

## Emergency Action Plan Checklist

***Access to telephones***



- Cell phone, battery well charged
- Training venues
- Home venues
- Away venues
- List of emergency phone numbers (home competitions)
- List of emergency numbers (away competitions)

***Directions to access the site***

- Accurate directions to the site (practice)
- Accurate directions to the site (home competitions)
- Accurate directions to the site (away competitions)

***Athlete information***

- Personal profile forms
- Emergency contacts
- Medical profiles

***Personnel information***

- The person in charge is identified
- The call person is identified
- Assistants (charge and call persons) are identified

- The medical profile of each athlete should be up-to-date and be in the first-aid kit.
- A first-aid kit must be accessible at all times and must be checked regularly.