



Appendix 1: Supplemental Discipline

The following will be used once a player hits a threshold of penalty minutes during an APHL hockey season which includes tiering, league, and playoff games.

U18 Division:

Threshold:	Suspension Length:
100 minutes	1 game
125 minutes	2 games
150 minutes	4 games
175 minutes	8 games

U15 Division:

Threshold:	Suspension Length:
75 minutes	1 game
90 minutes	2 games
110 minutes	4 games
130 minutes	8 games

U13 Division:

Threshold:	Suspension Length:
60 minutes	1 game
75 minutes	2 games
90 minutes	4 games
105 minutes	8 games

U11 Division

Threshold:	Suspension Length:
50 minutes	1 game
65 minutes	2 games
80 minutes	4 games
95 minutes	8 games

- a. *Players who reach Threshold 1 due to the accumulation of penalty minutes by the end of the League Regular Season, will have their penalty minutes carried over into the League Playoffs for continued tracking and accumulation.*
- b. *Players who receive a suspension due to the accumulation of penalty minutes that carries over into the Hockey Alberta Provincial Championships or APHL Year End Divisional Tournaments, will be required to serve the suspension at the start of the event. However, the tracking and accumulation of penalty minutes will not be tracked at the Events.*
- c. *Players who do not reach Threshold 1 by the end of the League Regular Season will not have their penalty minutes carried over into the League Playoffs and tracking and accumulation will be stopped.*
- d. *Leagues shall be responsible for the ongoing monitoring of penalty minute accumulations and will be responsible for warning any teams and players who are approaching or trending towards a given threshold.*

Fighting Threshold:

All Divisions:

Threshold:

1st Fight

2nd Fight

3rd Fight

4th Fight

Suspension Length: (additional games)

1 game additional to the HA minimums

2 games additional to the HA minimums

4 games additional to the HA minimums

Indefinite Suspension from the APHL