

ALBERTA MEN'S HOCKEY LEAGUE

RULE CHANGES – SUMMARY

Effective September 2020

Rule 1-7 Goaltenders Net and Crease

c) When an offensive player drives the net and makes contact with a goaltender who is in his crease, without any contact from a defending player, any resulting goal will be waved off, and the offending player will be assessed an appropriate penalty. [If the contact is deemed to be intentional, the player will also be ejected from the game.](#)

A player who drives the net and is pushed or checked into the crease by a defending player, must make a reasonable attempt to avoid contact with the goaltender or he will be assessed an appropriate penalty along with the defending player. [Any player taking advantage of being pushed or checked into the crease to intentionally contact a goaltender will also be ejected.](#) If the contact interferes with the goaltender and a goal is scored, the goal may be waved off at the discretion of the officials. If a goal is scored prior to the contact with the goaltender, the goal will stand.

Rule 1-3 Dressing Rooms – refer to additional documentation for detailed COVID procedures)

[During Phase 2 the time limits in the dressing rooms will be reduced so that staff can clean and sanitize the rooms between user groups. Due to the time limits and additional cleaning required, showers will not be available for players to use. Please respect the time limits and follow directions given by arena staff. Although distancing may not be possible in the dressing rooms, please continue to wear a mask in the dressing rooms.](#)

Rule 2-1 Player Registration – (refer to additional documentation for detailed COVID procedures)

[During Phase 2 teams will still be able to register 30 players, however, only a total of 16 players \(including full time and spare\) may be active at a given time. Player registration forms will not be accepted at the arena. Players must register online or send any forms to the league office.](#)

[Players may only be active in ONE cohort at a time and MUST be inactive for 14 days to change to a different cohort.](#)

Rule 4-13 Gamesheets – (refer to additional documentation for detailed COVID procedures)

[During Phase 2 gamesheets will not be shared between teams. Instead teams will be asked to print out their own gamesheet and fill in the Health Check Verification prior to game time and to give their copy to the timekeeper. Teams not able to print out a gamesheet will be able to fill one out at the arena.](#)

Rule 8-2 Suspension Policy

a) When a suspension occurs, league administration will contact the team representative or alternate to notify him of the length of the suspension and amount of the fine (if applicable). [Suspension forms will no longer be given to the teams at the game by the timekeeper.](#)

Rule 10-1 Playoffs

All teams will advance to playoffs, with the top 3 teams in each division receiving a bye into the semi-finals. The remaining teams in the division will participate in a single elimination wild-card round to determine the fourth semi-finalist. [This is the intended playoff format but will depend on any restrictions imposed by the Alberta Government.](#)

SECTION ELEVEN – INSURANCE

The AMHL has player accident insurance through CARHA, which is included in the league fees. If a player is injured during a game and needs to make a claim, we ask that he contact the league office as soon as possible. We will send you a CARHA claim form to be filled out by you and your physician and/or dentist. There is a section on the claim form that must be filled out by the League Executive

**** IMPORTANT **** **Players must wear either a half visor and mouth guard or full facial protection to be eligible for dental coverage.** [Any communication from the league about insurance contains this condition and this needed to be included in the rulebook as well.](#)