

Amended in 2026

Definitions

Introductory Baseball - Introductory Baseball consists of the following divisions: Junior T-Ball (4U HL), Senior T-Ball (5U HL), and Junior Coach Pitch (6U HL).

Intermediate Baseball - Intermediate Baseball consists of the following divisions: 7U HL, 8U HL, 9U HL.

Baseball - Baseball consists of the following divisions: 11U HL (10-11 years old combined age category), 13U HL (12-13 years old combined age category).

Senior Baseball - Senior Baseball consists of the following divisions: 15U HL (14-15 years old combined age category), 18U HL (16-18 years old combined age category).

Legal Game - A game between two Legal Teams which will count towards the standings.

Legal Team - The minimum number of players on a team required to play a legal game.

Primary Receiver - The player responsible for receiving the ball in the infield and making the initial out.

Wild Throw - A throw from one fielder to another which does not go out of play and is not within a step and a reach of a fielder. The throw must be made for the purpose of making a "play".

Overthrow - A wild throw by a fielder which goes out of play.

1.0 Preamble

The definitions and general rules of baseball shall apply, subject to certain exceptions described in these Amendments.

2.0 Decorum

2.1 The actions and conduct of the Players, Managers, Coaches, Scorekeepers, Umpires and League Officials must be above reproach.

2.2 Managers and Coaches are responsible for the conduct of their players both on and off the field.

2.3 The abuse of BOMBA equipment (bats, helmets, etc.) is prohibited and violation of this will result in the ejection of the player from the game.

2.4 The use of tobacco in any form (including vaping and cannabis consumption) is prohibited in any city parks, as per a Burlington Bylaw which went into effect April 1, 2014. This bylaw bans smoking in parks, playgrounds, and around other recreation facilities in the City of Burlington. For more information, please visit the City of Burlington website.

2.5 The consumption of any alcoholic beverage on the grounds of any game or practice is a violation of both provincial law and BOMBA'S municipal park permits. **NO ALCOHOLIC BEVERAGES ARE TO BE CONSUMED OR DISPLAYED IN BOMBA PERMITTED PARKS / PARKING LOTS OR IN ANY PARKS IN WHICH BOMBA PLAYERS ARE PRESENT.**

2.6 Players, Managers, Coaches or spectators are not to deliberately harass or direct any discourteous remarks at the officials or any member of either team

2.7 Teams must display sportsmanship by shaking hands at the end of every game.

2.8 Players, Managers, Coaches, or Spectators engaging or persisting in conduct detrimental to the spirit, principles, and objectives of good sportsmanship in all levels of baseball may receive a single warning from the umpire. If the offense or offenses continue, the offender or offenders will be removed from the game.

2.9 Any removal of a player or coach from a game due to abuse of an official will result in an automatic one game suspension. Subsequent ejections will result in a meeting with the House League committee and Umpire in Chief to determine additional penalties.

2.10 Umpires must enforce these rules. Umpires noting infractions during a game will direct Managers to correct their team members and supporters. Failure to comply will result in forfeiture of the game and such additional disciplinary action as the BOMBA house league committee deems warranted following a disciplinary hearing.

3.0 General Rules

NOTE: Rules are based on MLB rules with interpretations and modifications from Baseball Canada and Baseball Ontario. BOMBA modifies the Baseball Ontario rules to achieve the rules included here. Additional resources are available on the Baseball Ontario Website, ONDeck App or BOMBA's Umpire Page.

3.1 Call-Ups and Team Size

3.1.1 Baseball and Senior Baseball teams unable to field 9 players may call up players from the division below.

3.1.2 Intermediate Baseball teams unable to field a team of 10 players may call up from the division below.

3.1.3 When bringing up players, a manager/coach must contact the convenor of their division.

3.1.4 Both affected coaches must inform their respective convenors as to the name and team of the called-up player.

3.1.5 Players called up to play in the next higher division may play a maximum of five games during the regular season and five games during the playoffs. This rule may be waived for playoffs at the discretion of the House league committee.

3.2 Makeup of a Legal Team

3.2.1 A Legal Team in Baseball and Senior Baseball will consist of a minimum of 8 players.

3.2.2 Baseball and Senior Baseball teams may start the first inning with 7 players.

3.2.3 A Legal Team in Intermediate Baseball will consist of a minimum of 9 players.

3.2.4 Intermediate Baseball teams may start the first inning with 8 players.

3.2.5 At the end of the first inning a team unable to field a complete or legal team will forfeit the game, a score of 1 run per regulation inning (6-0 11U HL, 7-0 18U HL etc.,) will be awarded to the non-offending team.

3.2.6 Players arriving after the start of the ball game will be added to the bottom of the batting order.

3.2.7 In the event that neither side can form a legal team, the game must be rescheduled (if possible). It is recommended that an EXHIBITION game will be played at this time.

3.3 The age of a player shall be determined by their age as of December 31 of the playing year

3.4 Game Times

3.4.1 Games played on unlit diamonds will begin at 6:15. No new inning shall begin after 8:00. Dead ball shall be at 8:30.

3.4.2 Early games played on lit diamonds shall begin at 6:15. No new inning shall start after 8:00. Dead ball shall be called at 8:25.

3.4.3 Late games on lit diamonds shall begin at 8:30. No new inning shall start after 10:15. Dead ball shall be called at 10:40.

3.4.4 Once the time after which no new inning can be started has passed, the game ends if the home team has or takes the lead. If the home team has tied the game when dead ball is called, the game ends in a tie. Otherwise, if a dead ball is called when an inning has not been

completed; the game shall revert to the score in the last completed inning. In the event of a dispute the decision of the House League Committee will be final.

3.4.5 There are no extra innings during the regular season. Games shall end in a tie if the number of innings is reached regardless of any curfew remaining.

3.5 Equipment and Uniforms

3.5.1 The on-deck batter, batter, base runners, and batboy/batgirl must wear a prescribed protective helmet with flaps, covering both ears. This may not be changed except after the inning has been completed, or the player has been retired or has crossed home plate. In 13U HL and below, helmet chinstraps are mandatory unless the presence of a **Manufacturer Installed** face guard (C-Flap) prevents the use of the chinstrap and will be worn as designed by the manufacturer.

3.5.2 In applicable divisions, facemasks must be worn by pitchers.

3.5.3 All players must wear an athletic supporter.

3.5.4 Catchers equipment must consist of a chest protector, shin guards, facemask with throat protector and helmet, all of which must be worn during practice, warm-up, and games.

3.5.5 The full uniform supplied by BOMBA, consisting of hat, shirt, and pants, must be always worn by all players while participating in a game. Shirts must be tucked into the waistband of the pants.

3.5.6 Coaches are expected to share equipment with opposing teams in situations where, due to breakage or normal wear and tear, there is insufficient safety equipment available.

3.5.7 All metal or composite bats must be taped to provide a proper grip.

3.5.8 No player will be allowed to play wearing shoes with metal cleats. The only exceptions are for 18U HL and 15U HL. Any player found wearing metal cleats during a game will be ejected from the game but will not serve an additional suspension. If found before the game, the player will be asked to play with running shoes. Any metal cleats found during play; the player will be ejected.

3.5.9 Any person warming up a pitcher **MUST** wear a facemask.

3.6 DIAMONDS: The Home team is responsible for the diamond layout prior to each game. The diamond should be ready 15 minutes prior to the start time. It is encouraged that the visiting team assists the home team in setting up when needed.

3.7 SCORE REPORTING: Is the responsibility of the winning coach (within 24 hours). Any game with no score reported will be assumed to be a tie.

3.8 WEATHER EFFECTED GAMES: Must be reported to the Game Scheduler and Convenor. Weather affected games will be made up where possible. However, the schedule is developed with a maximum number of games, expecting to have some weather affected game.

3.9 REGISTRATIONS: Will be accepted up to March 31st provided there are openings remaining in the appropriate division.

3.10 REGISTRATION REFUNDS: Will be approved for good cause up to May 7 payable on the return of the complete uniform. An administration fee of \$50 and half the registration cost will apply after April 1st.

3.11 INSURANCE: BOMBA does not provide medical and dental INSURANCE coverage for players registered. Parents and guardians are advised to obtain proper insurance coverage related to individual needs.

3.12 PLAYOFFS: For all teams will consist of a minimum of 2 games except 18U. The format for playoffs in each division will be determined by the House League Committee. All playoff seeding will be determined via the playoff framework developed by the House League Committee.

3.13 The son/daughter of the Head Coach, plus the son/daughter of one (or two) assistant coach(es) and the son/daughter of one sponsor for a maximum of three PLAYER REQUESTS will be assigned to any one team. All other players will be assigned by the House League Committee to achieve competitive balance. Siblings will be assigned to the same team.

3.14 Each team must assign a SCOREKEEPER, who shall inform players of their batting position, keep track of the score, pitch count, fair play rules and changes to the lineup.

3.15 Any player, coach, assistant coach, or manager who is ejected for fighting will serve an automatic game suspension and will be subject to a disciplinary hearing.

3.16 All teams from outside Burlington must adhere to BOMBA rules and regulations.

3.17 All calls made by the umpire are final. If there is a call you don't agree with, send the convenor an email to relay concerns.

3.18 Electronic devices are not permitted on the field of play. Violations shall result in a team warning, then ejection on a second offence.

4.0 Fair Play Rules

4.1 No player shall sit out two consecutive innings in any division.

4.2 No player shall sit out a second inning until each player has sat out once.

4.3 No player in 13U HL and below shall play a third inning in the outfield until each player has played two. Any exception to this rule for special circumstances must be approved by the Convenor.

4.4 Both teams are to submit a Defensive and Offensive line-up, including player numbers prior to the start of the game. Coaches have until the start of the game to address any issues in a respectful manner. Any concerns regarding lineups must be reported to the Convenor.

4.5 Failure to adhere to the fair play rules could result in forfeiture of the game subject to review by the house league committee.

4.6 Call ups from the lower age group shall be allowed to catch the maximum number of innings, as specified in the age group they are being called up to. Call ups shall not be allowed to pitch

5.0 Tournaments

5.1 BOMBA encourages teams from 9U HL to 18U HL to participate as an intact team in tournaments.

5.2 Players may be added to supplement original team players that choose not to participate. BOMBA reserves the right to contact those players not attending to ensure they were given the opportunity to participate. The team is only allowed to add players to reach the original team roster quantity.

5.3 BOMBA supplied House League uniforms (jersey, hat, socks, and pants) are to be worn at these tournaments.

5.4 Coaches that wish to enter these tournaments must seek approval from the House League Chair prior to tournament application and payment being sent to the hosting organization.

5.5 The final roster must be approved by the House League Chair and BOMBA's President.

6.0 Division Specific Rules

Only one baseball shall be in play at all times. Extra baseballs shall be held by the umpire in their ball bag.

Thrown Bat: Batters must drop the bat and not throw it upon hitting the ball. Penalty: Each team shall be entitled to one warning per game. Further violations will result in the batter being called out, a dead ball, and runners return to their bases.

6.1 Junior T-Ball (4U HL)

Age: 4 years

Team Size: Up to 8 players

Base Distance: 40 feet

Score Kept: No

Outs Recorded: No

Inning Mercy: N/A

Leadoffs/Stealing Allowed: No

Ball Used: Official safety ball supplied by BOMBA.

6.2 Senior T-Ball (5U HL)

Age: 5 years

Team Size: Up to 14 players

Base Distance: 40 feet

Score Kept: No

Outs Recorded: No

Inning Mercy: N/A

Leadoffs/Stealing Allowed: No

Ball Used: Official safety ball supplied by BOMBA.

6.3 Junior Coach Pitch (6U HL)

Age: 6 years

Team Size: Up to 14 players

Base Distance: 50 feet

Score Kept: No

Outs Recorded: Phased in during the season.

Inning Mercy: N/A

Leadoffs/Stealing Allowed: No

Pitching: The (adult) Pitcher should stand at least 10 feet from the plate and must toss overhand.

Catcher's position: The catcher must be positioned behind home plate and in front of the Umpire (in the proper catching position).

Outfielder Positioning: Outfielders must be placed a minimum of 10 feet behind the baseline, and no outfielder may be the primary receiver on the infield. Violation of this rule will lead to all runners being called safe. Outfielders must throw to an infielder to record an out.

Ball Used: Official safety ball supplied by BOMBA.

6.4 7U HL

Age: 7 years

Team Size: Up to 14 players

Base Distance: 60 feet

Score Kept: Yes

Outs Recorded: Yes

Inning Mercy: 5 runs through to the end of the 4th inning. The 5th inning will be open.

Leadoffs Allowed: No

Players in the Field: 10 (6 in the infield, 4 in the outfield)

Ball Used: Official safety ball supplied by BOMBA.

Regulation Game Length: 5 innings

Weather Shortened Games: 3 or more complete innings constitutes a complete game.

Overthrows: No bases are awarded on passed balls or overthrows out of play.

Wild Throw: On any wild throw, runners may not advance, and the ball is considered dead.

Note: A wild throw will not be judged to be a wild throw until it passes the intended receiver.

Note2: A ball within a step and a reach remains in play.

Pitching: The (adult) Pitcher must stand at least 12 feet from the plate and must toss overhand.

Hitting: Each batter is given five hittable pitches to hit the ball. After five hittable pitches, the batter is called out. A batter hitting a foul ball on the fifth pitch is granted another pitch.

Dead balls: Any ball not traveling ten feet from home plate is considered a foul ball.

Infield Fly in Effect: No

Catcher's position: The catcher must be positioned behind home plate and in front of the Umpire (in the proper catching position). No player shall catch more than 2 innings.

Outfielder Positioning: Outfielders must be placed a minimum of 10 feet behind the baseline, and no outfielder may be the primary receiver on the infield. Violation of this rule will lead to all runners being called safe. Outfielders must throw to an infielder to record an out.

Safety Bag: The safety bag will be used at first base. In a force play at first base the base runners must touch the orange part of the bag, or they will be called out. Fielders must touch the white part of the bag, or the runner will be called safe.

Safety Equipment: Pitchers must wear a helmet with a facemask. Catchers must wear all safety equipment supplied by BOMBA.

Calling Time: Any player in the infield may request time once they have gained control. It is the umpire's discretion regarding advancing runners.

Tag Plays: Pitchers may not tag a runner going towards first base.

Coaches on the Field: Coaches may not interfere with any play.

6.5 8U HL

Age: 8 years

Team Size: Up to 14 players

Base Distance: 65 feet

Score Kept: Yes

Outs Recorded: Yes

Inning Mercy: 5 runs through to the end of the 5th inning. The 6th inning will become an open inning (with unlimited runs.) If the game ends before the 6th inning, there will be no open inning.

Leadoffs Allowed: No

Players in the Field: 10 (6 in the infield, 4 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 6 innings

Weather Shortened Games: 3 or more complete innings constitute a complete game.

Overthrows: No bases are awarded on passed balls or overthrows out of play.

Pitching: The supplied BOMBA pitching machine will be used at 44 feet. The pitching machine speeds cannot be altered except at the end of an inning. Any tampering with the machine speeds by the coach feeding the machine shall result in the coach's ejection. If the speed or ball flight become erratic, it shall be corrected at the direction of the umpire. Height can be adjusted at any time.

Machine speed To start the season 35mph as of June 1 the speed will go to 40mph.

Safety Circle: 8' circle must be drawn around the pitching machine. No fielder may enter the safety circle to make a play. Umpires will ensure there is a safety circle prior to the start of the game.

Hitting: Each batter is given five hittable pitches to hit the ball. After five hittable pitches, the batter is called out. A batter hitting a foul ball on the fifth pitch is granted another pitch.

Bunting: No

Dead balls: Any ball hitting the pitching machine/generator/buckets/coach is considered a dead ball, and all forced runners are awarded one base. Any ball stopping in the safety circle is considered a dead ball and all forced runners are awarded one base.

Infield Fly in Effect: No

Catcher's position: The catcher must be positioned behind home plate and in front of the Umpire (in the proper catching position). No player shall catch more than 2 innings.

Outfielder Positioning: Outfielders must be placed a minimum of 15 feet behind the baseline, and no outfielder may be the primary receiver on the infield. Violation of this rule will lead to all runners being called safe. Outfielders must throw to an infielder to record an out.

Safety Bag: The safety bag will be used at first base. In a force play at first base the base runners must touch the orange part of the bag, or they will be called out. Fielders must touch the white part of the bag, or the runner will be called safe.

Safety Equipment: Pitchers must wear a helmet with a facemask. Catchers must wear all safety equipment supplied by BOMBA. Coaches helmet: Any coach operating a pitching machine must wear a provided safety helmet.

Calling Time: Any player in the infield may request time once they have gained control of the ball. It is the umpire's discretion regarding advancing runners.

Coaches on the Field (Defensive): No coach may be on the infield or behind the backstop during play. As of the week of June 1st, coaches are no longer able to coach from the field of play and must coach from the dugout.

6.5 9U HL

Age: 9 years

Team Size: Up to 14 players

Base Distance: 65 feet

Score Kept: Yes

Outs Recorded: Yes

Inning Mercy: 5 runs through to the end of the 5th inning. The 6th inning will become an open inning (with unlimited runs.) If the game ends before the 6th inning, there will be no open inning.

Leadoffs Allowed: No

Players in the Field: 10 (6 in the infield, 4 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 6 innings weather Shortened Games: 3 or more complete innings constitute a complete game.

Overthrows: No bases are awarded on passed balls or overthrows out of play.

Pitching: The supplied BOMBA pitching machine will be used at 44 feet. The pitching machine speeds cannot be altered except at the end of an inning. Any tampering with the machine speeds by the coach feeding the machine shall result in the coach's ejection. If the speed or ball flight become erratic, it shall be corrected at the direction of the umpire. Height can be adjusted at any time. Machine speed is 40 mph (64 km/h).

Safety Circle: 8' circle must be drawn around the pitching machine. No fielder may enter the safety circle to make a play. Umpires will ensure there is a safety circle prior to the start of the game.

Hitting: Each batter is given five hittable pitches to hit the ball. After five hittable pitches, the batter is called out. A batter hitting a foul ball on the fifth pitch is granted another pitch.

Bunting: No

Dead balls: Any ball hitting the pitching machine/generator/buckets/coach is considered a dead ball, and all forced runners are awarded one base. Any ball stopping in the safety circle is considered a dead ball and all forced runners are awarded one base.

Infield Fly in Effect: No

Catcher's position: The catcher must be positioned behind home plate and in front of the Umpire (in the proper catching position). No player shall catch more than 2 innings.

Outfielder Positioning: Outfielders must be placed a minimum of 15 feet behind the baseline, and no outfielder may be the primary receiver on the infield. Violation of this rule will lead to all runners being called safe. Outfielders must throw to an infielder to record an out.

Safety Bag: The safety bag will be used at first base. In a force play at first base, the base runners must touch the orange part of the bag, or they will be called out. Fielders must touch the white part of the bag, or the runner will be called safe.

Safety Equipment: Pitchers must wear a helmet with a facemask. Catchers must wear all safety equipment supplied by BOMBA.

Coaches helmet: Any coach operating a pitching machine must wear a provided safety helmet.

Calling Time: Any player in the infield may request time once they have gained control of the ball. It is the umpire's discretion regarding advancing runners.

Coaches on the Field (Defensive): No coach may be on the infield or behind the backstop during play. As of the week of June 1st, coaches are no longer able to coach from the field of play and must coach from the dugout.

6.6 11U HL

Age: 10-11 years, combined age category

Team Size: Up to 14 players

Base Distance: 65 feet

Pitching Distance: 44 feet

Pitch Limits: No pitcher shall pitch more than 2 innings per game. All innings must be consecutive. An inning pitched is defined as 2 or more batters or 10 or more pitches. It is the responsibility of the score keepers to track innings pitched and the pitch count. Once a pitch count is reached, the pitcher may finish the current batter only.

Catching Limits: No catcher shall catch more than three innings. An inning caught is defined as 2 or more batters.

NO PLAYER SHALL CATCH/PITCH MORE THAN 3 INNINGS COMBINED

HL Select Players: These players must follow OBA arm care and pitch count rules before and after tournament play.

Balks: No

Inning Mercy: 1st and 2nd inning are 3 run mercy rules. Inning 3, 4 will be 5 run mercy rules.

The 5th and 6th inning will be open innings (with unlimited runs.) If the 5th inning is not reached, there will be no open innings.

Leadoffs/Stealing Allowed No runner may leave their base until the pitch has crossed the plate. On the first offence, the team will receive a warning. Upon a second offence by any team member, the player will be called out. Each team will receive one verbal warning. The penalty is the runner is called out. No batter who has reached first on a walk may advance to second base before the next pitch is thrown.

Scoring a Run: Runners may only advance to home on a batted ball, a walk or hit by pitch.

Runners may still be awarded home by rule.

Drop Third Strike Rule: Does not apply.

Bunting: Bunting is now permitted

Players in the Field: 10 (6 in the infield, 4 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 6 innings

Weather Shortened Games: 3 or more complete innings constitutes a complete game.

Infield Fly in Effect: No

Outfielder Positioning: Outfielders must be placed a minimum of 15 feet behind the baseline, and no outfielder may be the primary receiver on the infield. Violation of this rule will lead to all runners being called safe. Outfielders must throw to an infielder to record an out.

Safety Bag: The safety bag will be used at first base. In a force play at first base runners must touch the orange part of the bag, or they will be called out. Fielders must touch the white part of the bag, or the runner will be called safe.

Coaches on the Field (Defensive): No coach may be on the field during play.

6.7 13U HL

Age: 12-13 years, combined age category

Team Size: Up to 14 players

Base Distance: 75 feet-no safety bag

Pitching Distance: 50 feet Pitch Limits: No pitcher shall pitch more than 2 innings per game. All innings must be consecutive. An inning pitched is defined as 2 or more batters or 10 or more pitches. It is the responsibility of the score keepers to track innings pitched.

Catching Limits: No catcher shall catch more than three innings. An inning caught is defined as 2 or more batters.

NO PLAYER SHALL PITCH/CATCH MORE THAN 3 INNINGS COMBINED

HL Select Players: These players must follow OBA arm care and pitch count rules before and after tournament play.

Balks: One warning per pitcher

Inning Mercy: 3 runs in the 1st and 2nd inning. 5 runs through to the end of the 4th inning. Innings 5 through 7 will be unlimited.

Leadoffs/Stealing Allowed: Yes

Players in the Field: 9 (6 in the infield, 3 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 7 innings

Weather Shortened Games: 4 or more complete innings constitutes a complete game.

Infield Fly in Effect: Yes

Scoring a Run: Runners may only advance to home on a batted ball, a walk or hit by pitch. Runners may still be awarded home by rule.

Drop Third Strike Rule: Does not apply.

Coaches on the Field (Defensive): No coach may be on the field during play.

6.8 15U HL

Age: 14-15 years, combined age category

Team Size: Up to 14 players

Base Distance: 90 feet

Pitching Distance: 60'6"

Pitch Limits: No pitcher shall pitch more than 3 innings per game. All innings must be consecutive. An inning pitched is defined as 2 or more batters or 10 or more pitches. It is the responsibility of the score keepers to track innings pitched.

Catching Limits: A minimum of 2 catchers must be used per game. No catcher shall catch more than four innings. An inning caught is defined as 2 or more batters.

NO PLAYER SHALL PITCH/CATCH MORE THAN 3 INNINGS COMBINED

HL Select Players: These players must follow OBA arm care and pitch count rules before and after tournament play.

Balks: One warning per pitcher

Inning Mercy: 3 runs in the 1st and 2nd inning. 5 runs through to the end of the 5th inning. Innings 6 and 7 will be unlimited. If inning 6 is not reached, there will be no unlimited inning.

Leadoffs/Stealing Allowed: Yes (including home base)

Players in the Field: 9 (6 in the infield, 3 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 7 innings

Weather Shortened Games: 4 or more complete innings constitutes a complete game.

Infield Fly in Effect: Yes

Drop Third Strike Rule: Is now allowed.

Bat Restrictions: The maximum drop of an aluminum bat will be drop 5 (-5). There is no limit on wood bats. Any batter caught using an illegal bat will be called out.

6.9 18U HL

Age: 16-18 years, combined age category

Team Size: Up to 14 players

Base Distance: 90 feet

Pitching Distance: 60'6"

Pitch Limits: No pitcher shall pitch more than 3 innings per game. All innings must be consecutive. An inning pitched is defined as 2 or more batters or 10 or more pitches. It is the responsibility of the score keepers to track innings pitched.

Catching Limits: A minimum of 2 catchers must be used per game. No catcher shall catch more than four innings. An inning caught is defined as 2 or more batters.

NO PLAYER SHALL PITCH/CATCH MORE THAN 3 INNINGS COMBINED

HL Select Players: These players must follow OBA arm care and pitch count rules before and after tournament play.

Balks: One warning per team

Inning Mercy: 3 runs in the 1st and 2nd inning. 5 runs through to the end of the 5th inning. Innings 6 and 7 will be unlimited. If inning 6 is not reached, there will be no unlimited inning.

Players in the Field: 9 (6 in the infield, 3 in the outfield)

Ball Used: Official baseball supplied by BOMBA.

Regulation Game Length: 7 innings Rain Shortened Games: 4 or more complete innings constitutes a complete game.

Infield Fly in Effect: Yes

Bat Restrictions: The maximum Drop of an aluminum bat will be drop 3 (-3). There is no limit on wood bats. Any batter caught using an illegal bat will be called out.

7.0 Pitching & Fielding Restrictions

7.1 Arm care rules for any HL player who plays in a higher division or tournament which OBA arm care rules apply shall have the following rules apply to the player and their coaches:

1. The player shall be required to notify their coach/manager on both teams regarding their baseball activity for the week prior to and the week following any cross over activities.
2. Both team coaches/managers shall be responsible for following the OBA arm care restrictions with that player within the maximum rest period.
3. The OBA arm care rules shall supersede any HL arm care rules.
4. The restriction on OBA arm care shall end for the HL coach once the player is eligible for their daily maximum number of pitches again.
5. Any violation of this rule shall result in a minimum 2-game suspension for the coach and/or player.

7.2 Any other defensive player who plays in a higher division or tournament in which special playing rules apply for their position (i.e. catcher), the requirements and penalties outlined in 7.1 shall pertain to the player and/or coach/managers.

7.3 Any player who plays in a higher division or tournament and sustains an injury during the game or practice shall bear the responsibility of informing their other coach of said injury. Appropriate precautions are expected to be followed by all parties.

Amended in 2026