

2022
RULES & GUIDELINES



2022 CENTRAL ALBERTA BASEBALL LEAGUE GENERAL RULES

ALL AGE DIVISIONS

Coaches and Managers – if teams are not ready due to splitting teams, weather, etc. please contact the opposing team to make sure they are informed.

HOME TEAM is responsible to supply:

- Three new baseballs
- Umpires and umpire payment if required
- Diamond in good shape – please drag before games, lines are nice but not a requirement

It is the responsibility of the HOME TEAM to contact the opposition if a game is to be postponed due to weather or field conditions by 5:00pm. Rainouts are to be rescheduled and this is the responsibility of the HOME TEAM.

Player Movement - Associations with multiple teams at a specific age category have the ability to affiliate players between teams. There is no maximum of affiliate players for the regular season. A maximum of two affiliate players are permitted per team for the playoffs.

Any team that fails to show up for two league games and fails to communicate with anyone prior to the game will be removed from the remainder of the league schedule after the second offence.

Teams will be tiered for the playoff weekend based on their Win/Loss record and then Run Differential.

Once a player assumes the position of pitcher, they cannot catch for the remainder of the game.

If a player pitches in the first game of the day and is eligible to pitch again the same day, he may pitch or catch but not both.

A maximum of two overage players are allowed on the field at any time. An overage player cannot be more than one year overage. Overage players will be identified by the initials 'OA' next to their name on game lineup cards.

All teams **MUST** input a roster into Team Snap at least two days prior to the start of their first game. If Baseball Alberta has not received the roster in Team Snap before the first game, teams will receive forfeit losses until a roster is received.

Rosters have a maximum of 18 players per team.

If a team does not intend to participate in the playoffs they must inform Baseball Alberta no later than two weeks before the start of playoffs. Teams that withdraw after this date will be fined and/or sanctioned.

The **WINNING TEAM** is responsible for entering game scores into Team Snap within 48 hours of game completion. Instructions on score entry will be sent to each team prior to the start of the season.

11U DIVISION SPECIFIC RULES

11U eligible players will have birth years of 2011 and 2012 for the 2022 season and may not turn 12 or older in 2022.

*Overage player(s) for 11U will have a birth year of 2010

Games will have a first pitch time of 6:30pm

*Home Team takes the infield at 6:05pm - Visiting Team takes the infield at 6:15pm

No new inning commences after 8:15pm even if the game is tied

*Both coaches can agree BEFORE the game to extend the game past 8:15pm

Maximum 5 Run/Half Inning Rule – Once the 5th run of a half inning is scored, the inning automatically stops no matter how many outs there are and that half inning is over.

* There are NO open innings

All games are of six innings to be completed, if time and weather permits. However, three and a half (3-1/2) innings constitute a regulation game if the home team has more runs than the visiting team.

Unlimited substitution – every player present will be placed on the line-up card in the batting order and will all bat in order; players are allowed to move in/out defensively without restrictions, except the pitcher leaves the mound to play another defensive position, that pitcher may not return to the mound or catch in the same game.

*All players who are present for a game and in uniform (unless injured and unable to play or suspended for that game by the league or team) must be listed on the batting order/line-up card – any coach who sits a player to gain a competitive advantage will be subject to discipline by Baseball Alberta.

*Any player who is injured or has to leave the game will be skipped in the batting line-up with no penalty

*Participation Rule – A player may not sit more than 2 consecutive defensive innings (one pitch constitutes an inning sat)

Four balls constitutes a walk

Bunting is NOT permitted

Stealing is permitted once the ball has crossed home plate. If there is a violation, the runner is returned to their base and the ball is declared dead.

Base runners are allowed to advance ONE BASE ONLY when stealing for the entirety of the play, and may not advance further due to errant throws from the catcher to the fielder

Base runners cannot advance on a throwback to the pitcher from the catcher

Runners are permitted to steal home. If the game is being played on a diamond meant for an older age category with a backstop with a further distance than regulated for 11U, the coaches and umpires may decide at the plate meeting to not allow the stealing of home due to these field conditions

The batter cannot become a runner on a catcher's miss of a third strike. The third strike, either called or swinging does NOT have to be caught by the catcher. The batter is automatically retired. However, the ball is alive and in play for runners that are on base.

Pitchers may not pitch more than three innings in a game

Two overaged players may be used providing that there is not a team available in their age division. One inning per game can be pitched by an overage player per game. These players must be identified on the score sheet with the initials OA beside the name.

Baseball Alberta pitch count rules will be in effect for the 11U category. Information can be viewed in the Baseball Alberta Pitch Count Guidelines at the end of the rulebook.

Please refer to Baseball Alberta 11U 'A' rules for any other clarification

13U DIVISION RULES

13U eligible players will have birth years of 2009 and 2010 for the 2022 season and may not turn 14 or older in 2022.

*Overage player(s) for 13U will have a birth year of 2008

Games will have a first pitch time of 6:30pm

*Home Team takes the infield at 6:05pm - Visiting Team takes the infield at 6:15pm

No new inning commences after 8:30pm even if the game is tied

*Both coaches can agree BEFORE the game to extend the game past 8:30pm

Maximum 5 Run/Half Inning Rule – Once the 5th run of a half inning is scored, the inning automatically stops no matter how many outs there are and that half inning is over.

* There are NO open innings

All games are of seven innings to be completed, if time and weather permits. However, four and a half (4-1/2) innings constitute a regulation game if the home team has more runs than the visiting team.

Unlimited substitution – every player present will be placed on the line-up card in the batting order and will all bat in order; players are allowed to move in/out defensively without restrictions, except the pitcher leaves the mound to play another defensive position, that pitcher may not return to the mound or catch in the same game.

*All players who are present for a game and in uniform (unless injured and unable to play or suspended for that game by the league or team) must be listed on the batting order/line-up card – any coach who sits a player to gain a competitive advantage will be subject to discipline by Baseball Alberta.

*Any player who is injured or has to leave the game will be skipped in the batting line-up with no penalty

*Participation Rule – A player may not sit more than 2 consecutive defensive innings (one pitch constitutes an inning sat)

Pitchers may not pitch more than 7 innings per week

Two overage players may be used providing that there is not a team available in their age division. One inning per game can be pitched by an overage player per game. These players must be identified on the score sheet with the initials OA beside the name.

Baseball Alberta pitch count rules will be in effect for the 13U category. Information can be viewed in the Baseball Alberta Pitch Count Guidelines at the end of the rulebook.

Please refer to Baseball Alberta 13U 'A' rules for any other clarification

15U DIVISION RULES

15U eligible players will have birth years of 2007 and 2008 for the 2022 season and may not turn 16 or older in 2022.

*Overage player(s) for 15U will have a birth year of 2006

Games will have a first pitch time of 6:30pm

*Home Team takes the infield at 6:05pm - Visiting Team takes the infield at 6:15pm

No new inning commences after 8:45pm even if the game is tied

*Both coaches can agree BEFORE the game to extend the game past 8:30pm

Maximum 6 Run/Half Inning Rule – Once the 6th run of a half inning is scored, the inning automatically stops no matter how many outs there are and that half inning is over.

*The 7th (or last) inning is an open inning (three outs must be attained)

All games are of seven innings to be completed, if time and weather permits. However, four and a half (4-1/2) innings constitute a regulation game if the home team has more runs than the visiting team.

Unlimited substitution – every player present will be placed on the line-up card in the batting order and will all bat in order; players are allowed to move in/out defensively without restrictions, except the pitcher leaves the mound to play another defensive position, that pitcher may not return to the mound or catch in the same game.

*All players who are present for a game and in uniform (unless injured and unable to play or suspended for that game by the league or team) must be listed on the batting order/line-up card – any coach who sits a player to gain a competitive advantage will be subject to discipline by Baseball Alberta.

*Any player who is injured or has to leave the game will be skipped in the batting line-up with no penalty

*Participation Rule – A player may not sit more than 2 consecutive defensive innings (one pitch constitutes an inning sat)

Please refer to Baseball Alberta 15U 'A' rules for any other clarification

Two overage players may be used providing that there is not a team available in their age division. One inning per game can be pitched by an overage player per game. Two overage players cannot bat consecutively in a batting lineup. These players must be identified on the scoresheet with the initials OA beside their name.

Baseball Alberta pitch count rules will be in effect for the 15U category. Information can be viewed in the Baseball Alberta Pitch Count Guidelines at the end of the rulebook.

Please refer to Baseball Alberta 15U 'A' rules for any other rule clarification.

18U DIVISION RULES

18U eligible players will have birth years of 2004, 2005 and 2006 for the 2022 season and may not turn 20 or older in 2022.

*Overage player(s) for 18U will have a birth year of 2003

Games will have a first pitch time of 6:30pm

*Home Team takes the infield at 6:05pm - Visiting Team takes the infield at 6:15pm

No new inning starts after 9:00pm even if the game is tied

*Both coaches can agree BEFORE the game to extend the game past 9:00pm

All games are of seven innings to be completed, if time and weather permits. However, four and a half (4-1/2) innings constitute a regulation game if the home team has more runs than the visiting team.

Unlimited substitution – every player present will be placed on the line-up card in the batting order and will all bat in order; players are allowed to move in/out defensively without restrictions, except the pitcher leaves the mound to play another defensive position, that pitcher may not return to the mound or catch in the same game.

*All players who are present for a game and in uniform (unless injured and unable to play or suspended for that game by the league or team) must be listed on the batting order/line-up card – any coach who sits a player to gain a competitive advantage will be subject to discipline by Baseball Alberta.

*Any player who is injured or has to leave the game will be skipped in the batting line-up with no penalty

*Participation Rule – A player may not sit more than 2 consecutive defensive innings (one pitch constitutes an inning sat)

One inning per game can be pitched by an overage player per game. Two overage players cannot bat consecutively in a batting lineup. These players must be identified on the scoresheet with the initials OA beside their name.

Baseball Alberta pitch count rules will be in effect for the 18U category. Information can be viewed in the Baseball Alberta Pitch Count Guidelines at the end of the rulebook.

Please refer to Baseball Alberta 18U 'A' rules for any other rule clarification.

Baseball Alberta Pitch Count Guidelines

	11U	13U	15U	18U	Rest Required
LOW	1 – 20	1 – 25	1 – 30	1 – 30	None
MEDIUM LOW	21 – 30	26 – 35	31 – 40	31 – 44	1 Day
MEDIUM	31 – 44	36 – 54	41 – 59	45 – 64	2 Days
MEDIUM HIGH	45 – 54	55 – 64	60 – 74	65 – 79	3 Days
HIGH	55 – 70	65 – 80	75 – 90	80 – 100	4 Days
MAXIMUM	70	80	90	100	-

Baseball Alberta Baseball Bat Regulations

	MAX DIFFERENTIAL	MAX DIAMETER	MAX LENGTH
11U	None	2 - 3/4"	32"
13U	-10	2 - 3/4"	34"
15U Male	-3	2 - 5/8"	34"
15U Female	-5	2 - 3/4"	34"
18U Male	-3	2 - 5/8"	34"
18U Female	-5	2 - 3/4"	35"

11U Bats – USSSA 1.15 and USABB bats will be both approved for play under Baseball Canada rules for the 11U and under categories. This allows for all previous & current 2-1/4", 2-5/8" and 2-3/4" USSSA 1.15 certified bats to be used.

13U Bats – a max barrel of 2-3/4" with (i) a 1.15 BPF (bat performance factor) or (ii) USA Baseball Model with BBCOR "wood like" BPF is permitted. For the 13U age category, using up to a minus 10 – length/weight differential is permitted.

15U Bats – Where aluminum bats are permitted, only approved "BBCOR" stamped aluminum bats in the 15U and above categories will be permitted for use. 15U Females are eligible to use up to a -5 bat with a barrel no more than 2-3/4" diameter. Females using bats that are NOT -3 must have them clearly marked (coloured tape around handle) and umpires must be notified of this bat prior to the game.

18U Bats – Where aluminum bats are permitted, only approved "BBCOR" stamped aluminum bats in the 15U and above categories will be permitted for use. 18U Females are eligible to use up to a -5 bat with a barrel no more than 2-3/4" diameter. Females using bats that are NOT -3 must have them clearly marked (coloured tape around handle) and umpires must be notified of this bat prior to the game.



2022 Baseball Alberta Membership Registration

Team Registration Fee for CABL.....\$50.00

Community Player Fee

11U (Ages 10-11).....\$27.50

13U (Ages 12-13).....\$27.50

Community Coaches.....\$25.00

*Please ensure you are familiar with your home association's registration fee breakdown for players entering Baseball Alberta leagues. Associations will be responsible for paying these fees.