



SHAWNEE
HARLE.COM

Inside every athlete is a better one.

**Sport is full of storms; most of them
are emotional.**

**Are you stuck in the storms, full of
nerves, fear, pressure, and self-doubt?**

Is lack of confidence holding you back?

**Mental Toughness Toolkit teaches you
WHAT to do with HOW you FEEL.**

**Learn to manage the storms and
come out the other side full of
CONFIDENCE and COURAGE.**

**It's time to step into your
GREATEST SELF.**

Skill, fitness and physical
talent soon level out.

Without Mental Toughness,
where will you find your
advantage?

Mental Toughness Toolkit is a
for athletes who want to
handle negative emotions.

Emotional storms are coming,
whether you want them or not.

It's time to
CALM THE STORMS.

Enter this promo code at
checkout and save 50%:

STARS

*offer ends April 15

Your toolkit is [HERE](#).