TEAM:
Baseball Manitoba Pitch Count Logbook Monthly Form

| 11U | 13U | 15U | 18U | 21U | REST REQUIRED |
| :---: | :---: | :---: | :---: | :---: | :---: |
| \# of Pitches | \# of Pitches | \# of Pitches | \# of Pitches | \# of Pitches | PERIOD |
| $1-25$ | $1-30$ | $1-35$ | $1-40$ | $1-45$ | None |
| $26-40$ | $31-45$ | $36-50$ | $41-55$ | $46-60$ | 1 day |
| $41-55$ | $46-60$ | $51-65$ | $56-70$ | $61-75$ | 2 days |
| $56-65$ | $61-75$ | $66-80$ | $71-85$ | $75-90$ | 3 days |
| $66-75$ | $76-85$ | $81-95$ | $86-105$ | $91-115$ | 4 days |
| $\mathbf{7 5}$ | $\mathbf{8 5}$ | $\mathbf{9 5}$ | $\mathbf{1 0 5}$ | $\mathbf{1 1 5}$ | Total Pitches <br> Allowed in a Day |

MONTH: MAY


BASEBALL
MANITOBA

| Pitchers | Monthly Pitch Totals (Please fill in numbers from Game Logbook Forms) <br> Each number below corresponds to a day of the month. Mark in the number of pitches thrown on a day and mark an X to indicate the rest days. In the example, John Smith threw 45 pitches on May 1 and requires 3 days rest (days marked by X). He can pitch again on May 5 . |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Total Pitches for the month | Total Pitches to date for the year |
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|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  |  |
| Billy Smith (Mosquito) | 65 | X | X | X |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
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| Scorekeeper Initials |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

