

2024	Junior Rally Cap	9 Teams				
	Regina	8 Regina Teams	Brian	Schmuland	brianschmuland@gmail.com	Junior Rally Cap Director
2024	Senior Rally Cap	19 Teams				
	Regina	15 Regina Teams	Kim	Krywulak	kkrywulak@sasktel.net	Senior Rally Cap Director
113	11U A	# of Teams	Jason	O'Quinn	j.oquinn@accesscomm.ca	11U Director
113AS	11U A Regina	Athletics				
		Head Coach	Josh	Ethier	joshethier@hotmail.com	
		Assistant Coach				
		Assistant Coach				
		Team Manager	Terri	Boychuk	terrimoore@sasktel.net	
113BJ	11U A Regina	Blue Jays	Stephanie	Banecescue	stephanieannroach@gmail.com	
		Head Coach	Josh	Exner	theexnerfamily@gmail.com	
		Assistant Coach	Eric	Urzada	eurzada@gmail.com	
		Assistant Coach	Bill	Ready	billready@sasktel.net	
		Co Team Manager	Kelte	Exner	theexnerfamily@gmail.com	
		Co Team Manager	Joel	Banecescue	joelbanecescue@gmail.com	
113PT	11U A Regina	Pirates	James	Ross	jamesross88@hotmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
		Team Manager	Kristine	Dechaine	kdechaine@me.com	306-529-3069
113RN	11U A Regina	Ravens	Brandy	Eberts	beberts82@gmail.com	306-539-4156
		Head Coach				
		Assistant Coach				
		Assistant Coach				
113RN		Team Manager				
113WS	11U A Regina	White Sox	Joe	Felix	yojoes@hotmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
113WS		Team Manager	Kellyn	Geiger	ckgeiger@sasktel.net	
113WP	11U A Regina	Wolfpack	Riley	Amyotte	Riley_elles_amyotte@hotmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
		Team Manager				
113YK	11U A Regina	Yankees	Jeff	Hine	jeff@elitetrenching.ca	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
		Team Manager				
2023	11U AA	# of Teams	Jason	O'Quinn	j.oquinn@accesscomm.ca	11U Director
114AS	11U AA Regina	Athletics				
		Head Coach	Nathan	Wilhelm	nathanwcsi@icloud.com	
		Assistant Coach	Jonathan	Struthers	jon_struthers11@hotmail.com	
		Assistant Coach	Neil	Struthers	neil_struthers@hotmail.com	
		Co Team Manager	Sharla	Hordenchuk	Sharla.hordenchuk@gmail.com	
		Co Team Manager	Laura	Lucyk	lucyklaura@gmail.com	
114EX	11U AA Regina	Expos				
		Head Coach	Geoff	Wiebe	geoff_wiebe@kaltire.com	306-541-7005
		Assistant Coach	Troy	Lochbaum	tclochbaum@hotmail.com	
		Assistant Coach	Josh	Kramer	kramer3j@gmail.com	
		Team Manager	Brooke	Lochbaum	tblochbaum@hotmail.com	
114WS	11U AA Regina	White Sox				
		Head Coach	Braden	Konschuh	bkonschuh@hotmail.com	306-537-3535
		Assistant Coach	Jordan	Clarke	jclarke@rbauction.com	
		Assistant Coach	Sheridan	Haygarth	sheridan.haygarth@yahoo.ca	
114WS		Team Manager	Amy	Gutheil	amygutheil@gmail.com	

114WP	11U AA Regina	Wolfpack				
		Head Coach	Curt	Howarth	horwathcurt@gmail.com	
		Assistant Coach	Ryan	Patterson	ryanpatty14@hotmail.com	
		Assistant Coach	Shea	Van Luven	luves12@hotmail.com	
		Team Manager	Matthew	Cohen	mcohen@sgicanada.ca	
2023	11U AAA	# of Teams	Jason	O'Quinn	j.oquinn@accesscomm.ca	11U Director
115AS	11U AAA Regina	Athletics				
		Head Coach	Luke	Piller	lukepiller16@gmail.com	
		Assistant Coach				
		Assistant Coach				
115AS		Team Manager	Tenille	Wendel	tenneille.wendel@outlook.com	
115WS	11U AAA Regina	White Sox				
		Head Coach	Justin	Eiswirth	jeiswirth12@hotmail.com	306-530-3444
		Assistant Coach				
		Assistant Coach				
115WS		Team Manager	Ryan	Riffel	ryanriffel@icloud.com	
		Team Treasurer	Amy	Perrey		
115WP	11U AAA Regina	Wolfpack				
		Head Coach	Travis	Pool	pool.travis@gmail.com	
		Assistant Coach				
		Assistant Coach				
115WP		Team Manager	Marcy	Brooker	cella_48@hotmail.com	
		Treasurer	Leanne	Bastock	l-bastock@hotmail.com	
2023	13U A	# of Teams	Kelly	Sanheim	thesanheims@gmail.com	13U Director
133AS	13U A Regina	Athletics				
		Head Coach	Luke	Wollbaum	lukewollbaum@gmail.com	306-596-4577
		Assistant Coach	Cory	Parks		306-596-6247
		Assistant Coach				
		Team Manager	Kiersten	Taylor	iktaylor711@gmail.com	306-529-9935
133RN	13U A Regina	Ravens				
		Head Coach	Jason	Bodnarchuk	jbods@sasktel.net	
		Assistant Coach	Karen	Woloschuk	karenwolochuk26@gmail.com	
		Assistant Coach				
133RN		Team Manager	Karen	Woloschuk	karenwolochuk26@gmail.com	
133WS	13U A Regina	White Sox				
		Head Coach	Sean	Linton	linton.sean6@gmail.com	306-533-1618
		Assistant Coach				
		Assistant Coach				
133WS		Team Manager				
133WP	13U A Regina	Wolfpack				
		Head Coach				
		Assistant Coach	Anthony	Schoenroth	aschoenroth@gmail.com	306-307-1701
		Assistant Coach				
133WP		Team Manager				
134	13U AA	# of Teams	Kelly	Sanheim	thesanheims@gmail.com	13U Director
134AS	13U AA Regina	Athletics				
		Head Coach	Nathan	Kress	natekress@hotmail.com	
		Assistant Coach	Chuck	Fink	chuck.fink81@gmail.com	
		Assistant Coach	Greg	Hern	greg.hern@sasktel.com	
		Team Manager	Lisa	Kress	lisaswhite@hotmail.com	
134BJ	13U AA Regina	Blue Jays				
		Head Coach	Matt	Boutin	MBOUTIN@regina.ca	
		Assistant Coach	Jamie	Stewart	jamiestewart@sasktel.net	
		Assistant Coach	Bill	Ready	billready@sasktel.net	
		Team Manager	Tanessa	Boutin	tanessa_johnson@hotmail.com	
134WS	13U AA Regina	White Sox				
		Head Coach	Michael	Redler	michaelredler@hotmail.com	
		Assistant Coach	Evan	Stefan	evanstefan@yahoo.ca	
		Assistant Coach	Dan	Chevrier	d.chevrier@sasktel.net	
		Co Team Manager	Kellyn	Geiger	ckgeigerfarms@gmail.com	
		Co Team Manager	Kara	Muehmel	kmuehmel@hotmail.com	

134WP	13U AA Regina	Wolfpack				
		Head Coach	Dante	De Caria	ddecaria@reginapats.com	
		Assistant Coach	Jeff	Miller	jefmil@hotmail.com	
		Assistant Coach	Mike	Rodger	innovativeelectric@gmail.com	
134 WP		Co Team Manager	Carla	Stone	stonecarlad@gmail.com	
		Co Team Manager	Kim	Windjack	kam849@hotmail.com	
		Treasurer	Amy	Kerr	akerr@reginapats.com	
135	13U AAA	# of Teams	Kelly	Sanheim	thesanheims@gmail.com	13U Director
135WS	13U AAA Regina	White Sox	Trevor	Weir	tweir746@gmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
135WS		Team Manager	Jill	Back	jilljoycebrown@hotmail.com	
115WP	13U AAA Regina	Wolfpack	Jamie	Herauf	jamieherauf17@hotmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
115WP		Team Manager	Jill	Hill	jillianhill29@gmail.com	
153	15U A	# of Teams	Trevor	Weir	tweir746@gmail.com	15U Director
153AS	15U A Regina	Athletics	Trent	Leippi	tleippit@hotmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
153AS		Team Manager	Jenna	Webb	jmwebb85@gmail.com	
153WS	15U A Regina	White Sox				
		Head Coach	Kristen	Nameth	kristennameth@gmail.com	
		Assistant Coach	Kyle	Lorencz	kylelorencz@gmail.com	
		Assistant Coach	Scott	MacPherson	samacp@sasktel.net	
153WS		Team Manager				
154	15U AA	# of Teams	Trevor	Weir	tweir746@gmail.com	15U Director
154AS	15U AA Regina	Athletics				
		Head Coach	Matt	Vaughan	mvaughan@sasktel.net	
		Assistant Coach	Jose	Therrien	josetherrien79@gmail.com	
		Assistant Coach				
154AS		Team Manager	Kristal	Sexsmith	kupsie@sasktel.net	
154BJ	15U AA Regina	Blue Jays				
		Head Coach	Dean	Moulding	info@callieclub.com	
		Assistant Coach	Trent	Schmidt	trentschmidt789@yahoo.ca	
		Assistant Coach				
154BJ		Team Manager	Sheri	Meston	sheri_brown8@hotmail.com	
154WS	15U AA Regina	White Sox				
		Head Coach	Shane	Gronnerud	shane.gronnerud@gmail.com	
		Assistant Coach	Mike	Czemerer	m_czemerer@hotmail.com	
		Assistant Coach	Bret	Wolfer	b_adidas_2001@yahoo.com	
		Assistant Coach				
154WS		Team Manager	Shelley	Rowley	Rowleyshelley@yahoo.com	
155	15U AAA	# of Teams	Trevor	Weir	tweir746@gmail.com	15U Director
155AS	15U AAA Regina	SPBL Athletics				
		Head Coach	Troy	Casper	troycasper.tc@gmail.com	
		Assistant Coach				
		Assistant Coach				
155AS		Team Manager				
155WS	15U AAA Regina	SPBL White Sox	Kelly	Sanheim	thesanheims@gmail.com	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
155WS		Team Manager				
155WP	15U AAA Regina	SPBL Wolfpack	James	Irving	irving.james@prairiesouth.ca	
		Head Coach				
		Assistant Coach				
		Assistant Coach				
155WP		Team Manager			karenkohm@gmail.com	

18U	# of Teams		Jesse	Pentz	Jesse.pentz@gmail.com	18U Assistant Director
18U A			Steve	Klippenstein	stevek@captive.ca	18U Director
183AS	18U A Regina	Athletics				
	Pacers	Head Coach	Kory	Achtymichuk	achtymko@gmail.com	(306) 338-8425
		Assistant Coach	Brian	Polischuk	brianpolischuk@yahoo.ca	
		Assistant Coach	Jim	McCormick	jim.mccormick@enbridge.com	
		Team Manager	Cecilia	McCormick	jim.cec@myaccess.ca	
183WS	18U A Regina	White Sox				
		Head Coach	Curt	Roberts		
		Assistant Coach				
		Assistant Coach				
183WS		Team Manager	Crystal	Thom	cthomb@sasktel.net	
183WP	18U A Regina	Wolfpack				
	Buffalos	Head Coach				
		Assistant Coach	Laurie	Schuster Sydor	lschustersydor@sasktel.net	
		Assistant Coach	Michelle	Howe	michelle.howe@sasktel.net	
		Team Manager	Cindy	Voss	cindymv2007@icloud.com	
18U	# of Teams		Jesse	Pentz	Jesse.pentz@gmail.com	18U Assistant Director
18U AA			Steve	Klippenstein	stevek@captive.ca	18U Director
184BF	18U AA Regina	Buffalos				
		Head Coach	Harley	McEwen	therat14@hotmail.ca	
		Team Manager	Tanya	McPeek	mcpeekfam@gmail.com	
184BJ	18U AA Regina	Blue Jays				
		Head Coach	Lyle	Bateman	lyle.cris@sasktel.net	
		Team Manager	Yvette	Sitter	yvettec@sasktel.net	
184PC	18U AA Regina	Pacers				
		Head Coach	John	Aston	j.aston@atob.ca	
		Team Manager	Kim	Marshall	kim.marshall22@gmail.com	
184WS	18U AA Regina	White Sox				
		Head Coach	Jaret	Ruehs	jruehs@sasktel.net	
		Team Manager	Christa	Hembroff	thehembys@sasktel.net	
18U	# of Teams		Jesse	Pentz	Jesse.pentz@gmail.com	18U Assistant Director
18U AAA			Steve	Klippenstein	stevek@captive.ca	18U Director
185AS	18U AAA Regina	Athletics				
		Head Coach	Tanner	Ring	ringtannerjh@gmail.com	
		Team Manager				
185WS	18U AAA Regina	White Sox				
		Head Coach	Rob	Thomson	rbthomson@sasktel.net	
		Team Manager	Cara	Orr	msorragain@live.ca	
185WP	18U AAA Regina	Wolfpack				
		Head Coach	Jay	Vollet	jvollet@sasktel.net	
		Team Manager				