

**New Public Health Measures Province-Wide**

Youth (effective Sept 16th)

* Youth (under 18)
	+ Indoor group classes, training and competitions permitted but participants are required to:
		- Screen for symptoms
		- Maintain 2M distancing except youth while engaged in physical activity
		- Wear a mask , except youth while engaged in physical activity
	+ Spectators
		- must be 1/3 fire code
		- limited to single household or 2 close contacts if they live alone
		- Always masked
		- maintain 2M distancing
		- No requirement for exemption program listed
* Day camps/programs
	+ Maintain physical distancing
	+ Always masked
* Adults
All those over 18, who do not consent to Restrictions Exemption Program (effective Sept 20th)
	+ Must be from one household or 2 close contacts if they live alone. Masks and 2-meter distancing required.
	+ Indoor group classes and activities are not permitted
	+ Indoor competitions are paused except where Restriction Exemption Program is in place