



Alberta Major Soccer League

Operating Standards
and Regulations
2023

2023 AMSL Operating Regulations

ALBERTA MAJOR SOCCER LEAGUE (AMSL) VISION AND MISSION STATEMENT

Vision: To create a competitive venue which provides development opportunities for all participants at the highest level of amateur soccer in Alberta and Canada

Mission: To provide leadership for soccer excellence in Alberta by:

- Operate a level of competition that prepares players to compete and excel in a professional and/or post-secondary soccer environment;
- Offer the opportunity for the personal development of coaches who desire to coach at a national amateur level and prepare them for professional opportunities;
- Offer vital development opportunities for officials working towards Regional, Provincial, National, and International certification;
- To allow players, coaches, and officials a strong competitive environment that showcases personal development, and teamwork and develops skills that contribute to their successes in life, on and off the field;
- To provide a program with quality and motivated administration

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ALBERTA MAJOR SOCCER LEAGUE OPERATION STANDARDS

These Regulations are subject to the Alberta Soccer Bylaws, Code of Conduct, Policies and the General Regulations.

AMSL Standards

1. Field of Play

- 1.1. All games shall be played on fields that meet FIFA international match standards as outlined in the FIFA Laws of the Game (2014 standards below).
 - 1.1.1. Length 100 m – 110 m
 - 1.1.2. Width 64 m – 75 m
- 1.2. All fields must be marked per the FIFA Laws of the Game. The optional mark is not required for AMSL games.
 - 1.2.1. This includes Corner Flags and Netted Goals.
- 1.3. Home teams must provide benches capable of seating a minimum of 10 players/coaches.
 - 1.3.1. If the benches are on the same side as the spectators, they must be blocked from the spectator entrance via a rope, fence, or other blockade.
 - 1.3.2. Home teams must provide the 4th official with a table and chair.

2. Teams

- 2.1. All teams will declare, by the end of February annually, their status for the upcoming AMSL season
 - 2.1.1. AMSL – Championship Team
 - 2.1.1.1. \$1,000 Performance Bond.
 - 2.1.1.2. AMSL Championship team fees and Provincial Declaration fees are approved annually by the ASA Board of Directors.
 - 2.1.1.3. Agreement on AMSL Minimum standards which includes the fine schedule for breach of minimum standards.
 - 2.1.1.3.1. Commitment to participate in the AMSL from the opening of the season until the end of the scheduled season.
 - 2.1.1.4. Any Championship team with committed post-secondary athletes on the AMSL roster must have an approved player release form from the player's University or College team official, to be eligible to participate in the ASA Provincials and CSA Nations Competitions.
 - 2.1.1.4.1. These forms must be submitted to the ASA League Administrator by July 1st.

- 2.1.1.5. Commitment to attend Provincials and Nationals if qualified annually.
- 2.1.2. AMSL - Development Team
 - 2.1.2.1. \$1,000 Performance Bond.
 - 2.1.2.2. AMSL Development Team fees are approved annually by the ASA Board of Directors.
 - 2.1.2.3. Agreement on AMSL Minimum standards which includes the fine schedule for breach of minimum standards.
 - 2.1.2.3.1. Commitment to participate in the AMSL from the opening of the season until the end of the scheduled season.
 - 2.1.2.4. Alberta Soccer will determine re-schedule dates in consultation with the affected teams but will have full authority if the affected teams cannot agree to a game date.
 - 2.1.2.4.1. If a game is forfeited prior to the end of the scheduled season, normal penalties will apply as per the AMSL Regulations.
 - 2.1.2.4.2. If a Development Team cannot complete their schedule (because of weather re-schedules) they will have the choice to participate after the end of the scheduled season or forfeit the remaining games with no penalty.
- 2.1.3. AMSL – CPL U21 Team
 - 2.1.3.1. \$1000 Performance Bond.
 - 2.1.3.2. CPL U21 Team fees are approved annually by the ASA Board of Directors.
 - 2.1.3.3. Agreement on AMSL standards includes the fine for breach of minimum standards.
 - 2.1.3.3.1. Commitment to participate in the AMSL from the opening of the season until the end of the scheduled season.
 - 2.1.3.4. Alberta Soccer will determine re-schedule dates in consultation with the affected teams but will have full authority if the affected teams cannot agree to a game date.
 - 2.1.3.4.1. If a game is forfeited before the end of the scheduled season, normal penalties will apply as per the AMSL Regulations.
 - 2.1.3.4.2. If a CPL U21 team cannot complete their schedule (because of weather reschedules) they will have the choice to participate after the end of the scheduled season or forfeit the remaining games with no penalty.
 - 2.1.3.5. Reserve Players who have a professional status must be identified on such a roster.
 - 2.1.3.6. A maximum of 3 (U23) CPL professional players are permitted to play in a match if the player is recovering from an injury.

- 2.1.3.6.1. A letter from the team's physician must be sent to the ASA League Administrator and the AMSL League Commissioner for approval before the player's first game.
 - 2.1.3.7. CPL U21 team may not designate a Premier Reserve team.
 - 2.1.3.8. CPL players are not permitted to transfer onto an AMSL roster at any time during the season.
 - 2.1.3.8.1. Player transfers to teams outside of the AMSL are subject to local district rules and regulations.
- 2.2. All AMSL roster players must meet the minimum criteria for participation in the Canada Soccer National Club Championships, with proof provided to the ASA League Administrator before the player's first AMSL Regular Season game.
- 2.3. Players who are protected persons, permanent residents, or who provide a non-Canadian passport and who were not born in Canada, must submit this documentation annually if documentation has expired or will expire before the current season end.
 - 2.3.1. Teams are responsible to ensure these players have not revoked their citizenship. If the citizenship has been revoked, then ASA must be advised.
- 2.4. Players who submit a Canadian birth certificate or a Canadian passport are not required to resubmit documentation annually.
- 2.5. All players who do not meet the minimum criteria, for participation in the Canada Soccer National Club Championships, may play as reserve players during the AMSL Regular Season or as youth trialists.
- 2.6. Players 18 years or older may apply for a dispensation, in accordance with the Canada Soccer Criteria for exemption under the Exemption Guidelines.
- 2.7. All head coaches must be a B part 1 License or higher.
 - 2.7.1. New teams entering the league will be given a two-year grace period to meet this standard. All coaches must have NCCP Soccer for Life.
 - 2.7.2. New coaches may be granted a special dispensation, of 6 months, to enroll in the B License coaching stream.
 - 2.7.3. Head coaches, who qualify for dispensation, must be identified to ASA prior to the start of the season.
 - 2.7.4. Failure to comply, without dispensation, will result in disciplinary action being applied to the coach and/or District. This referral to discipline will not affect the outcome of any AMSL games.
- 2.8. All assistant coaches must have their NCCP Soccer for Life or higher.
 - 2.8.1. Assistant coaches may be granted a one-year grace period to achieve the Soccer for Life Certification.
 - 2.8.2. Exemptions may be granted for assistant coaches who are apprentice coaches, under the age of 25, that are in training in the Canada Soccer Competitive Coaching stream.
 - 2.8.3. Assistant coaches who qualify for dispensation must be identified prior to the start of the season.

- 2.9. All teams must have a minimum of one (1) coach that is of the same gender as the team and/or a female coaching plan submitted.
 - 2.9.1. One of these coaches must meet the criteria in Regulation 2.7.
 - 2.9.2. As of 2023, all current AMSL teams will have 18 months to ensure compliance with coaching standards and/or a female coaching plan to be submitted to ASA
- 2.10. All teams must have a minimum of fourteen (14) eligible players on their game-day roster. Failure to meet this requirement will result in a Fifty-dollar (\$50) fine for each player under the minimum fourteen (14) players.
- 2.11. Each AMSL team will be required to provide three (3) player contacts and one (1) Coach / Manager contact for media availability complete with full contact information (full name, e-mail, cell phone number).
- 2.12. The ASA shall provide a minimum of three (3) game balls to each AMSL team prior to the start of the season. These game balls are provided by the home team and must be used for all AMSL Regular Season games.
- 2.13. All sponsor signage, provided by the ASA, must be displayed during AMSL games in a location visible to spectators.
- 2.14. Home Teams are recommended to provide a certified Athletic Therapist at all home games.
 - 2.14.1. Certification according to the Canadian Athletic Therapist Association (CATA) or one of the following approved options;
 - 2.14.1.1. Standard First Aid & First Responder from a Certified Provider
 - 2.14.1.2. Canadian Red Cross, St. John Ambulance, etc.
 - 2.14.1.3. Canadian Red Cross Sport First Responder and Sport Aid course
- 2.15. Home teams are recommended to video all home games and stream or upload within 48 hours of the competition on watch.albertasoccer.com.
 - 2.15.1. Minimum video quality will be standard definition 640 x 480 quality

3. League Administration

- 3.1. The ASA will hold a minimum of two (2) league meetings annually with at least one (1) of the meetings held in-person.
 - 3.1.1. All teams are required to have at least one (1) representative present at all league meetings. Failure to do so will result in a \$200 fine.
 - 3.1.2. Clubs with both men's and women's teams may be represented by one representative.
 - 3.1.3. Clubs may not be represented by outside clubs.
- 3.2. The ASA will designate one (1) staff member to administer the league.
- 3.3. The ASA League Administrator will promote the AMSL with the ASA Communications Coordinator.
- 3.4. These rules or decisions shall be subject to appeal to the ASA Discipline Committee.
- 3.5. The AMSL Commissioner will be appointed by the Alberta Soccer Board of Directors for a two (2) year term.

- 3.5.1. Nominations for this position may be submitted by the AMSL teams participating in the league the prior year by November 1st yearly to the ASA League Administrator.
- 3.5.2. The AMSL Commissioner will be appointed at the next Alberta Soccer Board of Directors meeting.

AMSL Operating Regulations

4. Team Responsibilities

- 4.1. All AMSL teams must provide the Team Colours of their home and away jerseys a minimum of two weeks in advance of their first scheduled AMSL Regular Season game.
- 4.2. All AMSL teams must wear the Official AMSL Logo on their home and away jerseys.
 - 4.2.1. AMSL jersey patches must be either sewn or sublimated on the left jersey sleeve of all home and away jerseys. Failure to do so will result in a \$100 fine per game.
 - 4.2.2. Teams may request one new set of patches annually free of charge.
 - 4.2.3. Patch allowance will not carry over into the next year.
 - 4.2.4. Additional patch sets are available at cost to teams.
- 4.3. All AMSL players appearing on an AMSL Regular Season game sheet must be dressed in accordance with the appropriate Team Colours identified on that game sheet.
 - 4.3.1. All non-playing personnel (including substitutes, substituted players, and injured players) are expected to be distinguishable from all players on the field of play.
- 4.4. All AMSL Team Officials (Coaches and Managers) identified on the team roster and/or appearing on an AMSL Regular Season Game Sheet must have a Criminal Record Check with Vulnerable Sector Check on file with their respective ASA Regular Member.
 - 4.4.1. The Criminal Record Check may be requested, by the ASA, at any time during the AMSL Regular Season.
 - 4.4.2. Any team with minors (registered or trialist) must have at least one (1) team official on the bench who is of the same gender.
 - 4.4.3. Teams may designate players over the age of eighteen (18) to act as this Team Official.
 - 4.4.4. Players acting in this capacity are eligible to play during matches but must maintain supervision of minors at games. This includes any circumstance during a match where a minor player must leave a game.

5. Game Day Operations

- 5.1. Home teams are responsible for securing a field of play and ancillary services for all scheduled AMSL Regular Season home games.

- 5.1.1. A backup field turf venue must be secured, by the home team, for any games scheduled on a grass field against a visiting team who has traveled more than 150 kilometers.
- 5.2. Home teams are responsible for all costs associated with booking the field of play and ancillary services.
- 5.3. Home teams must provide spectator seating for a minimum of 100 people.
- 5.4. Home teams must provide sheltered change rooms.
 - 5.4.1. If the home team cannot provide these services the AMSL Commissioner, via the ASA League Administrator, must be informed for consideration of the circumstances prior to the start of the Regular Season

AMSL Game Day Countdown

PRE-GAME TIMING	EVENT
60 Minutes to Kick-off	Team Arrival
45 Minutes to kick-off	Referee Arrival
30 Minutes to kick-off	Pitch Inspection
10 minutes to Kick-off	Game Sheet and Player Card Review
6 Minutes to Kick-off	Player Line-up and equipment inspection
3 Minutes to kick-off	Player Walk-out, handshake, and coin toss
GAME TIMING	EVENT
45 Minutes + Added time	First Half
15 Minutes	Half-time
45 Minutes + Added time	Second Half
POST-GAME TIMING	EVENT
30 Minutes after the final whistle	Game Sheets and Misconduct Reports to Teams
11:59 PM of Game Day	Game Reports submitted online to the ASA

- 5.5. There will be no extra time played during the regular season.
- 5.6. If a game must be abandoned, due to weather (or other considerations), and a minimum of sixty (60) minutes has been completed, the result shall stand. If less than sixty (60) minutes have been completed, then the game shall be replayed, and the ASA League Administrator shall reschedule it.
 - 5.6.1. If a game must be rescheduled, due to weather, it will be replayed in the same city as the originally scheduled game.
- 5.7. Team Colors
 - 5.7.1. If there are any color conflicts, the home team must change.

- 5.7.2. If the conflict is between either goalkeeper and the opposing team the goalkeeper will change regardless of whether they are the home or away team.
- 5.7.3. Failure to change the jersey will result in a team fine of \$100.
- 5.8. The home team is responsible for submitting both the game sheets and the misconduct summary. All game reports must be uploaded to the AMSL website by the end of the first working day following the game. The home team must ensure the game score has been recorded.
 - 5.8.1. Failure, to meet these responsibilities, will result in one warning. Each subsequent offense will result in a \$100 fine.
- 5.9. Home and Away teams are responsible to submit an online referee feedback form by the end of the first working day following the game. Failure to do so will result in a \$100 fine.

6. Team Eligibility

- 6.1. All participating teams in AMSL will be under the direct jurisdiction of the Alberta Soccer Association. All teams must be a member of a District during the season. Teams are under the direction of the AMSL Commissioner.
- 6.2. All teams must be registered with the ASA through their District Associations and will be subject to District fees.
- 6.3. Any team leaving the AMSL is guaranteed a place within the division in the home District in which they last played before entering the AMSL.
 - 6.3.1. Teams who leave the AMSL, by the November 1st deadline, will be refunded their performance bond less any outdoor fees, fines, and/or penalties.
- 6.4. All Teams must in good standing as it relates to league fees, fines, and bonds, as per the dates in the operating regulations. Failure to comply will be subject to review by the AMSL Commissioner and the ASA Competitions Committee.

7. Registration

- 7.1. Registration is due by November 1st to the ASA League Administrator.
 - 7.1.1. Registration will include the name of the team.
 - 7.1.2. Registration will include the name, email address, and cell phone number of the team manager and the club president. Any late submissions will result in a \$100 team fine.
 - 7.1.3. Team Performance bonds will be paid to the ASA (once) and held while the team is in the AMSL.
 - 7.1.3.1. The AMSL bond will be forfeited if the team resigns from the AMSL prior to the completion of the team's AMSL schedule (including rescheduled games and provincial finals).
 - 7.1.3.2. The ASA Board of Directors reserves the right to access this bond if the team refused to pay any monetary fines or legitimate levies by October 31st of each year.

- 7.1.3.3. The team must replenish the bond by November 15th yearly to remain eligible for continued participation in the AMSL.
- 7.2. The following information is due to the ASA League Administrator by the following timelines:
 - 7.2.1. March 9: Name, email address, cell phone, and NCCP Number for each coach. Failure to meet the deadline is a \$100 team fine.
 - 7.2.2. May 1: District Approved Rosters
 - 7.2.3. May 1: District Approved Reserve Team and Roster
- 7.3. Small District Clause: Teams from Districts, other than Edmonton and Calgary may use their entire men's or women's league program as their reserve team.
 - 7.3.1. Small district teams, who declare a specific reserve team, are not allowed to use their entire men's or women's league program as additional reserve team players.
- 7.4. All AMSL rosters must have a minimum of sixteen (16) eligible players. Rosters with less than sixteen (16) players will be fined \$100 per player per game until their roster reaches the minimum number of players.
 - 7.4.1. No AMSL roster will exceed more than twenty-five (25) eligible players.
 - 7.4.2. All rosters must be approved and submitted by your home District, prior to approval by the ASA League Administrator.
- 7.5. All AMSL finalized rosters must have a minimum of seventeen (17) players by July 31st.
 - 7.5.1. Districts will be fined \$100, per team, for any late rosters.

8. Player Eligibility

- 8.1. All players must have District approved ID. All players must check in with the match officials, as per the game day countdown. Players failing to check in with the match officials, will be considered ineligible players in the game.
 - 8.1.1. All participants must be on the game sheet.
 - 8.1.2. Teams can dress a maximum of 20 players per game.
 - 8.1.3. Teams can have a maximum of 5 non-playing personnel.
 - 8.1.4. Teams, who list ineligible players, or non-playing personnel, are subject to a team fine of \$100 per person per offence.
- 8.2. Any registered youth player is eligible to play in the AMSL.
 - 8.2.1. Youth players who register on a senior team are subject to senior regulations guidelines.
- 8.3. A player on an AMSL roster, who transfers to a lower-division team, will not be eligible to play up for an AMSL team, or as a reserve team player, after the date of transfer. The transferred player may not transfer back onto an AMSL team for the remainder of that season.
- 8.4. A properly completed AMSL Youth trialist form must be submitted to the ASA League Administrator prior to the kick-off of the first AMSL game that the youth trialist participates in.
 - 8.4.1. A completed youth trialist form must be signed by the player's parent and/or guardian and by the coach, manager, or club representative of their current youth team.

- 8.4.2. In matches, where incomplete youth trialist forms or late submissions of youth trialist forms have occurred, the Youth Trialist will be considered an illegal player. The team will be fined \$100 per player per incomplete submitted form.
- 8.4.3. Only AMSL Youth trialist forms will be accepted. The use of District forms will result in a team fine of \$100 per player, per form.
- 8.4.4. Failure to do so will result in a \$100 team fine.
- 8.4.5. Once a properly completed form has been submitted for a youth trialist, the player will be eligible to participate, for that AMSL team during the season. Any team, using the player, will be required to resubmit a new trialist form for the player. Youth trialists must be indicated on the game sheet.
- 8.5. Each team may use unlimited reserve players in any given game. There is no limit to the number of youth/classic/masters players a team can bring up for any game.
 - 8.5.1. Youth players who participate in the AMSL will be identified as “Y” beside their name on the AMSL game sheets. Failure to do so will result in a \$25 fine.
 - 8.5.1.1. Reserve team players who participate in AMSL will be identified as “R” beside their name on AMSL game sheets. Failure to do so will result in a \$25 fine.
 - 8.5.1.2. Classics/Master guest players who participate in AMSL will be identified with a ‘C’ or “M” respectively beside their name on AMSL game sheets. Failure to do so will result in a \$25 fine.
- 8.6. An ineligible player is defined as any player not meeting the player eligibility regulations as outlined above or:
 - 8.6.1. A player who is currently suspended from AMSL league play.
 - 8.6.2. A Player whose fine(s) have not been paid prior to his or her participation.
 - 8.6.3. A Player who is not properly listed on the game sheet submitted to the game officials prior to the game.
 - 8.6.4. A player whose identity is declared, on the game sheet of an AMSL game, can be proven to be someone other than the person named.
 - 8.6.4.1. The offending team proved to play ineligible players will forfeit that game and be subject to a hearing with the Alberta Soccer Discipline Committee.
- 8.7. A team, that is discovered to have played an ineligible player, will be subject to discipline and a minimum of a \$100 team fine for each ineligible player played in each game.

9. Schedule and Venues

- 9.1. The ASA League Administrator in conjunction with the Competitions Coordinator will create a draft of the next season’s schedule of games, complete with dates, times, venues, and opponents, and distribute it to districts by January 15th yearly. The finalized schedule will be sent to teams and districts by February 1st of each year.
- 9.2. Team requests for off dates, or any other scheduling requests must be received by the ASA League Administrator by December 1st yearly.

- 9.3. The only allowable changes, to the completed schedule, will be rescheduled due to rainouts.
- 9.4. Whenever possible, AMSL teams shall be not required to play more than three (3) games in a seven (7) day period and no more than (4) games in a 15-day period.
- 9.5. If a team is scheduled, to travel to another city (more than 150km) and the game must be canceled due to inclement weather, the home team must communicate the game cancellation to the traveling team by 8:30 AM the same day.
- 9.6. If games involving a team that has traveled to, or from, the North and the South, cannot be played on the home team's field the game will be played on the next best facility available to the home team. The field must be safe for the players' and official participation and is lined, netted, and flagged as per standards.
- 9.7. If a traveling team arrives for a scheduled match and it is not played because the field does not meet standards, the consequences are as follows:
 - 9.7.1. Home team will be fined the cost of officials for both matches.
 - 9.7.2. Home will be responsible for the away teams accommodates (if applicable).
 - 9.7.3. The match will be rescheduled at the Away team's home field. The Away team will choose two possible reschedule dates, in conjunction with the ASA League Administrator. These dates must be submitted within one week from the originally scheduled match. Failure to do so will result in the ASA League Administration choosing a day for the rescheduled match.
- 9.8. In the event of a schedule change for any reason, with less than 48 hours notice, the ASA League Administrator in conjunction with the AMSL Commissioner will determine who will be responsible for the match official's game fees.
- 9.9. In the event, of a weather delay, the following will occur:
 - 9.9.1. If both teams playing are local, the allowable delay will be determined by the referee.
 - 9.9.2. If one of the teams is traveling, the allowable delay will be determined by the referee. The actual completion time of the game does not exceed 90 minutes beyond the scheduled completion time.
 - 9.9.3. The continuation of the game is subject to facility access, Match Official availability, and weather conditions. All efforts should be made to play a total of 90 minutes. However, as per AMSL regulation 5.6, a minimum of 60 minutes total will constitute a "complete" game if necessary.
 - 9.9.4. The referee will consult with the home team, to ensure that the booking of the field is sufficient to accommodate the delay or suspension.
 - 9.9.5. There will be a mandatory 15-minute warm-up period for teams prior to starting or restarting the match, after a weather delay. These 15 minutes will be factored into the total time calculation. The warm-up does not start until the referee has given the approval to be on the field.
 - 9.9.6. If the delay exceeds 45 minutes, the match officials who have a prior commitment are not obliged to stay. A minimum of one referee and two assistants are required for the game to resume.

9.9.7. Officials who stay to complete a game, will be compensated accordingly for the extra time that is required. Alberta Soccer will cover these costs, as well as any additional field rental required.

10. Substitutions

- 10.1. A maximum of five (5) substitutions will be permitted during a game. All substitutes must provide the officials with a properly completed substitution slip prior to entering the field of play.
- 10.2. A player, who has previously been replaced, shall be allowed to return to the game. The return will be considered of the five allowed substitutions during play
- 10.3. There are unlimited substitutions at half-time. Players entering the game must check in with the match officials.

11. Standings and Tie Breaking

- 11.1. The Standings and Tie Breaking Regulation will be applied in the North Division and in the South Division respectively.
- 11.2. Three (3) points shall be awarded to the winner of a game and none to the losing team. In the event of a tie, one (1) point shall be awarded to each team.
- 11.3. In the event of a tie the following procedure will apply:
 - 11.3.1. Results between the tied teams
 - 11.3.2. Greater goal difference between the tied teams
 - 11.3.3. Greater goal difference in all league matches
 - 11.3.4. Greatest number of goals scored in all league matches
 - 11.3.5. Teams with the least amount of yellow cards
 - 11.3.6. Teams with the least red cards
 - 11.3.7. Coin Toss

12. Promotion and Relegation

- 12.1. May 1st is the deadline for non-AMSL teams for declaring, through their respective district, their intent to challenge the lowest-placed AMSL team.
 - 12.1.1. The challenge shall be made public prior to the start of the season.
 - 12.1.2. A North team can only challenge a North team and a South team can only challenge a South team.
 - 12.1.3. The bottom south team and the bottom north team in the AMSL are the team(s) that will be challenged.
- 12.2. Any challenging team must pay a \$1000.00 bond to their home district when declaring their intention to challenge.
- 12.3. The challenging team will bear the cost of the field rentals, referee, and game fees for the challenge. The participating team's District will be invoiced following the challenge for this amount.
 - 12.3.1. All costs associated with an inter-district challenge series will be charged back equally to each participating respective senior league. The participating team's Districts will be invoiced following the challenge for their share of this amount.

- 12.4. No reserve team of an AMSL team may be a challenger for promotion to the AMSL.
- 12.5. Any challenging team must play in the top division of senior soccer in their District, and such division must consist of a minimum of four teams.
 - 12.5.1. If the highest-placed team in a division decline to challenge, then the next-highest-placed team may challenge, and so on.
- 12.6. All Challenges must be approved by the challenging team's district. Districts may have stricter eligibility regulations.
- 12.7. Any such AMSL relegation-promotion challenge shall consist of a two-game series. The first game is to be played on the home field of the challenging team, and the second game is on the home field of the AMSL team. Both games are to take place as agreed upon during the month of September.
 - 12.7.1. The AMSL Administrator will work with the teams and the district to confirm the date and locations.
 - 12.7.2. Two 15-minute halves of extra time shall be played at the end of regular time of the second game if the teams are still tied per the AMSL tie-breaking regulations.
 - 12.7.3. If at the end of the extra time, the teams remain tied, then kicks from the penalty spot shall be taken as per FIFA Laws to decide the winner.
- 12.8. If there is more than one challenge from either the North or the South, the two (2) challenging teams will play each other home and away, a two-game total points competition. The winner will advance and play the lowest AMSL team from either the North or the South.
- 12.9. If there are more than two districts challenging the challenging teams must first playoff to see who will play the lowest-placed North or South AMSL team.
 - 12.9.1. If three or more teams (districts) challenge from either the North or South, all of the teams will play a round-robin schedule at a neutral site. The first-place team from these games will advance and play the lowest-place North or South AMSL team.
- 12.10. For any challenge game, the AMSL team may use only their roster players and reserve team players as of July 31.
 - 12.10.1. The challenging team can only use their roster as of July 31.
 - 12.10.2. No trialists (youth or senior players) are permitted to participate in any challenging games.
- 12.11. All challenging teams' rosters are approved by their district and are due 7 days prior to the first scheduled challenge game.
 - 12.11.1. All players must meet the player eligibility requirements as stated earlier in the AMSL Operation Standard and Regulations.
- 12.12. The winner of the challenge game against the AMSL team will play in the AMSL the next season.
- 12.13. Performance bonds will be repaid within 30 days to any team relegated by a game or games played.
- 12.14. Challenges for a provincial spot must follow the procedure in the Provincial Championship Rules - Senior.

13. Match Officials

- 13.1. Officials for AMSL games shall be scheduled by the ASA.
- 13.2. Only officials listed on the current list of eligible officials will be assigned to AMSL matches.

14. Discipline

- 14.1. Discipline to AMSL teams shall be based on the information contained on the games sheet, misconduct summary, misconduct reports, and reports submitted to the ASA League Administrator following each game.
- 14.2. Referees shall record all cautions and ejections issued during a game on the applicable game sheets and summarize the same on the misconduct summary.
 - 14.2.1. Each assigned official for that game must sign each game sheet and the misconduct report.
 - 14.2.2. A misconduct summary must be completed and signed as noted even when discipline has occurred during the game.
 - 14.2.3. The referee must submit a report, with all pertinent information, surrounding the ejection of players and/or team officials and/or team supporters within 48 hours of the completion or abandonment of a game.
- 14.3. Game officials, AMSL officials, or AMSL game representatives, on duty at a game, must submit a detailed report on any other incident which occurs. Incident reports are to be supplied, within forty-eight (48) hours, for any incidents between the teams, their team officials, and/or supporters, whether before, during, or after a game.
- 14.4. Each team must have an electronic copy of both teams' game sheets and misconduct summaries once signed by the officials and signed by both teams.
 - 14.4.1. Failure of team officials to obtain those copies will not be an acceptable excuse for not being aware of their team's and individual players' current discipline status.
 - 14.4.2. Refusal, by a team official to sign the misconduct summary or game sheet, will not negate the reports and the team will not be permitted to appeal any resulting discipline.
- 14.5. Each club is responsible for the actions of its' teams, team officials, and team supporters who are taking part in or are present in an AMSL game.
- 14.6. All incidents involving an assault on, or threatening behavior toward the game officials will be referred to the ASA office and the identified offenders are suspended indefinitely pending a hearing with the ASA Discipline Committee.
- 14.7. Individuals who have been listed on a game sheet will be deemed to have participated in that game.
- 14.8. All Discipline, other than mandatory suspensions shall be dealt with by the ASA Discipline Committee.
- 14.9. All hearings shall be held in accordance with the ASA Rules and Regulations on Discipline & Appeals.
- 14.10. All discipline hearing decisions shall be communicated to the team contact within the current ASA Rules and Regulations on Discipline & Appeals.

- 14.11. Suspensions and fines, as stated, will be in effect for the current season except for red card offences which may carry over at the discretion of the ASA Competitions Committee.
- 14.12. All suspensions shall be automatic and will not involve a hearing by the Alberta Soccer Discipline Committee unless;
 - 14.12.1. An appeal is launched by the relevant player/team.
 - 14.12.2. A hearing is requested by the AMSL Commissioner.
- 14.13. All fines must be received by Alberta Soccer prior to the player's participation in the next AMSL game or the player will be considered an ineligible player in that match.
- 14.14. Teams must monitor their own discipline status as double headers and time constraints may not allow the ASA League Administrator to communicate to the team their discipline status prior to the team's next game.
- 14.15. At the end of the season, if a player or team representative, has games remaining in a suspension, the AMSL Commissioner will determine where the remaining games on the suspension will be served.
 - 14.15.1. Players who are serving a suspension, for Violent Conduct, are ineligible to participate in any provincial championship until the suspension has been served.
- 14.16. The accumulation of yellow cards will reset at the start of each season.
- 14.17. Suspensions of Reserve Team players from AMSL will be served in the AMSL unless the discipline incident is referred to Alberta Soccer Discipline Committee.
- 14.18. The home District/AYSL Technical Director will be notified of any trialist or reserve team player who receives a suspension in the AMSL, The District/AYSL Technical Director may choose to apply the suspension in their league.
- 14.19. Forfeited games:
 - 14.19.1. When a game is forfeited, due to one team having fewer than eight (8) players at fifteen (15) minutes after the scheduled start of play or because of a team failing to show up, the opposing team shall be awarded points for a win and a three-zero score.
 - 14.19.2. When neither team has eight (8) players at fifteen (15) minutes after the scheduled start of play, or when neither team shows up, no points will be awarded, and no score shall be recorded for either team. The game shall not be rescheduled.
 - 14.19.3. When a team, has won or tied a game and has played one or more ineligible players, the game will be forfeited, and the opposing team will be awarded the points for a win and a three-zero score.
 - 14.19.4. When a team has lost a game and played one or more ineligible players, the game will be forfeited, and the opposing team shall be awarded the points for a win and the greater of a three-zero score and the score recorded on the game sheet for their team.
- 14.20. Team bonds will be forfeited to the ASA if the team fails to show up for a scheduled (or rescheduled) AMSL game as follows:
 - 14.20.1. 1st occasion: \$1000
 - 14.20.2. 2nd occasion: \$1000, plus an additional \$1,000 fine and team's continued participation subject to review by the ASA Board of Directors in cooperation with the AMSL Commissioner

14.20.3. In both instances the bond must be replenished to the ASA prior to the team's next game

15. Suspensions

15.1. Yellow Card Offense:

Three (3) Yellow Cards	1 game suspension
Additional two (2) Yellow Cards (total of 5)	1 game suspension + \$50 fine
Additional one (1) Yellow Card (total of 6)	Suspended pending a hearing with ASA Discipline Committee

15.1.1. Two yellow cards issued to a player in a single game will not be counted as accumulated Yellow Cards but will be counted under the Red Card accumulations below.

15.1.2. Two Yellow Cards in the same game:

First Offense	1 game suspension
Second Offense	1 game suspension + \$50 fine
Third Offense	2 games suspension + \$50 fine
Fourth Offense	Suspended pending a hearing with ASA Discipline Committee

15.2. Serious Foul Play (SFP) or Denying an Obvious Goal-Scoring Opportunity

First Offense	1-2 Games Suspension
Second Offense	3-4 Games Suspension + \$50 fine
Third Offense or more	To be determined by the ASA Discipline Committee +\$100 Fine

15.3. Violent Conduct (VC) or Spitting at an individual (excluding Match Officials)

First Offense	3-4 Games suspension
Second Offense	6-8 Games suspension + \$50 fine
Third Offense or more	To be determined by the ASA Discipline Committee +\$100 Fine

15.4. Use of Offensive, Insulting and Abusive Language (OIAL), including but not limited to slurs and language aimed to intimidate or threaten another individual

First Offense	2-3 games suspension
Second Offense	6 games suspension + \$50 fine
Third Offense	10 gamed suspension + \$50 fine
Fourth Offense or more	Suspended pending a hearing with ASA Discipline Committee + \$100 Fine

15.5. Offences by Team Officials

15.5.1. Failure to stay within the technical area -including but not limited to entering the field illegally

First Offense	1 game suspension
Second Offense	3 game suspension + \$50 fine
Third Offense	6 game suspension + 100 fine

15.5.2. Use of offensive, insulting, abusive language towards players and/or spectators

First Offense	3 games suspension
Second Offense	6 game suspension + \$50 fine

15.5.3. Yellow Cards

Two Yellow Cards	1 game suspension
Additional two (2) Yellow Cards (total of 4)	1 game suspension + \$50 fine
Additional one (1) Yellow Card (total of 5)	Suspended pending a hearing with ASA Discipline Committee

15.6. All other offenses not covered above will follow the Alberta Soccer Rules and Regulations on Discipline and Appeals

16. Appeals

16.1. Decisions of the Referee, in matters pertaining to the Laws of the Game, are final and there is no appeal of those decisions.

16.2. An appeal related to automatic discipline must be lodged with the ASA Discipline Coordinator within five (5) days of the date of the game in which the discipline was levied apply.

16.2.1. The appeal will be sent to the ASA Discipline Committee to determine if there are grounds for appeal.

16.3. An appeal of the decision of the ASA Discipline Committee must follow the Alberta Soccer Rules and Regulations on Discipline & Appeals.