

**6 Knowledge Way**

**Grande Prairie, AB T8W 2V9**

**Appendix 5: APHL OVERTIME INFORMATION:**

* + 1. **If the game is tied at the end of regulation time. A 5 minute, 3 on 3, STOP TIME, sudden victory overtime period to immediately follow.**
    2. **Goaltenders will change ends.**
    3. **Penalties which have not expired at the end of regulation time shall carry over into Overtime. The non-penalized team will put an extra player on the ice for each penalty the offending team has.**

**Examples:**

**If Team “A” was shorthanded at the conclusion of regulation time, Team “B” would start the overtime with 4 players and Team “A” with 3 players. If Team “A” was short two players, then Team “B” would start with 5 players and team “A” with 3 players.**

**If Team “A” had two penalties and Team “B” had one penalty, Team “B” would start the Overtime 4 skaters to 3.**

**If both teams had the same number of penalized players at the end of regulation time the teams would start the Overtime 3 on 3.**

**Coincidental Penalties would NOT apply to the above scenarios.**

**At each stoppage of play, the number of players on the ice is to revert to as close to 3 on 3 as the penalties will allow.**

**Once ALL penalties have been served, at the next stoppage of play, play will revert to 3 on 3.**

* + 1. **If neither team scores in Overtime the game remains tied and is entered into the standings as such.**