

Indus Recreation Centre COVID-19 Rental Guidelines

(Dry-Pad, Ice Surface)



Bow Valley Agricultural Society/Indus Recreation Centre restrictions associated with the opening of the facility of the Alberta's Relaunch Strategy. The Health and Safety of our staff and patrons is our top priority.

- ❖ Due to the stringent regulations that we all must follow please respect our staff. There will be ZERO tolerance of any abuse.
 - ❖ Those participating in organized activities sanctioned by, or affiliated with, a provincial or national organization must also ensure they are also complying with their governing bodies guidelines.
 - ❖ Do not enter the facility if you are experiencing symptoms of Covid19 including but not limited to; *FEVER, new onset of cough or worsening chronic cough, new or worsening shortness of breath or difficulty breathing, sore throat, runny nose.*
 - ❖ Participants will be required to complete a one-time waiver upon entering the facility, these will be provided to your group via email and can be found on our website. These should be filled out prior to your first booking. These must be received by the facility staff who will be at the front door.
 - ❖ **ABSOLUTELY NO ALCOHOL IN THE FACILITY DRESSING ROOMS, PLAYERS HALL, BENCHES, MEETING ROOM OR PARKING LOT.** Alcohol consumption is only permitted in licensed areas or if a liquor license is in place.
1. We will be following the guidelines provided by AHS for a maximum amount of people allowed in our facility. (See #16 for details) Organizations and users are asked to provide a list of participants to the arena staff upon entry. This list would be provided to AHS if contract tracing is required. Lacrosse may use the RAMP app.
 2. **Participants must be masked at all times**, except during the training activity. Coaches and trainers must remain masked at all times. We ask that you provide your own masks.
 3. Payments for scheduled bookings must be paid for prior to taking the dry pad or ice surface. This must be done by contacting the office and making a payment by E-transfer or credit card over the phone.
 4. We have implemented 15 minutes between each booking to provide our staff time to sanitize the facility between bookings and allow the participants time to leave the facility with limited contact with the next group. This also allows the next group time to enter the facility with limited contact with prior groups.
 5. The main arena doors will be opened 5 minutes prior to your ice/floor times, and you must leave within 5 minutes after the end of your ice/floor times. Doors will be locked 10 minutes after your ice/floor time begins. Participants arriving earlier will be asked to wait outside and practice social distancing. Please keep in mind that all doors will be functional in case of an emergency.
 6. Enter the facility through the main/east doors, exit through the back/west players doors. Follow appropriate signs for maintaining social distancing as you head for the dry pad or ice surface.
 7. The back doors should not be opened for anyone to enter the facility, fines will be issued should people do this.
 8. All participants must be 18 years old or younger, except coaches or trainers.
 9. **During this stage (Step 2) one to one and one to one household personal training is permitted with a certified coach.**
 10. **During this stage (Step 2) exclusive booking by one individual or one household is permitted.**
 11. **During this stage (Step 2) games are not allowed. There cannot be any type of game play, competitions, league play or group exercise. Only lessons, practices and physical conditioning activities are allowed.**
 12. Participants will be required to sanitize their hands upon arrival in the facility. You are encouraged to perform frequent hand hygiene during your stay.
 13. Dressing rooms will not be assigned during this stage (Step 2) of the AHS restrictions. Go directly to the ice surface or dry pad.
 14. Lobby washrooms are available for use. Dressing room washrooms/showers are closed.
 15. **Parents are not permitted in the facility during this stage (Step 2) of the AHS restrictions.** Parents can drop off at the main doors and pick up at the west players doors.

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16. **During this stage (Step 2) of the AHS restrictions only certified/professional coaches/trainers are allowed on the ice surface or dry pad with the participants. Proof of certification must be provided to the facility.** A maximum of 10 total individuals, including coaches are allowed on each end of the surface, totaling 20 participants. All participants must always maintain 3 meter physical distancing from each other. Coaches can enter the participants physical distancing space for a brief interaction to correct a technique.
17. Participants will come dressed and leave dressed after their activity. Coming into the arena with skate guards on is ideal. Please use skate guards if the lobby washroom is required.
18. The last group of the evening will be permitted to leave out the front doors.
19. Participants should refrain from touching their eyes, nose, mouth, and face.
20. Participants should exhibit good respiratory etiquette (sneezing and coughing into the crook of the elbow, no spitting, no clearing of nasal passages)
21. Participants, parents/guardians, must follow all signage throughout the facility (e.g. arrows, hand hygiene, respiratory etiquette, and physical expectations).
22. Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.
23. Participants are expected to maintain a distance of 3 meters in lobbies, hallways, meeting rooms, player benches, dry pad, ice surface.
24. Participants must not share any personal equipment items (e.g. water bottles or towels) All personal equipment must be labeled to be identified by the owner. Participants are asked to bring their own rehydration liquids to the facility. The communal water fountain in the lobby will be turned off, the drinking water tap in the players hall will be available to only refill water bottles.
25. Staff will be cleaning and disinfecting all touch points between groups. This will include all doorknobs, rails, handicap operators, taps, toilet flusher, light switches, phones, and vending machines. Increased cleaning will be done in all shared bathroom facilities, dressing rooms and players benches.
26. If a participant requires first aid, a coach should attend to the injured person. If the first aider is a facility employee, they must use appropriate PPE including masks and gloves. Parent or guardian can be called in if required.
27. Kitchen and concession area will be closed until further notice.
28. Coaches/ Team Reps are responsible for sanitizing their own equipment (pucks, pylons etc.) They are also responsible for ensuring that participants are adhering to physical distancing requirements. Anyone that is found not following the posted rules will be asked to leave the facility immediately. This is very important as Alberta Health Services will be monitoring facilities for compliance.
29. In the event of non-compliance with our rules and guidelines the person and or group will be asked to leave the facility immediately. Fines may be issued. In extreme cases these groups and or individuals will be banned from further facility use.

[Thank you for your cooperation on behalf of The Bow Valley Agricultural Society!](#)

