



Ancaster Bantam "B" Girls Hockey Club

Ancaster Avalanche 2019/2020 Bantam "B" Tryout Letter

Darryl Bodden – Head Coach

Coaching Objectives

Our coaching staff's primary focus will be increasing the skill of each player as the season progresses. We will focus on team strategy, systems, skill development and educating and expanding their knowledge of the great game of hockey.

Our 3 key rules will be:

- Compete every shift**
- Be a good teammate**
- Have FUN!**

A standard hockey week for the Bantam B team will be on ICE up to 4 times a week consisting of games and practices. We will need full commitment from an attendance and punctuality perspective for ALL practices and games. Players and parents must be 100% committed as these are fundamentally critical to the success of the team. This is a competitive league, expectations are we show up and do so on time, lack of commitment is not acceptable. Also, we will have occasionally GUEST coaches and trainers to improve our skill and fitness level.

Our coaching staff will RUN efficient, fast pace practices to maximize every minute of ice time. We will focus on Core Technical Skills, Individual Tactics, Team Tactics and Team systems. Goaltenders will have planned clinics throughout the year that they will be expected to participate in. It is expected if girls are giving themselves a break from the arena over the summer months they keep themselves ACTIVE to ensure their physical condition is ready for the upcoming season.



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Tryouts:

Monday, May 6th 8:00pm-9:15pm at Morgan Firestone Rink B

Wednesday, May 8th 8:00pm-9:00 pm at Morgan Firestone Rink A

Thursday, May 9th 7:30pm - 8:30pm at Morgan Firestone (Exhibition Game)

Tryout Status Notification and Team Selection

Players may be released after each tryout session including the first tryout.

At the start of tryouts, each player will be provided with a unique identifier number that will follow them throughout tryouts. Players “by number” who are invited to the next tryout will be posted by no later than 8:00 am the morning following each tryout.

A letter including instructions on where and when to find postings as well as the players’ identifier number will be provided at the registration table at each team’s first skate. If a player has tried out for other Ancaster teams already, they will use the same identifying number.

The team pages can be found under the “Tryout” tab/menu at www.ancastergirlshockey.ca

The rationale for this system is that we must take the time to review and discuss each player with our independent evaluators after each tryout session. This will take some time for us to process. Player offers may be made at any time during the tryout process. Players and parents would then be expected to sign a letter of acceptance to the team and provide the team with a **\$250 non-refundable deposit** that will be put in the bank to put towards team Rep fee payment.

Coaching Philosophy

The foundation of our Coach Philosophy utilizes Hockey Canada’s Fair play Code for Coaches. Our philosophy puts TEAM first – Together Everyone Achieves More. In order to build on a Team plan we will work with our players to set individual goals and objectives. Once individual goals are set we will discuss the TEAM goals and how their individual goals fit into this philosophy of Together Everyone Achieves More.



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This is minor hockey and each player deserves the right to fair playing time. Players will only develop further if given the opportunity to play in all situations. However, this is a competitive rep hockey team on which players will be held to a higher standard. As coaches we will manage the bench in critical game situations putting the team's best interest first, not individuals. In order to achieve our philosophy, players will be held accountable for their actions not only to the coaches, but to their teammates as well. Selfish and undisciplined actions will be corrected. This will be by communication and guidance from the coaches. Fair ice time in Rep hockey is all about getting players to put forth efforts to the best of their abilities. It's up to us as coaches to draw these efforts out of each player while keeping fair play in mind.

Team Plan and the Rep Commitment

Select 17 players who will make a strong commitment to this TEAM. This year, starting in September, players will need to commit to the following:

- 3-4 hockey sessions/week
- No mandatory hockey over Christmas Break
- Occasional dry land and team-building activities
- 22 games for regular season
- 5 to 10 playoff games
- LLFHL Final 4 tournament (pending success)
- OWSA Provincial Championships in April (pending success)

Payments

Online registration is due after agreement of making the team is signed. Please visit www.ancastergirlshockey.ca between now and May 15th to register. In order to have sufficient team funds in accordance with required team fees and other bills we will require 4 post-dated cheques of \$320.00 for June 1st, July 1st, August 1st & October 1st. **Please make cheques payable to "AAGHA Bantam B"**. All team expenses and revenue will be accurately accounted. Statements will be made available for team members upon request and at year's end. All surplus monies after the hockey season will be divided accordingly between players' families leaving an account balance of \$0.00.



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Team Fundraising & Sponsors

We will do three fundraisers at our Local Fortino's Supermarket. We will be looking for local businesses to take part in our sponsorship program. Please contact Coach Darryl Bodden if you are interested in sponsoring our team.



AAGHA
Bantam B
2019/2020 BUDGET

Total per player = \$1,270 + \$525.00 = **\$1,795.00**

| REVENUE | BUDGET | |
|-------------------------------|------------------|---|
| Team Fees | | |
| | \$ | |
| \$1270 x 17 Players | 21,590.00 | |
| | \$ | |
| 525 x 17 Players | 8,925.00 | (all funds go to the league not calculated in our totals) |
| | \$ | |
| Sponsorship TBD & Fundraising | 5,000.00 | (3 Fortinos fundraising events booked) |
| | \$ | |
| Total Revenue | 26,590.00 | |

| EXPENSES | BUDGET |
|---|-----------|
| | \$ |
| AAGHA Rep Team Fees | 13,800.00 |
| Player Development | |
| | \$ |
| Power Skating/Skill Development/Extra Ice | 3,000.00 |



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| | | |
|---|------------------|---------------|
| | \$ | |
| Goalie Training | 1,500.00 | |
| <hr/> | | |
| Team Wear | | |
| | \$ | |
| Sponsor Logos on Jerseys | 250.00 | |
| <hr/> | | |
| Tournaments | | |
| | \$ | |
| Ancaster (Date to be confirmed) | 1,200.00 | |
| | \$ | |
| TBD | 1,200.00 | |
| | \$ | |
| TBD | 1,200.00 | |
| | \$ | |
| TBD | 1,000.00 | |
| | \$ | - |
| <hr/> | | |
| Provincial Championships | | |
| | \$ | |
| OWHA Provincials | 750.00 | |
| <hr/> | | |
| Family and Social | | |
| | \$ | |
| Team Parties/gifts | 1,500.00 | |
| <hr/> | | |
| Coaching & Administration Supplies | | |
| | \$ | |
| Practice & Game Materials | 250.00 | |
| | \$ | |
| Medical/Bench Trainer Kit and Supplies | 100.00 | |
| | \$ | |
| Hockey Share (Practice Planning) | 100.00 | |
| | \$ | |
| Team Snap | 125.00 | |
| | \$ | |
| Administration Supplies (Game Labels) | 150.00 | |
| | \$ | - |
| Coaching Attire | | - |
| | \$ | - |
| Sponsor Banner/Plaques | | - |
| <hr/> | | |
| | \$ | |
| Total Expenses | 26,425.00 | |
| <hr/> | | |
| Net | \$ | 165.00 |