

ALBERTA MEN'S HOCKEY LEAGUE

ELITE DIVISION RULE DIFFERENCES

Effective September 2024

SECTION TWELVE – ELITE DIVISION RULE DIFFERENCES

Rule 2-1 Player Registration

- j) Playoff Eligibility.

For the Elite Division, a minimum of 5 regular season games must be played with 2 games being played prior to January 31st. Goaltenders must play a minimum of 3 games with 1 game being played prior to January 31st.

Rule 4-3 Contacting the Puck Above the Shoulders (high sticking the puck)

- a) In the Elite Division, this will not be an automatic whistle and will only result in a stoppage of play if the offending team plays the puck first after contacting the puck with a high stick.

Rule 4-6 Icing

- b) In the Elite Division, icing will remain at the center red line.

Rule 4-8 Tie Games

- o Any minor/major penalty assessed in overtime in the Elite division will result in the non offending team having a 4 on 3 powerplay. If the team on the power play takes a penalty, the overtime will then carry on with 3 on 3 play. If the team killing the penalty takes another penalty, the non offending team will then have a 5 on 3 powerplay. If a third penalty is taken, a penalty shot will be awarded.

Rule 4-10 Game Format

- a) Overtime (if necessary) – 3 minutes straight time (5 minutes for the Elite Division)