



National
Coaching
Certification
Program

BASEBALL

GETTING STARTED
WITH
NCCP TRAINING



**BASEBALL
CANADA**





It begins here.

Coaches are mentors, motivators and leaders. Along with parents and teachers, coaches have a profound impact on the future of our children. It's a great responsibility, and Canada's two million coaches embrace it with passion and dedication.

The National Coaching Certification Program (NCCP) gives coaches the confidence to succeed. When you take an NCCP workshop, you'll not only gain sport-specific technical abilities, but also mentoring and decision-making skills.

NCCP training will open doors to new opportunities in coaching and in life.

WHO IS IT FOR?

NCCP workshops are designed for all types of coaches. Whether you're thinking about coaching your child's community team or you're already the head coach of a national team, NCCP has workshops to meet your needs.

HOW MUCH TIME DOES IT TAKE?

NCCP training doesn't require much time. Individual workshops can be completed in a single evening, and some workshops can now be taken online at your convenience.

WHERE DO I START?

The National Coaching Certification Program (NCCP) makes it easy to get started and stay motivated on the path towards coaching skills development. The diagram on the following page will help you to find the path that's right for you.



The Community Sport Coach

WHO ARE YOU?

You may already coach at the community level or you're thinking about coaching. Often, you're a parent with little background in baseball or coaching. You may only coach for a short time while your child is involved.

YOUR NEXT STEPS

The NCCP Community Sport coach baseball clinics are the ideal place to start if you're new to coaching and want to learn the fundamentals of baseball and coaching. This initiation into coaching gives you all the tools you need to coach your first season.



MEET THE COMMUNITY SPORT COACH

AL FORMAN
MASTER LEARNING
FACILITATOR

I've been coaching youth baseball in B.C. for almost 25 years, 10 of which were spent as a driving force behind Burnaby's girls' program. I became a coach because I wanted to share my passion for baseball. Moulding a team together and competing to win is what makes coaching the best job in the world.

In 2010, I was honoured with the prestigious Community Coach of the Year award. Part of my success as a coach has come from the NCCP education I've received. It's helped me analyze the skills of my players and get them to be their best. To every other coach out there, I say: insist on good sportsmanship, know the ability of your athletes, and above all, make the game fun!



COMMUNITY COACH

BASEBALL CLINICS

INITIATION COACH CLINICS

ONLINE INITIATION MODULE

All coaches are required to complete this module prior to taking any other NCCP baseball clinics. You will learn the fundamentals of coaching and baseball necessary to set you up for success. The online module is also a great information resource to revisit often while you coach children's baseball.

Must have access to a computer and the Internet.

INITIATION COACH CLINIC

Once you've completed the online initiation module, this facilitated clinic allows you to continue to learn the fundamentals of baseball, safety and ethical decision-making skills, and how to develop an emergency action plan.

The Competition Coach

WHO ARE YOU?

You're typically a coach who has previous coaching experience or you're a former athlete. You may coach a rep team at the regional or provincial level, and you tend to work with athletes over the long term to improve performance.

YOUR NEXT STEPS

The NCCP Competition coach baseball clinics give you practical, strategic and decision-making skills. These clinics give you the training you need to become an NCCP certified coach. In order to take any Competition coach clinic you must have first completed the **Online Initiation module*** and the **Initiation Coach clinic**.



MEET THE COMPETITION COACH

PATRICIA LANDRY
HEAD COACH
SENIOR WOMEN'S TEAM, QUEBEC

I coach because I love it. There's no place I feel more at home than on a baseball field. Every season brings new accomplishments – I witness athletes' success, both in sport and in life. One of my personal successes was in the summer of 2009 when I was an assistant coach for team Québec as well as a player and we won the Canadian Championship.

Anyone wanting to coach should first know themselves, their expectations, their players, and how to communicate well.

NCCP training certainly helped me understand my leadership style as a coach.



COMPETITION COACH

BASEBALL CLINICS

REGIONAL COACH CLINICS

SKILLS ANALYSIS

- Detect and correct errors in your athletes' basic baseball skills (including throwing, receiving, hitting and running).

TEACHING & LEARNING

- Improve your teaching skills and provide a more positive experience for your athletes;
- Topics include organization, explanations, demos, supervision and feedback.

PLANNING

- Build a practice that meets the needs of athletes based on skill level, competition level and age;
- Learn to structure a practice and design a season plan.

PROVINCIAL COACH CLINICS

PITCHING & CATCHING

- Basic pitching mechanics;
- Fundamentals for catchers;
- Learn to make proper adjustments during games.

STRATEGIES

- Learn basic baseball strategies including signals, line-up, positioning, steal, hit & run and other tactical aspects;
- Strategies are linked to athletes' developmental stages.

*See 'The Community Sport Coach' on previous page



Visit **coach.ca** – Canada's most dynamic coaching community.
Coach stories, sport nutrition tips and more!



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Contact us today!

To start on your pathway to certification visit us online at **baseball.ca**.