



U9 Timberfest Memorial Tournament Rules

Team Information

- All teams are required to meet and adhere to ALA Regulations.
- All rosters are as per the ALA Registration System.
- ALA & CDLA member clubs follow Option L of the Canada Lacrosse LTAD
- Affiliations as per ALA Regulation 5A.
- Overaged Players are not permitted unless granted an exception from ALA Executive (written proof required)
 - teams with overaged players without an exception will be fined \$750 per player.
- All Players are required to be registered with the ALA; out of province players are not permitted on ALA teams.
- All Coaches are required to meet Lacrosse Canada minimum coaching standards for the Age Group they are coaching, as per ALA regulation 13.04
- All trainers on the bench must have a minimum certification as per ALA regulation 13.05
- All out of Province teams REQUIRED to have a valid travel permit and be able to present it if asked.

Tournament Chair

This role is to oversee the operations of the ALA Sanctioned Tournament by supervising registrations and ensuring ALA rules of play are followed.

- Ensure that game structure, overtime rules, and suspension guidelines as per ALA Regulation 28 have been posted in an accessible spot adjacent to the scoreboard.
- Scoresheets to be completed for all team players and bench personnel. If a team chooses to use stickers they must line up and be placed on all 3 copies or they are not permitted.
- Request ALRA RIC to advise timekeeping officials that ALL copies of the scoresheet must be returned to the registrar's desk.
- Upon completion of the tournament, make sure the discipline chair ensures that the following information is sent to the ALA office within 48 hrs after the final game of the tournament.
 - All Game Sheets
 - Discipline Log Committee Report
- Upon completion of the tournament, make sure the tournament chair ensures the tournament standing report is provided to the ALA office within 48 hrs after the final game of the tournament.

CDLA 2024 LTAD U9 RULES & REGULATIONS -

U9 will follow the **LTAD Option L** with the following modifications:

- Fallback
- Shift on the fly
- Regulation ball used.
- No coaches on the floor

Penalties will be served by the offending player



Fall Back Rule:

- Applies anytime the goalie has the ball
- Awarded possession or a save is made
- Goalie **MUST** pass the ball in the air to a teammate outside the 24' circle
- Rolling the ball to a teammate is not permitted

Defensive players are required to retreat behind the restraining line

- If the arena has no restraining line, a different line shall be indicated to both coaches prior to the start of the game
- If a mistake is made, blow the whistle down and have the goalie re-do it
- All defensive players must "tag up" outside the "attacking zone" (outside the restraining/otherwise indicated line) before anyone can re-enter the zone
- If the defensive team fails to entirely retreat during dynamic play, blow the play down and award possession to the goalie
- Ensure all defensive players are on the other side of the restraining line before play is blown in again following a failure to clear the zone:

Contact:

- Place and Push: Defensive players may place their stick on the ball carrier and push them away
- A defensive player may check an offensive player by placing their stick head on the opposing player's stick head

Game Sheets

Only ALA game sheets are to be used for all tournaments. As the game sheet is the legal record of the event, ensure it is filled out clearly and concisely. Use the following procedures for game sheets:

- **Home and Away Teams are responsible for putting the roster stickers on the game sheet at the Host table Prior to each game.**
- Players ordered numerically, according to jerseys
- Prepared 15 minutes prior to the scheduled game time. Game sheet will be available at the Host table prior to each game.
- Roster can have a maximum of 18 runners and 2 goalies
 - Overaged players are not permitted
- List all bench personnel
- Print legibly first and last names of all players
- Both referees sign game sheet at conclusion of the game
- Report incidents to host chair immediately!
- The **HOME TEAM** is responsible to **RETURN** the game sheets to the Tournament Table where you pick them up at the start of the game.
- Approved affiliated players to be listed as 'AP'
- Home team changes jerseys, if team colours are similar
- Referees will check the completed game sheet to ensure it is accurate. Only when the referees are sure the game sheet is complete and accurate, should they sign it. The accuracy of a game sheet is the responsibility of the referees. This includes but not limited to the number of players on the floor and bench personnel on the bench.



Discipline Procedures

- All infractions are to be dealt with at the tournament
- 'MATCH PENALTY - ABUSE OF AN OFFICIAL' will automatically be a suspension until dealt with by the teams LGB.
- ALL major penalties are to be handled by the discipline committee.
 - This committee will be made up of the tournament chair, RIC and one other volunteer from the host committee. Please see ALA regulation 12A for automatic suspensions.
 - All 5-minute penalties and suspensions must be reported to the ALA office within 48 hours. Email the ALA office: info@albertalacrosse.com

ALA Suspension Guidelines - as per ALA Regulation 12

Everyone must realize that for our game to grow, we must deal with the players and bench personnel in a manner that will make it evident that any deviation from good sport conduct and the rules of the game will not be tolerated. Suspensions are to be served consecutively (Tournament-League-Regionals), and for the team that the suspension was given. The use of a suspended or ineligible player(s) will result in a forfeiture of the game plus a referral to ALA discipline.

Suspension Information

- See ALA Regulation 12 for details
- Players and/or Bench Personnel who have received penalties calling for suspensions will be dealt with at the earliest possible time following the game.
- The Discipline Committee will conduct such interviews as may be necessary and render a decision as to the length of a suspension.
- The result of any decision must be communicated to the suspended party and their coach at the tournament by the Discipline Chair.
- Teams who have person(s) serving suspension need to indicate their names on the game sheet.
- Suspensions levied by the Tournament Discipline Committee must be reported to the ALA within 24 hours

Referees and Game Officials

- All referees must be currently carded ALA officials.
- In Invitational Tournament play, the assigned Referee-in-Chief (RIC) will appoint referees for the approved competition.
- Abuse of players, team staff, referees, game officials or tournament committee members will not be tolerated and will be grounds for expulsion of the individual or teams involved. This will be at the discretion of the Tournament Chair and Discipline Committee.

Game Structure

- **Schedule**
 - Maximum games allowed per team and / or player in a single day is 3
 - Teams cannot be scheduled for more than 3 game in any given day and need to have at least 2-hour break between each scheduled game length of Games.



- **Length of Games**
 - U9 games will be five (5) min warm up. three (3) twelve (12) minute runtime periods, Three (3) min break between periods, no clock stoppage (1hr time allowance). No shot clock
- **Game Officials**
 - **SCORE/TIMEKEEPER, SHOT CLOCK and PENALTY BOX** will be provided by the **HOME** team
 - **SCORESHEET and PENALTY BOX** will be provided by the **VISITOR** team.

Courtesy Between Competitors and Respect for Players and Fans

- Team management will not permit any of their players to enter the playing surface while any players from the previous game remain on the floor.
- Any players entering the playing surface between scheduled games shall wear CSA approved helmets and facemask or will be subject to a fine as per ALA Regulations.
- Unruly fans will be barred from the tournament arenas at the discretion of the RIC and the Discipline Committee.
- Dressing rooms must be left clean and orderly after each game. Any team leaving a room and/or facility in disarray or in a damaged state could face expulsion from the tournament and be required to pay for damages and clean up fees.
- **All dressing rooms must be empty when going on the floor. Gear bags can be taken and stored beside the field during the game.**

Calgary Soccer Center Rules

As we are operating at the Calgary Soccer Centre, we are asking that you assist us in maintaining these amenities and ensuring a safe environment for all with the following expectations:

- **Any person on the floor, bench, and timekeeper under the age of 18 MUST wear a helmet. Even if you are a coach.**
- Absolutely no balls will be permitted except within the playing fields - ZERO TOLERANCE.
- Please ensure all balls are stored in equipment bags until the teams have entered onto the fields.
- Staff will confiscate any lacrosse balls that are being thrown within or outside of the facility when not on a field.
- Balls may be retrieved from staff as you exit the facility.
- Spitting on the fields will not be tolerated.
- Staff is to be respected at all times, any group not respecting these guidelines may be asked to leave the tournament.

Thank You in advance for ensuring your players, coaches, and parents are aware of these expectations at the Calgary Soccer Centre.