

BMHA

HANDBOOK



2021-2022

Bashaw Minor Hockey 2021/2022

This handbook will assist you in navigating your way through the season whether this is your first time with our association or your 10th time - you will find valuable information here. By paying registration fees you are now a member of Bashaw Minor Hockey.

Welcome!

All dates are subject to change that will be communicated through email from Bashaw Minor Hockey.

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General Hockey Information

- ✂ The information in this handbook is from the BMHA Policies and Bylaws. These are the laws and guidelines that have been set forth by the board through the years to govern this association.
- ✂ These Policies and Bylaws can be found on our website <http://www.bashawminorhockey.com/> under the Information tab.
- ✂ The BMHA is a volunteer run association. Board members, coaches and managers are volunteering their time and do not receive payment from the association.
- ✂ The association welcomes any feedback from its members. Please refer to p.25 for contact information of who to approach regarding any concerns.
- ✂ Board meetings are held throughout the year and any member is welcome to bring forth any issues. Please contact the president if you would like to attend. All members are encouraged to attend the AGM.
- ✂ Feedback has led to providing this handbook as a useful tool for quick information. This year we are trialling digital only version. Any feedback that you have regarding the handbook please contact:

Joni Bjorge – BMHA Board secretary



jonibjorge@gmail.com or 780-878-4593

COVID-19 Hockey Guidelines

COVID-19 has dramatically changed hockey during the last 18 months and this year we are hoping for a return to normalcy.

Alberta Health Services (AHS), the Alberta Government, Hockey Alberta, the Town of Bashaw, the leagues and arenas we visit may adjust guidelines as we proceed throughout the year. Bashaw Minor Hockey will do our best to keep you informed of any changes.

Bashaw Minor Hockey is not opting for the REP (Restrictions Exemption Program)

The arena will have a 1/3 capacity restriction.

Masking required

Social Distancing

- ✂ Remember to assess yourself and your family before every entry into the arena of the following:

COVID-19

Have you travelled outside Canada within the last 14 days?
Or been in close contact with a confirmed or probable case
of COVID-19?

OR

Do you have a fever, or cough, runny nose, sore throat or
shortness of breath?

If yes, STOP.



Help prevent any potential spread of COVID-19
and other illnesses.

Please do not visit today if you are unwell.

As per Hockey Alberta: The Government of Alberta implemented a new masking mandate for the Province of Alberta. Effective 8 am Saturday, September 4, masks are required to be worn in all public spaces and workplaces in the province. For Hockey Alberta sanctioned activities, this mandate means:

- ✗ Face masks **are not** required by any player on the ice or on the players' bench.
- ✗ Face masks **are not** required by coaches or on-ice officials on the ice surface during sport/ physical activity.
- ✗ Face masks **are** required by coaches and team staff while on the bench, and by all penalty/ timekeeping staff.
- ✗ Face masks **are** required by everyone while in a dressing room.

Each player is to complete the team snap health check before every practice/game/training session



For additional information please refer to:

Hockey Alberta's Return to Play Guidelines

<https://www.hockeyalberta.ca/members/return-hockey/>

AHS COVID-19 Guidelines

<https://www.albertahealthservices.ca/topics/Page16944.aspx>

Volunteering

- ✂ Each team needs assistant coaches and a tournament coordinator – if you are able to help out please contact the head coach or manager.

As a member, we need your help to make the season run smoothly. Each family is required to volunteer **all** of the following:

- ✂ 15 hours in the concession (this does not include during your home tournament(s)). You may hire out your hours but please speak to Pam Fankhanel (concession director) for approval. Each position taken within the association (board member, coach or manager) entitles you to a 5 hour reduction of hours. Your \$300 fundraising cheque will not be refunded if your hours are not completed by end of season. To sign up for concession shifts please visit https://docs.google.com/spreadsheets/d/1fJ6phd_wYI9_4PHcN5DCXwpKyZdQZq7tyZXMt98jNyU/edit?usp=sharing
- ✂ During each home game the manager will assign a parent to each of the following:
 1. Sell 50/50 tickets
 2. Run the score clock/music
 3. Record on the game sheet (excludes initiation)
- ✂ Please ask your manager if you have questions about selling 50/50 tickets
- ✂ Team managers can assist you in learning about running the clock and recording on the game sheet. (Refer to Appendix A for example)
- ✂ If unable to fulfill the role, it is the parents' responsibility to organize a trade with another parent
- ✂ Contribute to the home tournament – please refer to p.18 for details
- ✂ Assist with fundraising, please see p. 22 for information

Important Dates

August 20 th	Online Registration open
September 19 th	Practices begin for U15
September 25 th /26 th	Preseason Camp Sessions
September 28 th	Team Practices begin for U9, U11, U13
October 1 st	NAI Preseason Tiers 1-3
October 8 th	NAI Preseason Tiers 4-6
October 26 th	Picture Night
October 29 th	NAI Regular Season Starts Tiers 1-3
November 5 th	NAI Regular Season Starts Tiers 4-6
December 11 th	Hockey Day in Bashaw
February 13 th	NAI Regular Season ends Tier 1-4 U15
February 20 th	NAI Regular Season ends all others
March 6 th	NAI Playoffs end Tier 1-4 U15
March 13 th	NAI Playoffs end for all others
April TBD	Annual General Meeting 7:00pm in Centennial Room

NAI Dates apply to U11, U13 & U15

BMHA Pre-Season

BMHA is offering pre-season training with
Chance Szott of Cross Ice Developments.

Fees for these sessions are included in your registration fees.

Saturday & Sunday September 25 th /26 th	
Team	Ice Times
U 9	10:00am - 11:15am
U 11	11:30am - 12:45pm
U 13	1:00pm - 2:15pm
U 15	2:30pm - 4:00pm

Power Skating

Power skating sessions will also be made available throughout
the season with instruction by Chance Szott.

Dates to follow.

Fees for these sessions are included in your registration fees.



<https://www.crossicedevelopments.com/>

Referee Clinic

- ✕ Bashaw Ref clinic is scheduled for October 16th for all new and returning referees at the Bashaw Arena. Deadline to register is 10 days prior: October 6th
- ✕ Registration is available online through the Hockey Canada website <https://register.hockeycanada.ca>
- ✕ Register for the "HU-Officiating 1/2" Clinic. You must complete the Hockey University Officiating online course prior to registering for an in-class clinic. The course takes approximately three hours to complete.
- ✕ Level I is for 15 years and younger. Must be 12 years old by December 31st to register. The site will indicate that they must be 13 years old to register except in rural sites where exceptions have been made. Bashaw Minor Hockey is allowing those who are 12 years old by December 31st to register.
- ✕ Anyone 19 years and older must complete a criminal record check through www.mybackcheck.com prior to registering as well.
- ✕ First time referees can submit their receipts for an \$80 reimbursement, to Natalie Cutts - BMHA treasurer.

Any questions please contact Carman Meger
 carman1268@gmail.com or 780-781-6749



Goalie Training Sessions

In years past, goalie training sessions have been offered during select practices, however due to the lack of available instructors, this will not be an option this year.

Attempts are being made to have sessions available to our goalies in Camrose with Ian Gordon in connection with their goalie sessions.

Dates to follow:

Contact Travis Lourance if you are interested in attending



tlourance@gmail.com or 780-781-3443



U 5 - 4 Year Old Program

(born in 2017)

Head Coach:

Assistant Coaches:

Manager: n/a

Practices: Tuesday/Thursday 4:30-5:15pm

Games: n/a*

*Option to play games:

Parents may request to have their 4 year old to play games by submitting the underage form (in the appendix of the Intro to Hockey handout) to the head coach. There needs to be a mutual agreement that the player is ready to play games. They will be allowed to participate in games starting December 11th, 2021.

**If a 4 year old begins playing games, they are now a part of the Initiation team. They will be expected to attend all practices and games as a member of the team.

Please note that parents will then be expected to contribute to the home tournament and volunteer for 6 concession hours throughout the remainder of the season. (Refer to BMHA Handbook for details)

*Refer to appendix B, BMHA Intro to Hockey for details

Please use the availability option within Team Snap to indicate whether or not your child is attending practices – this allows for prompt decisions by the manager to determine the numbers of coaches and assistants required for on the ice.

Team: U7

(born in 2015/2016)

Head Coach:

Assistant Coaches:

Manager:

Practices: Tuesday/Thursday 4:30 – 5:15pm

Saturday 9:00am *(until games begin - optional
to be determined by coaches/manager)*

Games: Booked by manager

Home games: Saturday 9:00am – 10:15am

Home Tournament: January 8th – 9th 2022*

**tournament will be in conjunction with the U9 team tournament*

Away Tournament to be booked by the manager,

☒ Refer to appendix B, BMHA Intro to Hockey for details

View Hockey AB Intro to Hockey Guidelines at:

https://www.hockeyalberta.ca/uploads/source/Intro_To_Hockey/Intro_to_Hockey_FINAL_2019-20.pdf

Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game or if it will need to be rescheduled, or if additional help is needed on the ice.

Team: U9

(born in 2013/2014)

Head Coach:

Assistant Coaches: Steve Pierson

Craig Weiler, Dylan Luckwell

Manager: Taryn Sinclair

Practices: Tuesday/Thursday 5:00 – 6:15pm

Games: Start of season dates to be determined by
Head coach and manager

Home games: Saturday 10:30 – 11:45am

Home Tournament: January 8-9th, 2022

Away Tournament: to be booked by the manager

*Refer to appendix B, BMHA Intro to Hockey for details

View Hockey AB Intro to Hockey Guidelines at:

[https://www.hockeyalberta.ca/uploads/source/Intro To Hockey/Intro to Hockey_FINAL_2019-20.pdf](https://www.hockeyalberta.ca/uploads/source/Intro%20To%20Hockey/Intro%20to%20Hockey_FINAL_2019-20.pdf)

Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game or if it will need to be rescheduled.

Team: U11

(born in 2011/2012)

Head Coach:

Assistant Coaches: Layton Northey, Jay Fylyshtan

Manager: Natalie Cutts

Practices: Tuesday/Thursday 6:15 – 7:30pm

Games: Scheduled by NAI (Northern Alberta Interlock) League <http://www.nainterlock.com/>

Home game ice times:

Saturday 12:00pm – 2:00pm

Sunday 10:30am – 12:30pm

Home Tournament: February 4-6th, 2022

Away Tournament: to be booked by the manager

Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game or if it will need to be rescheduled.

Team: U13

(born in 2009/2010)

Head Coach: Tarell Sterner

Assistant Coaches: Trevor Schoff
Josh Towpich

Manager: Taryn Sinclair

Practices: Tuesday/Thursday 7:45 – 9:00pm

Games: Scheduled by NAI (Northern Alberta Interlock) League <http://www.nainterlock.com/>

Home game ice times:

Friday 7:30pm – 9:30pm

Saturday 2:15pm – 4:15pm

Sunday 10:30am – 12:30pm

Home Tournament: January 21-23rd, 2022

Away Tournament: to be booked by the manager

Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game or if it will need to be rescheduled.

Team: U15

(born in 2007/2008)

Head Coach: Carman Meger
Assistant Coach: Dave Lidberg
Manager: Sarah Congdon

Practices: Monday/Wednesday 6:30-8:00pm

Games: Scheduled by NAI (Northern Alberta Interlock) League <http://www.nainterlock.com/>

Home game ice times:

Friday 7:30pm - 10:00pm

Saturday 4:30pm – 7:00pm

Sunday 10:30am – 1:00pm

Home Tournament: November 12-14th, 2021

Away Tournament: to be booked by the manager

Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game/practice or if it will need to be rescheduled.

U18 (Midget)

(born in 2004/2006)

No team this year

Tournament Information

Each team will host a home tournament coordinated by the parents. As a small association, each family is to volunteer.

1. A tournament coordinator needs to be chosen – may form a committee of 2-3 volunteers
2. Roles need to assigned by the tournament coordinator(s). They include: Prize table, work schedule, oranges & water bottles, Heart & Hustle Prizes, Final Game prize, Posters of Team Rosters, Posters for Raffle Table Prizes, Raffle Table Tickets, Game Schedule & Ref Schedule, Float, Hot Dogs & Buns/Juice Box/Snack, Raffle Table Licenses, 50/50 Winners & Players Choice Winners Poster, Sponsor List & Thank You cards, Coach Packages, Programs, Players Choice 50/50, Puck O Drop
3. Shifts to be organized for each game by the coordinator(s)
 - 2 in the concession (along with a paid worker)
 - 2 at Raffle Table
 - 1 selling 50/50 tickets
 - 2 in the time box
4. Each family is required to contribute a \$100 donation to the raffle table. This may include a cash donation from your family/business or a prize(s) valued at \$100 or this donation may be from a local business that wishes to donate a \$100 prize/cash.

Money from the tournament is dispersed as follows:

- ✕ Registration fees from attending teams will pay the ice fees and referees.
- ✕ Proceeds from 50/50 sales* are kept within the team's account to be used for away tournament fees above the allotted fee provided by BMHA or an additional

tournament, (this applies to season game 50/50's as well) or coaches hotel expenses or purchasing of items that will stay with the team from year to year.

*If a tournament runs a Mega 50/50 or Progressive 50/50, those monies then return to the BMHA General account

- ✕ Proceeds from the raffle table are placed into the BMHA general account which are used for seasonal ice fees, referee fees, equipment maintenance and year end gifts for players, coaches and managers.
- ✕ Silent Auction items: monies are split between BMHA and the team building account
- ✕ Carnival type game proceeds, ie Puck-O or Toonie Drop, will be kept within that team's account to be used for year end gifts (BMHA contributes \$40/player for their year end gift) and year end party.
- ✕ BMHA pays for a \$10/player prize for all participants

We thank you for volunteering your time.

As a group of parents working together for each team, we are able to provide a fun experience for the visiting teams and our players.



BMHA Apparel

A link for NorthStar Sports will be sent out through TeamSnap in October for you to order your Bashaw Stars gear. Please refer to the sizing chart online. Attempts will be made to bring in apparel to try on this year.



Items will have the option to be personalized.
All items will have the BMHA Logo included in the pricing.



Game socks will be available to purchase at \$20/pair for those needing replacements.

Please speak to Stacey Pierson: 780-679-5885



Each team is to have 1 or 2 volunteers to keep the jerseys, wash them and bring to each game.

BMHA Team Pictures



On October 26th 2021 Pro Sports Photography will be at the arena to take individual and team pictures. Schedule will be as follows:

Team	Time
U9	4:30pm
U11	5:00pm
U13	5:30pm
U15	6:00pm
Siblings*	6:30pm

* If you are interested in having pictures taken of the siblings please contact Stacey Pierson, 780-679-5885 **before** October 19th to arrange a time slot

Pro Sports Photography is requesting that each team have volunteers to assist with the players on the ice otherwise on-ice pictures will not be allowed. Please contact Stacey if you are able to help out.

Practices will be cancelled for the evening **except** for the U13 team who will take the ice following the last session.

Please have your child present, dressed and ready to go 15 minutes prior to scheduled picture time.

BMHA will provide each player with a memory mate (individual and team picture mounted together) to each player.

All additional prints are available to order located outside the dressing rooms from the photographer on the day of pictures only. Payment required at time of ordering. (Cheque or e-transfers accepted)



Fundraising

BMHA functions financially from a variety of sources

1. Registration fees – the money paid at the beginning of the season will largely cover ice fees for the season – this varies yearly depending on the number of games/tournaments/teams
2. Casino - every 3 years BMHA is selected to volunteer at a Casino. BMHA provides minimum of 30 volunteers to work 4-6 shifts. As per AGLC, money is donated back to the association which has specific guidelines on how it can be used. Typically this will cover one year's ice fees. Our last casino was October 2021
3. Oilers 50/50 – every 2-3 years BMHA *may be* selected to sell 50/50 tickets at an Oilers home game. BMHA provides 50-60 volunteers and will receive a donation from the Oilers Foundation dependent on that night's 50/50 jackpot.
4. Fundraising – BMHA may run a variety of fundraisers throughout the season. There may be raffle tickets to sell, tickets to an event, food products or other items as decided upon by the board.
5. Donations, grants etc.

All monies collected from these sources are put back into the association. Ice fees, referee fees and equipment upgrades are seasonal items that are essential to running the association.


Most recently, BMHA has contributed to: upgrading the concession; installing security cameras; bumper pads for ice surface alteration and smaller nets for the Initiation team.

We understand that everyone leads busy lives but with your volunteer time we can keep the yearly registration fees reduced. It is required that each family participate in fundraising efforts. Some may be deemed mandatory while others are optional. Participation in the optional fundraisers will not count towards the mandatory events.

We appreciate you bringing your child to our association and want to make this a great experience for both the player and the family.

Any questions, please speak to the fundraising director.

Fundraisers for 2021/2022


1.  From assorted chocolate boxes to impressive gift baskets, there's something tasty for every chocolate lover. We will be selling Purdy's Chocolates for the holidays. This fundraiser is optional.

Dates: November 23rd orders due

December 9th delivery

The online link for ordering is:

<https://fundraising.purdys.com/1011597-85890>

2.  **TERESA'S** Delicious home-style meals that are ready in minutes. This fundraiser is optional. Order forms will be distributed to each family.

Dates: November 23rd orders due

December 17th delivery

3. Annual Fundraiser Event (Spring 2022) – Details will be made available. This fundraiser will be mandatory as we need everyone's help to put on a large fundraising event. *If you have any event ideas, please speak to Taryn.*

Taryn Sinclair 403-505-6695 or



fundraising4hockey@hotmail.com



Parents Code of Conduct

At the first practice the coaches will review a code of conduct with the players. The coaches themselves have also reviewed and signed a code of conduct.

For the parents of our players, we would like you to review the following.

- I will do my best to be a good-sport at all times. I will not condone, permit, defend or engage in actions on or off the ice, which are not consistent with good sportsmanship.
- I will ensure my child attends as many practices and games as reasonably possible. I will ensure my child arrives to games and practices in a timely manner, according to what is expected by the coaches and will notify the coach in advance, if my child will be absent.
- I will conduct myself in a respectable manner at all times and represent Bashaw Minor Hockey Association with dignity and class.
- I will respect the facilities, either home or away, in which my child is privileged to play.
- I will reinforce the "Team" concept and respect the feelings and abilities of my child and their teammates.
- I will accept defeat graciously and remember winning isn't everything.
- I will refrain from demonstrations of frustration or anger after a game loss.
- I will show respect for the decisions, judgment and authority of the officials and timekeepers.
- I will refrain from yelling at or threatening referees, opposing players or coaches before, during, or after games or practices.
- I will avoid confusing my child by coaching from the stands.
- I will refrain from expressing my opinion of the coaches or players in front of my own child.
- I will ensure my child's equipment is complete, safe and in good condition.
- I will support my child with positive encouragement.

We want to remind you that both in our arena and while at other arenas, you, your family and your player(s) are a representation of Bashaw Minor Hockey. We ask that you uphold the conditions of your agreement at all times.

Refer to Policy 5. f. page 8



R – REMEMBER THESE ARE KIDS

E – ENJOY THE GAME

S – SPORTSMANSHIP IS A GREAT EXPERIENCE

P – PLEASE BE SUPPORTIVE OF BOTH TEAMS

E – EVERY REF IS HUMAN AND MANY ARE

KIDS THEMSELVES

C – COACHES ARE VOLUNTEERS

T – THIS IS NOT THE NHL

Respect in Sport

The respect in sport program is a one-hour online module for parents/guardians, reinforcing their role in their child's activities, encouraging positive sport behaviors, and providing insight into the various roles other individuals play, such as coaches and officials.

This program is mandatory by Hockey Alberta. It needs to be completed by one parent per family.

Your child will not be allowed on the ice until this has been completed! Please try to get this done ASAP.

The link to complete this is:

<https://hockeyalbertaparent.respectgroupinc.com>

This will need to be updated every 4 years

Coaches also need to complete the coaching version of Respect in Sport before being allowed on the ice as well.



Communication

BMHA will communicate vastly through e-mail correspondence. If you are not receiving e-mails from BMHA or wish to add another e-mail address please contact the Communications Director (Contact info on following page)



We also post to BMHA Facebook Page – you can find this page at www.facebook.com/BashawMinorHockeyAssociation

To communicate with a specific director or board member please refer to the contact information on page 28.

Your team will communicate through the app, Team Snap. (A free app available on Apple and Android) Please add it to your devices. Also, you may view Team Snap on the internet at www.teamsnap.com. You can add your player's a picture, jersey # and family members to your players profile. *Be mindful that what you post to a group message are viewed by all the family members.*



*Please use the availability option within Team Snap to indicate whether or not your child is attending a game/practice – this allows for prompt decisions by the manager if there are enough players for a game or if it will need to be rescheduled. Also **new** this year, please complete the Health Check before every practice and game.*

24 Hour Rule – We ask that you adhere to the 24 hour cooling off period before discussing any grievance or concern.

Annual General Meeting

This year's Annual General Meeting will be held in April on a date to be determined in the Centennial Room of the arena at 7:00pm.

We encourage you to come out and participate in decisions that are being made within the association. You, as a member are able to vote, share your ideas/opinions and provide feedback to the board about yours and your child's experiences throughout the season.



Contact Information

Many questions and concerns can be directed to your team manager and head coach. However, we understand that sometimes contacting a board member may be more appropriate. Please see below for specific directors positions and their contact information.

Jack Dawbin	President	jkdawbin@yahoo.ca	780-679-8983
Travis Lourance	Vice-President	tlourance@gmail.com	780-781-3443
Joni Bjorge	Secretary	jonibjorge@gmail.com	780-878-4593
Natalie Cutts	Treasurer	natalie.cutts2012@gmail.com	519-217-2481
April Swainson	Co-Treasurer	ajswainz@live.ca	780-781-9935
Amber-Rae Tansowny	Registrar	atansowny85@gmail.com	780-679-7345
Directors			
Carman Meger	Referee	carman1268@gmail.com	780-781-6749
Pam Fankhanel	Concession	fankhanelp@gmail.com	780-678-4448
Kyle Dyberg	Discipline	kbdyberg@gmail.com	780-312-9020
Travis Lourance	Coaching	tlourance@gmail.com	780-781-3443
Taryn Sinclair	Fundraising	fundraising4hockey@hotmail.com	403-505-6695
Carman Meger	BARB	carman1268@gmail.com	780-781-6749
Sarah Congdon	NAI (Northern AB Interlock League)	taggs.2l@gmail.com	780-781-5741
Taryn Sinclair	West Country League	fundraising4hockey@hotmail.com	403-505-6695
Cristy Lidberg	Communications	daveandcristy@hotmail.com	780-608-8470
Stacey Pierson	Apparel and Photography	staceypierson@yahoo.ca	780-679-5885
Stephen Holt	Player Movement	scholt@rogers.com	403-783-9949
Paula Rivard	Director At Large	paularivard71@gmail.com	780-267-4518
Lesley Heisler	Director At Large	lesheisler@shaw.ca	780-907-4083

Have a great season!

Appendix A – NAI Game Sheet Example

[illegible]



Appendix B

Bashaw Stars Intro to Hockey

Hockey Canada made it mandatory that all games are played on cross ice/half ice starting in the 2016-17 season for the U7 (Initiation) age category (ages 5 and 6) participants and in the 2019-20 season for U9 (Novice) age category (ages 7 and 8) participants. These policy changes were designed to address ongoing challenges to player development, including: over-competing and under-training; fundamental movement skills and sport skills not being taught properly; preparation geared to short-term outcomes; a competition system that interferes with athlete development; early specialization is demanded. Minor Hockey Associations not operating according to these standards will be considered in violation of the Hockey Canada policy.

The goals and objectives of Intro to Hockey programming are to:

1. Teach the basic skills of hockey so players can enjoy the game.
2. Assist in the development and enhancement of physical literacy and basic motor patterns.
3. Deliver a program that is age appropriate for the size, skill and age of the players.
4. Encourage the aspects of fitness, fair play and co-operation while having fun playing the game.

Please refer to Hockey Alberta's Introduction to Hockey Model:
https://www.hockeyalberta.ca/uploads/source/Intro_To_Hockey/Intro_to_Hockey_FINAL_2019-20.pdf

BMHA Philosophy: Introduce hockey to our youngest players in a fun and safe environment through passionate leadership and innovative skill development.

BMHA Objective: To coordinate with Hockey Alberta to introduce hockey to the players in our association

A. Program Guidelines:

Ages: U5 (4 Year old players): being 4 years old before December 31st

U7 Players: aged 5 or 6 before December 31st of the current season

U9 Players aged 7 or 8 before December 31st of the current season

Overage: parents are to approach the head coach, manager or registrar. The request will then be decided upon by the BMHA Board. Refer to BMHA Policies for the overage process and Hockey Alberta Guidelines.

Fees:	U5	players born 2017	\$225
	U7	players born 2015-2016	\$425
	U9	players born 2013-2014	\$450

U5 (4 Year Olds)

- Will be on the ice during the Initiation Practices learning basic skating and hockey skills: Tuesdays @ 4:30pm – 5:15pm and Thursdays @ 4:30pm – 5:15pm
- They will participate in practices only
- Families with a *4 year old only* will not be expected to work any concession hours
- Fundraising for BMHA will still be required (this includes raffles, events, casino and Oilers 50/50)
- 5 and 6 year olds may overage into the 4 Year old program – must meet Hockey AB guidelines for over-aging and BMHA Board approval
(*This allow applies to Novice players wishing to overage into Initiation*)

Volunteer Requirements:

As a small association we rely on our amazing parents to make hockey available to the children. If you are interested in managing or coaching, please speak with a BMHA board member.

Every family will be responsible to volunteer for fundraising throughout the season. This may include working at a Casino, selling Oilers 50/50 tickets, comedy night or any other opportunities as deemed by the board.

Volunteer Concession Hours: Each family is responsible to work 15 concession hours each season. A reduction of 5 hours will be offered to those who volunteer to manage or coach or board members.

Team Structure:

The number of registered players will vary yearly.

If there are 16 players or less, they will function as one team.

If there is 17+ players the BMHA Board will determine how the team is divided.

Division may include pods or teams or to continue as one large team.

B. Practice Guidelines

Hockey Alberta recommends 2:1 practice to game ratio. (Practices will start once ice is installed, typically the first week of October)

U7

Tuesdays 4:30pm – 5:15pm

Thursdays 4:30pm – 5:15pm

Any Saturday practices requested by the head coach in lieu of a game will be **optional** attendance. We understand that for some players, twice a week is more than enough ice time for them.

U9

Tuesdays 5:15pm – 6:15pm

Thursdays 5:15pm – 6:15pm

The full ice surface will be used for practice with 3-5 stations set up. The focus will be on technical skill development by utilizing circuits and continuous drills. When splitting up players for station work in practices, they will be separated based on skill so all players can be

challenged by enabling coaches to progress and regress drills as needed based on the skill set of each station group.

C. Game Guidelines *Dates below are from previous years and will vary this season due to COVID restrictions. Timeline will be updated as it becomes available.

	U7	U9
Games	-Games will be booked by team manager between November 1 st and February 29 th -*2 exhibition games may be scheduled in October	-Games will be booked by the West Country League between November 1 st and February 29 th -*2 exhibition games may be scheduled in October -Playoffs to be determined
Ice Orientation	Ice will be shortened using foam dividers utilizing center ice. Maximum ice surface is 100' x 85' (maximum 8,500 sq./ft)	
Game Format	4 vs. 4 plus goalie (no equipment other than goalie stick)	4 vs. 4 plus goalie (full goalie equipment)
Game Length	Two 24-27 minute halves (60 minutes total)	
Game Warmup	3 minutes	
Nets	36" x 54" x 20"	Regulation (4' x 6')
Puck	Lightweight blue puck (4 oz.)	Regulation black puck
Score Kept	None No game sheet	None Game sheet is required
Standings/Statistics	No stats will be tracked	
Benches	Bashaw will use the Home Team bench and the opposing team will use the visitors	
Positional Play	No position specialization, no full-time goalies – every player takes a turn	No position specialization, every player who has interest will have the opportunity to play goalie
Face-Offs	Start of game and second half only	
Off-Side & Icing calls	None	
Puck Out of Play	Drop new puck to non-offending team	
Goalie Freezes Puck	Offending team backs off and goalie gives puck to a teammate to resume play	

Goal is Scored	Scoring team backs off and goalie pulls puck out of his net and gives to teammate to resume play	
Shift Length	3 mins (Buzzer is set to 3 min intervals, on buzzer players leave puck, go to bench and new players enter the ice and continue to play)	1.5 mins (Buzzer is set to 1.5 min intervals, on buzzer players leave puck, go to bench and new players enter the ice and continue to play)
Officials	Not Required, coaches are to be on ice to control play	1 or 2 per game – both are acceptable
Penalties	None	Referee puts arm up to signal penalty, if offending team has the puck it is a change of possession as indicated by the referee. At buzzer at the end of the shift the referee tells the coach what the penalty was and who got it. Offending player misses next shift, team still plays full strength.

*Dates below are from previous years and will vary this season due to COVID restrictions. Timeline will be updated as it becomes available.

Home Ice Time: U7: Saturdays @ 9:00am

U9: Saturdays @ 10:45am

-Games begin **November 1st** (exhibition games, max. 2, may begin the **2nd weekend of October**)

-This ice time may be used for practices/scrimmages but will be optional for Initiation

- Parent volunteers are required for Time box & 50/50 sales

- Team Manager will create a work schedule and notify parents of required shifts. If unable to fulfill role, it is the parents' responsibility to organize a trade with another parent

A. Home Tournament:

U7 and U9: Jan 8-9th, 2022

- This tournament will be a *one or two day* tournament. This is to be decided upon by the team led by the tournament coordinator/committee. *New this year – the U7 and U9 teams will combine for one tournament

-The structure of the tournament will be set up by a volunteer tournament coordinator/committee, along with *all* the parents. (i.e. 6 teams each playing 3 games, no playoff games)

Parents will be required to help organize the tournament and work shifts during the tournament. (concession*, raffle table, 50/50 sales, time box)

Each family will be responsible to contribute a \$100 donation towards the tournament. This can be a personal donation or sourced from a business.

**These concession shifts do not count towards the 15 volunteer hours required for BMHA.*

E. Under-aging 4 Year olds into the Initiation program

If parents feel that their child is ready to play games by December 12th, they may complete the Underage Application Form (appendix A of the Intro to Hockey Program) by December 1st and submit to the head coach. This will be reviewed by the coaching staff and they will then determine if the player is ready to participate with the team in practices and games. If the underage request is granted the player may begin playing games on December 11th (Hockey Day in Bashaw). The coaching staff reserve the right to deny the application.

If a 4 year old begins playing games, they will participate as an Initiation team member for the remainder of the season including all games and practices as able.

As for parents, this will include:

- Contributing to the home tournament both financially and volunteering of time (see tournament information in the handbook on page 15)
- Six (6) concession hours will be required to be completed by the end of the season (*this applies to the families of just a 4 year old*)