



## Hot Weather Policy

*Relevant Operating Rules:*

### **5.2 Substitutions**

**5.2.1** *A maximum of five substitutions will be permitted during the course of play, and these substitutes must provide the officials with a properly completed substitution slip prior to entering the field of play.*

**5.2.1.i** *Unlimited substitution is permitted at half time without the use of substitution slips but the officials must be advised of the substitutes entering the game and the players being substituted.*

**5.2.2** *Substitutions can be made at any stoppage of play (at the referee's discretion), and the substitute must enter the field at the halfway line.*

**5.2.3** *A substitute must report to the designated game official prior to entering the field of play.*

**5.2.4** *A player who has previously been replaced in the game by a substitute shall be allowed to return to the game but that return shall be considered one of the five allowed substitutions, unless it occurs at half time.*

**5.2.5** *No substitutions shall be allowed for a player who has been ordered from the field for misconduct.*

When the local temperature is 30 degrees Celcius or higher:

1. A two (2) minute break will take place at approximately half way through the first half of the game and again approximately half way through the second half of the game.
2. Two (2) minutes will be added as extra time to each half, plus any time that would normally be added for injuries, etc.
3. There will be no changes to the current substitution rules.