



Developmental Saturdays 2020

Baseball Regina will once again be hosting Developmental Saturdays at the RBI Training Centre. Developmental Saturdays are 1 hour sessions for each Category. They are intended for players that do not take part in Baseball Winter Training so they can "shake off the winter rust" and start getting into baseball mode. Parents and coaches volunteer to run different stations such as batting, pitching, and infield. In the past we allowed 2 sessions per player. Once we confirm times, we will be sending out an email with details. The sessions are open to ALL registered players and there is NO COST for players to attend.

Baseball Regina coaches/volunteers will lead players through drills and stations allowing players to develop their skills and abilities leading up to the 2020 season.

Are you new to Baseball Regina? If you are interested in coaching youth baseball and you have a baseball acumen, then these developmental sessions are a great place for Baseball Regina to learn about you. Please contact any of our Directors

Volunteers Committee Lead – Mike Ruecker rueckerm@sasktel.net

11U Divisions Co-Director Lorne Chow clorne@sasktel.net

11U Divisions Co Director Position Vacant admin@baseballregina.com

13U Divisions Director – Jay Vollet jvollet@sasktel.net

15U Divisions Director – Trevor Weir tweir746@gmail.com

In order for these Developmental Saturdays to happen, we require 2 or 3 parents for each session to volunteer and work the stations. There will be an instructor from RBI to teach the parents on how to properly conduct the stations. Without parent participation, the session will not take place.

The following are Dates and Times for Developmental Saturdays

Time	March 7, 2020	March 14, 2020	March 21, 2020	April 4, 2020
4:30 - 5:30	11U	11U	11U	11U
5:30 - 6:30	11U	11U	11U	11U
6:30 - 7:30	13U	13U	13U	13U
7:30 - 8:30	15U	15U	15U	15U

Due to the positive response in past years, we want to make sure everyone has a safe and fun experience. We request that you pre-register for it so that we can make sure that we are not overcrowded and limit attendance to 15 players per session. It is important that the volunteers and your child are in a safe environment that has sufficient space to have to learn baseball skills. Players are asked to bring their own equipment including a ball glove, bat, batting helmet, protective cup, and clean running shoes.

All liability is assumed by the accompanying Parent or Guardian. Baseball Regina or its volunteers assumes no responsibility for injury or liability.

Please complete this form and email it back to admin@baseballregina.com

Parent / Guardian Name _____ Signature _____ Date _____

Please choose the dates that work for you with your reply to this email and we will let you know which date(s) can be accommodated.

Player's name _____ Category _____

1st choice _____ Parent / Guardian – I am able to help at this session YES NO

2nd choice _____ Parent / Guardian – I am able to help at this session YES NO

3rd choice _____ Parent / Guardian – I am able to help at this session YES NO