



BASEBALL

New Brunswick

Baseball NB 18U AAA League

Rules and Regulations

2023

1. Game Procedures

- 1.1. In addition to the Baseball NB Game Procedures, the following amendments will be included for all competitive league games: between inning time limit of 90 seconds.
- 1.2. Teams shall arrive at the designated playing field at least forty-five (45) minutes prior to the scheduled starting time of the game. Starting 25 minutes before the designated time of the game, the home team shall have the field for 10 minutes for infield/outfield practice. The visiting team shall then have the field for ten (10) minutes for infield/outfield practice. A meeting at home plate among the Head Coaches and the umpires shall follow this.
- 1.3. It is encouraged that all games declare a winner.
- 1.4. The starting lineup, including all available substitutes listed, shall be given the official scorer at least 15 minutes prior to the start of the game. The list shall include the surname of each player, coach, and manager with his/her usual first name and his/her uniform number. The uniform number is to be listed to the left of each name and the playing position of the starting players listed to the right of each name.
- 1.5. Twenty minutes prior to turning over the official line-up cards to the umpire, team managers will indicate to each other if they plan "left" or "right" handed pitcher to start the game.
- 1.6. In the event that a player is injured during league games and a team has no other players available for selection OR in the event of an ejection, the game would proceed with the remaining players, without forfeit. A player removed due to injury or ejection in this circumstance is not permitted to return to the game. Any further loss of players would result in a forfeit.
- 1.7. To ensure the enforcement of the official rules of the game as adopted by Baseball New Brunswick, the playing rules as set out in the current Baseball Canada Rule Book shall apply for all classifications. All members shall conduct themselves in a manner considered to be in the best interests of the game.

2. Team Registration and Eligibility

- 2.1. Any team registered with the Baseball NB 18U AAA League must be affiliated with an association registered with Baseball New Brunswick.
- 2.2. All member teams of the Federation are required to register annually with the Federation on or before May 1st of the playing year to be eligible to participate in provincial playoff in that playing year.
- 2.3. All teams participating in the league are to submit their initial rosters and schedules prior to their first game via RAMP. Final rosters must be submitted via RAMP by June 30th.
- 2.4. Each team is authorized to have a minimum of 1 manager, 1 head coach and 2 assistant coaches to be indicated at the time the team is registered. Complete address, including postal code, telephone number, and NCCP number must be reported to the League Coordinator and Baseball NB Executive Director at the same time.
- 2.5. All coaches registering with Baseball New Brunswick must complete "a consent for disclosure of criminal record" at the time of registration and each Association must follow through with obtaining information, as required.
- 2.6. Any coach not properly certified in the Baseball NCCP program will not be permitted to participate in the league. The qualifications are as follows:
 - 2.6.1. All 18U AAA coaches are required to have courses 1 through 10.
 - 2.6.2. Course list:

1. Coach initiation in Sport – online
2. Initiation in Baseball Fundamentals – online
3. Safe Sport
4. Absolutes Clinic
5. Planning Clinic
6. Teaching and Learning Clinic
7. Strategies Clinic
8. Pitching and Catching Clinic
9. Skills Clinic
10. 16U+ Video Package

3. League Schedule

- 3.1. The schedule will begin each year at the discretion of Baseball New Brunswick.
- 3.2. All teams will be provided with a schedule template that will include weekly matchups. Home and away teams will be identified within the schedule template. Coaches and managers will need to determine amongst themselves the exact time, date and location the games are to be played.
- 3.3. Coaches will be provided with login information to access the team website through RAMP. Coaches/managers must input their home schedule into the website, as well as the results from their home games. Standings will then be reflected on the Baseball NB website.
- 3.4. All teams must meet their scheduled commitment to be eligible to participate in Baseball NB provincials, and/or Baseball Atlantic Championships.
- 3.5. All postponed games must be rescheduled within 3 days of the original date of the postponed game. The rescheduling will be run through the league coordinator to assure both teams are able to attend the rescheduled date.
- 3.6. Any team needing to cancel or reschedule a game must notify the opposing team 24 hours in advance of the start time of the scheduled game. After notifying the opposing team, the League Coordinator is to be informed of the cancellation.
- 3.7. All games are encouraged to be completed in full. In instances of a tie game, extra inning procedures (found below) are to be followed.

4. Rules

- 4.1 The length for all 18U Baseball NB AAA league games shall be 7 innings. Games shall be considered complete if 4 innings have been played, should the game be called for weather/unsafe playing conditions.
- 4.2 The batting order consists of 9 players. The use of a designated hitter (DH) for the pitcher is permitted.

4.3 For 18U AAA, the re-entry rule 3.03 in the Official Rules of Baseball - Canadian Content will be implemented which is as follows; "Any starting player may be substituted for and returned to the game, one time only. He/she must return to his/her original place in the batting order. Any pitcher, if removed from the game, may return, but may not pitch. Any further substitutions do not jeopardize the right of re-entry for the original/starting player. Any starting player returned to the game may pitch if he/she has not previously assumed that position."

4.4 For regular season play a team may pick up 18U aged players from within their association in order to field a team when short players due to injury or extraordinary circumstances. Also, in extraordinary circumstances in regular season play, if no 18U age players are eligible to be picked up a team may pick up a 15U aged player from within their association. Shall a 15U aged player be picked up for a game they are permitted to occupy the pitcher position as long as they adhere to the 15U pitch count rules.

4.5 Excluding provincial tournaments, umpires are to be paid for their services by the home team prior to the starting of the home plate meeting before each game.

4.6 A ten-run mercy rule shall apply after the 5th inning or 4.5 innings if the home team is leading. A fifteen-run mercy shall apply after the 4th inning or 3.5 innings if the home team is leading.

4.7 The minimum standard of baseball to be used in league play and provincials is a ROML Rawlings baseball. Mizuno baseballs have also been approved for play.

5. Pitch Count Rules

0 Days Rest	1 Day Rest	2 Days Rest	3 Days Rest	4 Days Rest	2 Day Maximum	4 Day Maximum
0-40	41-55	56-70	71-85	86-105	105	150

5.1. A pitcher cannot pitch 3 consecutive days unless a pitcher's first 2 days combined do not exceed the 0 days rest threshold. If the pitcher's day 1 plus day 2 pitch counts exceed the 0 days rest threshold, they require at least one day rest.

5.2. When a pitcher reaches the maximum number of pitches allowed for a day's rest threshold (see table above), he/she may complete the at-bat without the penalty on days of rest, as long as he/she does not pitch to another batter. In this situation, the number of pitches corresponding to the threshold reached will be indicated on the pitching log.

5.3. The coach or manager must acknowledge this to the umpire prior to the next pitch (the pitch that will break the threshold). The umpire would then notify the scorekeeper.

5.4. Once a player assumes the position of pitcher, they cannot catch for the remainder of that calendar day.

5.5. A pitcher who is removed from the mound during a game shall not be permitted to return to pitch in the same game, even if the pitcher is retained in the game at another position.

5.6. Any violation of any part of the pitch count rules will result in infractions and sanctions. Please refer to the Infractions and Sanctions Guidelines on our website.

6. Equipment Guidelines

6.1. Bat: Only wood bats, bamboo bats and wood composite bats will be allowed. Wood composite bats include wood bats with fiberglass sheathing and wood barreled bats with composite handles. Wood composite bats do not include and bat that has any metallic component.

6.2. Shoes: Shoes with metal cleats or "spikes" are permitted.

- 6.3. Religious headgear that is consistent with Baseball Canada safety and recognized uniform code requirement is permitted.

7. Recommended Field Dimensions

The playing field shall conform to the following measurements:

- 7.1. The distance between all bases shall be ninety (90) feet.
- 7.2. The distance between the point of home base and the front side of the pitcher's plate shall be 60 feet six inches. (60.5) feet.
- 7.3. The batter's box shall be rectangular in shape, the size being 6 ft. x 3 ft. & shall extend to the front from the centre of home plate, 3 ft and an equal distance of 3 ft to the rear. The inside line shall be four (4) inches from the plate.
- 7.4. The pitcher's mound shall be raised to a gradual slope. At a height of 6 inches above the levels of the base paths. Optional for league play but it is mandatory for all Inter-Provincial play.
- 7.5. The coaches' box shall be 8x12 feet & not closer than ten (10) feet to the base path.
- 7.6. The use of safety bases is permitted at this division but not mandatory.

8. Extra Inning Procedure

- 8.1. If the game is tied at the completion of regulation (7 innings), the following procedures will be implemented during extra innings for all league games:
- 8.2. Each team will begin the extra inning (and any subsequent necessary extra innings) with a player on first and second, no outs (see example below to confirm who is on first and second).
- 8.3. The batting order of the extra inning or any subsequent innings will be determined by how the previous inning ended (see example below to confirm who is at bat).
- 8.4. The traditional system of the visiting team hitting in the top of the inning and the home team hitting in the bottom of the inning will remain in effect until a winner is determined.
- 8.5. Example: If the last regulation inning ends with the #6 hitter having the last plate appearance (PA), then the extra inning begins with the #7 hitter at bat, and the #5 hitter at second base and the #6 hitter at first base. With the exception of beginning the inning with runners on first and second base with no one out, all other "Official Baseball Rules" and "Canadian Rules" will remain in effect during extra innings required to determine a winner.