



# BASEBALL NEWFOUNDLAND AND LABRADOR

## Frequently Asked Questions

*How can I contact Baseball NL?*

Baseball NL can be reached through our website ([www.baseballnl.com](http://www.baseballnl.com)), through email ([baseballnl@sportnl.ca](mailto:baseballnl@sportnl.ca)) and phone (709-576-3401). We can also be found on Facebook, Instagram and X.

*How can I contact my local association?*

A list of local association contact and registration systems can be found [HERE](#).

*What association do I register my child with?*

Please consult the Minor Player Eligibility document [HERE](#).

*What are the Divisions and Age Groups for this season?*

Divisions and Age Groups can be found [HERE](#).

*How can I start my own association?*

Please consult the new association criteria document found [HERE](#) and contact Baseball NL for additional information.

*When are your Provincial tournaments this season?*

The Provincial tournament calendar will be released in late April or early May

*What are the guiding rules and regulations for Baseball NL?*

Our 2025 Tournament Manual can be found [HERE](#). Our updated Manual will be posted later in the spring.

*What equipment items will my child need to play?*

Each association is different, so you will need to contact your own association to be sure, however generally players just require a glove, helmet and athletic clothing.

*Do you have any programming for women and girls?*

Yes we do! Baseball NL has several all female provincials, as well as many all female teams throughout the province. Please contact your local association for options. You can also follow NL Girls Baseball on Facebook, Instagram and X to check out what's going on throughout the

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province. We also have a Women of Baseball NL group that provides networking and idea sharing opportunities between women who are involved or would like to become more involved with baseball in our Province. You can sign up to join this group [HERE](#).

*Do you have any programming for athletes with diverse needs?*

Yes we do! We have partnered with the Jays Care Foundation to offer Challenger Baseball throughout the province. Challenger Baseball is an adaptive baseball program designed to empower children and youth living with cognitive and/or physical disabilities. Details about registration and programs can be found on their facebook page [HERE](#).

*How can I stay informed with Baseball NL?*

Sign up for our monthly mailing list! You can register [HERE](#).

*I'm interested in hosting a baseball clinic in a new area. Can Baseball NL help with this?*

Yes! We would be happy to help you. Please contact Ryan Garland at [baseballnl@sportnl.ca](mailto:baseballnl@sportnl.ca)

*I am interested in signing up as a coach this summer; What qualifications do I need?*

All coaches must have a valid Code of Conduct and Vulnerable Sector Check (where applicable). Qualifications for provincial tournaments can be found [HERE](#). Local associations may have additional requirements. Please contact them for details.

*I am interested in signing up as an umpire this summer; What qualifications do I need?*

Baseball NL is hosting several umpire clinics throughout the Spring but registration must be complete by March 27th. Registration is available on our website. Please contact your local association for more details.

*Are there any funding programs available for recreational baseball?*

Yes there is! You can find a listing of programs [HERE](#).

*What are the age groups for the NL Summer Games?*

Technical packages with more NL games info can be found [HERE](#)