

13U Pitch Count Rules

30 pitches or less	No rest day required	Is allowed to pitch again on the same day or the next day: up to a maximum of 85 pitches
31-45	Requires one day rest	
46-60	Requires two days rest	
61-75	Requires three days rest	
76-85	Requires four days rest	

- A pitcher can **ONLY** pitch 3 days in a row if their **2-day total** does not exceed 30 pitches.
- A pitchers combined 3-day total can not exceed **120** pitches
Example: 45 pitches on Friday – Saturday rest day – 75 pitches on Sunday).
- (A pitcher’s rest day is based on the last pitch count, NOT the combination of the two-day total (Example 30 Friday, 50 Saturday = 2-day rest period)
- When a pitcher reaches the maximum number of pitches allowed for a threshold (see table above), he can complete the at-bat without the penalty on days of rest, if he/she does not pitch to another batter. In this situation, the number of pitches corresponding to the threshold reached will be indicated on the pitching log (ex. 60 pitches officially documented even if 62 pitches are required to finish the batter). The coach or manager needs to acknowledge this to the umpire at this moment prior to the next pitch. The umpire will then notify the scorekeeper.
- Once a player assumes the position of pitcher, they CANNOT catch for the remainder of the day.
- Players playing in a game with an affiliated team in a higher age category *cannot* pitch for that affiliated team.
- A pitcher who is removed from the mound during a game shall not be permitted to return to pitch in the same game, even if the pitcher is retained in the game at another position.

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- Only pitches thrown (as in delivered to the catcher on a pitchout) will be included in Pitch count totals. “Automatic” balls during an intentional walk do not count towards Pitch Count totals.
- The Baseball Canada and Baseball PEI policy on pitch count violations is that the offending HC/manager shall be ejected from the game and one additional game of suspension must be served.
- When the use of a pitcher who is ineligible or about to become ineligible is evident, scorekeepers or other officials MUST notify the manager/head coach of the offending team so that an opportunity for assignment correction may be immediately affected.
- Players playing in a game with an affiliated team in a higher age category cannot pitch for that affiliated team. Which means 13U A teams cannot pitch any AP players.
- Once a player takes on the role of pitcher, they can not catch for the rest of that day.
- - **PITCH COUNT INTERPRETATION >>>>VERY IMPORTANT**....Baseball Canada's Rules Committee has made an interpretation of some of the details, that are different from what we used last year and many parts of the country used
- For example: An 11U pitcher throws 20 pitches on Day 1. On Day 2, that pitcher is limited to 55 pitches. A 15U pitcher throws 25 pitches on Day 1. On Day 2, that pitcher is limited to 70 pitches. A 22U pitcher throws 45 pitches on Day 1. On Day 2, that pitcher is limited to 70 pitches. Please note: If an 11U pitcher throws 20 pitches on Day 1 and then 55 pitches on Day 2, that pitcher would require two (2) day's rest, not four (4) day's rest. If a 15U pitcher throws 20 pitches on Day 1 and then 75 pitches on Day 2, that pitcher would require three (3) day's rest, not four (4) day's rest. **The rest is based on the second day total not the total of both days** **AND**
- If a 13U pitcher throws 20 pitches on day 1, and 10 pitches on day 2, the pitcher is eligible to pitch on the third day in a row
- If a 13U pitcher throws 20 pitches on day 1, and 15 pitches on day 2, because that exceeds the "30" pitch limit to be eligible for a third day, the pitcher **can not pitch on the third day. BUT**, this is different than last year, because 15 is lower than his daily limit for having to have a rest, the pitcher **IS eligible to pitch in a second game that day**. The number for this 13-year-old would be 85 so $20+15= 35$ which leaves 50 pitches max the second game of day 2.

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