

2022 Youth Provincials Rule Modifications

I. Rule Modifications

The 2022 Youth Provincial Championships shall use current FIBA rules, with the following modifications and points of emphasis:

1. Game Formats.

- a. Games in the 11U Divisions shall be:
 - i. played with a four (4)-on-four (4) format
 - ii. the use of screens, on-ball as well as off-ball, will not be permitted at the 11U level of play.
 - iii. defensive 3 second rule will be in effect – this will be a point of emphasis to encourage proper person-to-person defensive positioning and to prevent players from sagging on defense and/or being placed in a sagging position.
 - Spirit of the Rule – coaches and teams will be asked to honor the spirit of the defensive 3 second rule and any indication of deliberate or clearly demonstrated violations of this rule will not be tolerated.
- b. Games in the 13U Divisions shall be:
 - i. the use of ball screens will be permitted for Divisions A & B only
 - ii. the use of ball screens will not be permitted for Divisions C and lower
- c. Games in the 9U/Tykes and 18U Girls Division may be:
 - i. Played with FIBA 3X3 Rules format
 - ii. Modified for the 9U/Tykes age group - such as hoop height, and court dimensions.

2. Game Ball.

The official game ball for the 2022 Youth Provincial Championships is Molten.

The following basketball size will be used in each age category:

- a. 11U Boys and Girls - Size 5
- b. 13U Boys and Girls - Size 6
- c. 15U and 18U Girls - Size 6
- d. 15U and 18U Boys - Size 7

3. Timing of games.

- a. 11U Divisions shall consist of four 7-minute stop time quarters. The pre-game warm-up will be 5 minutes long and will begin as per scheduled start time. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
- b. 13U Divisions shall consist of four 8-minute stop time quarters. The pre-game warm-up will be 5 minutes long and will begin as per scheduled start time. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
- c. 15U and 18U divisions shall consist of four 9-minute stop time quarters. The pre-game warm-up will be 5 minutes long and will begin as per scheduled start time. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
- d. Games in all divisions will have a one (1) minute break between quarters and a three (3) minute break at half-time.
- e. If in the event of a game running over its allotted scheduled time, breaks between quarters and halves may be shortened to assist with keeping with the tournament schedule.
- f. If overtime is necessary: Please see Section II for full details.

4. Timeouts.

- a. Coaches MUST call all timeouts through the scorer's table.
- b. Each team shall have one (1) timeout in the first half and two (2) timeouts in the second half. One (1) timeout will be allowed per overtime period. Unused timeouts WILL NOT carry forward to the next period of play.

5. Defense.

- a. In the 11U division:
 - i. MUST play person-to-person defense, proper help side technique is permitted on-ball
 - ii. No full court pressure of any kind will be permitted

- iii. No double teams and no trapping will be permitted
 - iv. No zone pressure of any kind will be permitted
 - b. In the 13U division:
 - i. MUST play person-to-person defense, proper help side technique is permitted on-ball – switching on screens will be permitted
 - ii. Double-teaming will be permitted once the defensive player(s) have established an initial person-to person defensive position.
 - iii. Full court person-to-person will be permitted
 - iv. No zone pressure of any kind will be permitted
 - c. In the 15U divisions:
 - i. May play person-to-person defense, proper help side technique is permitted on-ball
 - ii. Full court person-to-person pressure will be permitted
 - iii. Double-teaming will be permitted once the defensive player(s) have established an initial person-to person defensive position.
 - iv. Zone pressure will be permitted in A and B divisions only
 - Defensive players will be permitted to apply a full court zone defense, once the offensive team crosses half court with the ball, the defensive team must return to playing a person-to-person defense.
 - d. In the 18U division:
 - i. teams can play a full court zone press or a full court person-to-person press
 - ii. teams may play full court or half court zone defense.
 - iii. Please note: 18U Girls division may be played as 3X3 format
 - e. Once a team has a lead of 20 points or more, they may not use full court pressure. On-court officials will issue a warning to the offending team for the first violation and a technical foul for repeat violations.
 - f. Double teaming is permitted in the 13U, 15U and 18U divisions only. Only the person in possession of the ball may be double teamed.
 - i. 13U ONLY - Double teams will be permitted once the defensive player(s) have established an initial person-to-person defensive position
 - g. Official's discretion will be given to adhere to these infractions should they be viewed as non compliant with the spirit of the rule or clear and deliberate violation.
- 6. Defensive Definitions
 - a. Zone: A defensive strategy in which a defensive player's primary responsibility is for an area of the floor rather than for a specific opponent.
 - b. Person-to-person: A defensive style in which each defensive player is responsible for guarding a particular offensive player.
 - c. Help Side/Weak Side: A defensive tactic where a player is in position to "help" a defensive teammate. This may require the help side defender to leave the person they are guarding. This is not considered zone defense.
 - d. Double Team: A defensive tactic in which two defenders temporarily guard the ball carrier.
 - e. Full Court: A defensive tactic where the defensive team pressures the offensive team in the offensive team's backcourt.
- 7. Three (3) Point Line:
 - a. The three (3) point line will be used at the 13U, 15U and 18U levels. At the scheduled gym location, 13U divisions will use the closest marked three (3) point line. 15U and 18U divisions will use the 6.75m three (3) pt line if available. At the Saville Centre, this is the black line on the court.
- 8. Free throws:
 - a. In the 11U divisions, free throws may be taken from 12 feet (i.e. Three feet closer than the marked free throw line. In the 13U divisions, free throws may be taken from 13 feet (i.e. Two feet closer than

the marked free throw line). Where possible, tape will be placed down on the court to indicate this line.

II. Games Tied at the End of Regulation Time

If the score is tied at the end of playing time for the fourth period the game shall continue until the tie is broken by the first team to score four (4) points or three (3) minutes stop time, whichever one comes first.

- a. Each team will continue to shoot at the same basket as the second half. The overtime period will begin immediately by a jump ball at center court. Each team will be allowed a one (1) minute time-out for the overtime period. Players who were fouled out or ejected during regulation time will not be allowed to participate in the overtime period.
- b. If this period ends with no team scoring 4 points the leading team will be declared the winner.
- c. If the score remains tied at the end of the first overtime period; the game will move to a next point wins format. All fouls and ejections will be carried forward from previous periods of play. Play will start with a jump ball. The winner is determined by the first team to score a point (including a free throw).

III. Roster Changes/Player Additions after the Roster Deadline

A team may be declared to have up to 15 players to its roster; rosters must coincide with registered rosters as per league of play (pending league availability). Players may be listed on and participate for only one roster for the duration of the 2022 Youth Provincials.

For the 18U Divisions (Age Eligibility: 2004, 2005, 2006). All rosters and players must be previously registered with their league of play (pending league availability) to represent their team. A team from the 9U/Tykes or 18U girls' 3X3 Showcase divisions may be declared to have up to 6 players to its roster; rosters must coincide with registered rosters as per league of play (pending league availability). Any 3X3 divisions may be subject to open declaration as not all regions, zones or leagues may be fielding 3X3 programming at this time. Players may be listed on and participate for only one roster for the duration of the 2022 Youth Provincials.

A team may request to add a maximum of three players to its roster if they have declared a team made up of eight or fewer players. These players can be added to take a team roster up to a maximum of ten players. Therefore, a team that has declared eight players can add two, and a team that has declared seven or less can add three or more. If teams are declaring from the CMBA/EYBA leagues the players must be approved through your league coordinator. If teams are declaring from outside of the CMBA/EYBA leagues, please send your request to Alberta Basketball. Rosters will be verified and confirmed with the appropriate league in which you played your season.

Players being added must be from either: 1) a younger age category; or 2) a lower division level within the same age category (i.e., An 'A' team could add any 'B' player, while a 'B2' team could add any player from B3 or lower.)

Players being added must reside in the same community or amalgamated communities as the team which has declared for provincials.

A team must submit all roster additions to Alberta Basketball. Requests must clearly demonstrate why the team needs additional players. All requests must be received in writing via e-mail by Tuesday, March 8, 2022 at 12pm.

IV. Player Usage

Alberta Basketball believes in the development of all athletes and strongly encourages coaches to provide fair playing time for all players. The Long-Term Athlete Development model is the basis for our instruction, and it is important for all athletes to be exposed to on court learning opportunities in an encouraging yet challenging environment. Each team will be responsible for managing playing time for their players. Challenges to playing time from opposing teams will not be entertained.

V. Forfeits

Teams will be given 10 minutes from their scheduled start time to have registered players ready to play. If a team does not have five registered players (four for 11U divisions, three for 9U/Tykes and 18U Girls) within those 10 minutes, they will forfeit the game.

Any team that forfeits a game may not be allowed to continue playing in the tournament. Forfeiture and all other division schedule impact and modifications will be determined at the discretion of the Tournament Committee.

VI. Protests

As per ASAA and Alberta Basketball rules, there are no game protests. The Tournament Committee will be available to rule on eligibility and discipline issues as they arise.

Appeals on referee decisions will not be entertained.

Rulings on situations not addressed within this package will be made at the discretion of the Tournament Committee.

VII. Enforcement

Game officials will be made aware of these rule modifications as well as all general tournament rules. Game officials and tournament officials will be monitoring and will be enforcing these rules during the tournament at each age group and level of play. Please be aware that the following penalties may be enforced for any violations of these rule modifications and/or other general tournament rules:

First violation - will receive a verbal warning

Second violation - technical foul may be assigned to the player or coach

Third violation - a 2nd technical foul may be assigned to the player or coach.

Any player or coach who receives a two-technical disqualification or is ejected from any game may be suspended for the remaining duration of tournament play at the discretion of the tournament committee.

All participating teams are expected to comply with the Spirit of the Rules.

VIII. Technical Committee Representatives

Alberta Basketball Association (ABA) - Jef Bailey

Calgary Minor Basketball Association (CMBA) - Mike Shaw

Edmonton Youth Basketball Association (EYBA) - Jay Ouellette

VIII. Organizing Committee Representatives

Alberta Basketball Association (ABA) - Paul Sir
Alberta Basketball Association (ABA) - Jef Bailey
Alberta Basketball Association (ABA) - Natalie Hoy
Alberta Basketball Association (ABA) - Reagan Wood
Alberta Basketball Association (ABA) - Dione Lang
Alberta Basketball Association (ABA) - Steve Sir
Calgary Minor Basketball Association (CMBA) - Mike Shaw
Edmonton Youth Basketball Association (EYBA) - Jay Ouellette
Edmonton Basketball Officials Association (EBOA) - Noel Metrunc

X. Contact Info.

Questions about the tournament can be directed to:
Alberta Basketball
780-427-9044
info@basketballalberta.ca