

ALBERTA MEN'S HOCKEY LEAGUE

RULE CHANGES – SUMMARY

Effective September 2019

Rule 2-1 Player Registration

- a) Roster changes may be made up until the player registration deadline - October 31st for the Winter season or May 31st for the Summer season. [There will be NO roster freeze deadline for Division 1.](#)

The roster freeze deadline for Division 1 teams has been removed. Teams in this division can continue to add players up to the end of the regular season.

- h) Any players “carded” in the current [or - for summer - the previous winter season](#) will not be allowed to play lower than Division 2.

This rule has been modified for clarification.

- j) [Each player \(skater\) must play a minimum of 5 Summer, or 8 Winter regular season games](#) in the AMHL to be eligible to participate in the playoffs. Some exceptions may be made for long-term players who have missed a portion of the season due to an injury. These exceptions MUST be approved by the league. [For replacement players we apply a pro-rated calculation to determine playoff eligibility. We allow teams to replace players between November 1 and January 31 so depending when the replacement player registers, we will also apply a minimum number of games if the result of the basic pro-rated calculation \(one-third of remaining games\) is less than 5](#)

The number of games required to participate in playoffs has been lowered to 8 for skaters, and an explanation of the process for playoff eligibility for replacement players has been provided.

Rule 4-8 Tie Games

- a. [Any minor/major penalty assessed in overtime that leaves one team shorthanded will result in a penalty shot with the clock stopped.](#)

For any penalty assessed during the overtime period that would directly cause one team to be shorthanded, a penalty shot will be awarded rather than having a player serve the penalty. The purpose of this is to eliminate the possibility of the penalized team wasting time to kill the clock. Any penalties that carry forward from regulation time will still be served as described earlier in this rule. For coincidental penalties, players will still be sent to the penalty box.

Rule 4-9 Composition of Team/ Replacement Goaltenders

- e. During the regular season, teams may use a replacement goaltender registered on the AMHL Spare Goaltender List or registered in the League on a team in the same division or lower, or up to [two division categories higher. As an example, Division 6 teams can use goaltenders up to Division 4 \(A or B\).](#)

The rule has been updated to address the new division numbering.

Rule 6-10 Gross Misconduct Penalties

- a. Any player deliberately damaging or attempting to damage an opposing player's equipment (i.e. intentionally breaking an opponent's stick) will be assessed a Gross Misconduct

Intentional damage to an opponent's equipment will result in a Gross Misconduct.

Rule 6-11 Match Penalties / Attempt to Injure

- a. A Match Penalty will be assessed against any player who makes contact when deliberately attempting to injure an opponent. The player will be sent off the ice and a substitute will take his place in the penalty box. The player/team representative may also be required to meet with the discipline committee to determine if the player will be allowed to continue playing in the league.

To determine if the incident was a one-time situation or if there is a possibility of further issues, a player may be asked to meet with league representation before being allowed to continue playing

Rule 8-2 Suspension Policy

- a. When a suspension occurs, the timekeeper will write up a Suspension Form which the team representative or alternate is to sign to acknowledge receiving it. If for any reason the Suspension Form is not received, the player is still suspended as per the rules. Suspension forms WILL NOT include special conditions and if applicable, league administration will contact the team representative to notify him of any adjustment to the suspension to include the special conditions.