. for instigator plus major & game misc. for aggressor plus game misc. for two (2) majors

8.18.10 - removing own equipment prior to/during a fight (does not include helmet or gloves) - minor penalty for unsportsmanlike conduct

Possession After A Penalty

- if the penalty(ies) occur prior to the start of a period, or overtime period, or after the whistle has sounded denoting the scoring of a goal, play restarts with a center face-off ... otherwise:

- possession shall be awarded to the team with the lesser penalty time;

- if the penalty times are equal, possession is awarded to the team last fouled

- if the penalties are simultaneous, possession shall remain with the team in possession at the time of the first infraction

- if neither team has possession, then a face-off at center will restart play

Goalie Height Requirements

- CAT2 minimum goalie height: greater than 4'6" (54 inches)

- CAT3 minimum goalie height: greater than 5'4" (64 inches)