



Penetration Principles 2025-2026

5 OUT SPACING

WING/SWING PENETRATION

General rule = any drive from a wing/swing cues a corner cut

Baseline Attack

	<ul style="list-style-type: none"> 1 will attack to score 2 will hold space 3 will corner cut 4 will find a passing window (not 3 in a row) 5 will fill behind the ball
--	--

Middle Attack

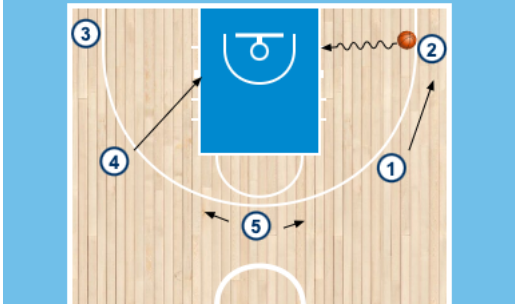
	<ul style="list-style-type: none"> 1 will attack to score 3 will corner cut 4 will space away 5 will space away 2 will fill behind
--	---

CORNER PENETRATION

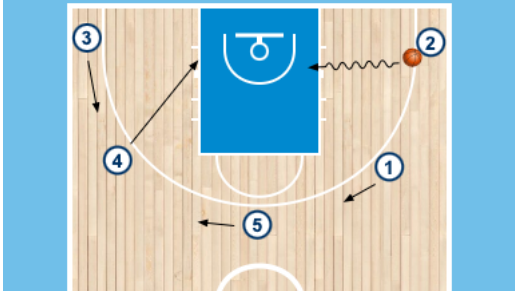
General rule = any drive from the corner cues a wing/45 cut

Baseline Attack

Penetration Principles 2025-2026

	<p>2 will attack to score 1 will fill behind 4 will wing cut 3 finds a passing window (not three in a row) 5 finds a passing window (not three in a row)</p>
---	--

Middle Attack

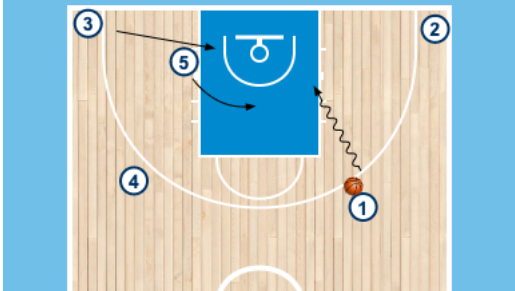
	<p>2 will attack to score 1 will push away/stretch spacing 4 will wing cut 3 finds passing window (not three in a row) 5 will push away</p>
--	---

4 AROUND 1 SPACING

WING/SWING PENETRATION

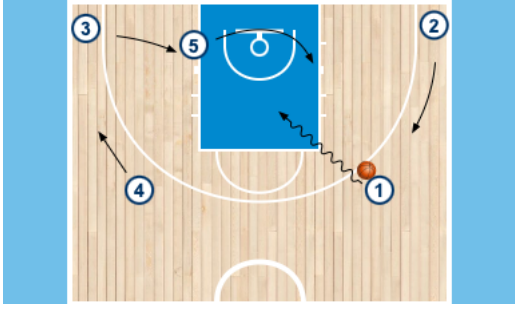
General rule = any drive from a wing/swing cues a corner cut

Baseline Attack – Post Weak Side

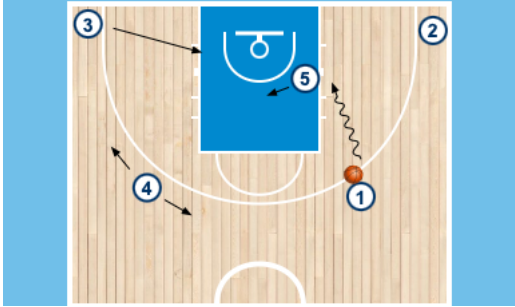
	<p>1 will attack to score 2 will hold space 5 will circle cut 3 will corner cut 4 will find a passing window (not 3 in a row)</p>
---	---

Penetration Principles 2025-2026

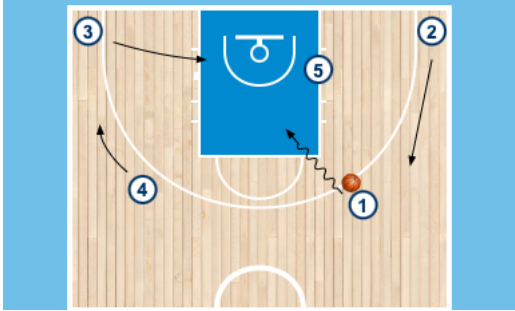
Middle Attack – Post Weak Side

	<ul style="list-style-type: none"> 1 will attack to score 5 will circle under to opposite block 3 will corner cut 2 will find a passing window (may fill behind) 4 will space away
---	---

Baseline Attack – Post Strong Side

	<ul style="list-style-type: none"> 1 will attack to score 2 will hold space 5 seal the help 3 will corner cut 4 finds a passing window (not three in a row)
--	--

Middle Attack – Post Strong Side

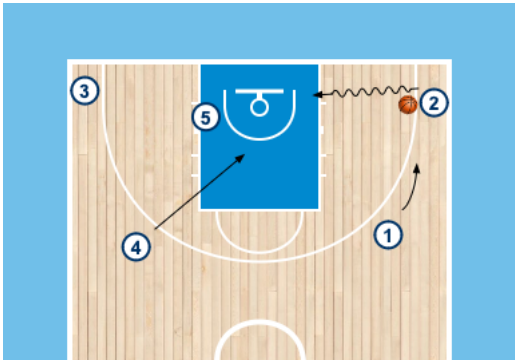
	<ul style="list-style-type: none"> 1 will attack to score 5 will hold space/seal 3 will corner cut 4 will space away 2 will find a passing window (may fill behind)
---	--

CORNER PENETRATION

General rule = any drive from the corner cues a wing/45 cut

Baseline Attack – Post Weak Side

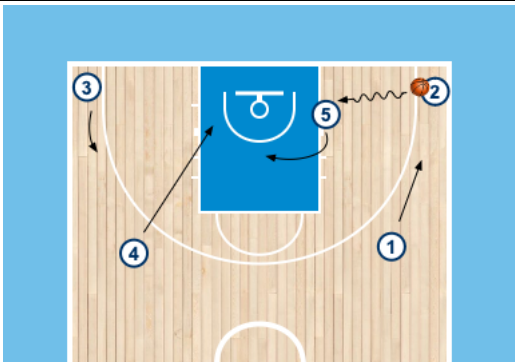
Penetration Principles 2025-2026

	<p>2 will attack to score 1 will fill behind 5 will hold space/seal the drop defender 4 will wing cut 3 finds a passing window (not three in a row)</p>
---	---

Middle Attack – Post Weak Side

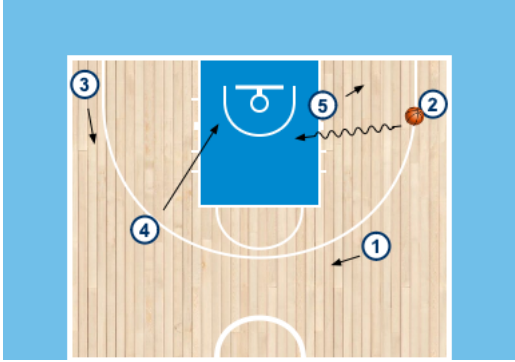
	<p>2 will attack to score 1 will push away/stretch spacing 5 will circle under 4 will wing cut 3 finds passing window (not three in a row)</p>
--	--

Baseline Attack – Post Strong Side

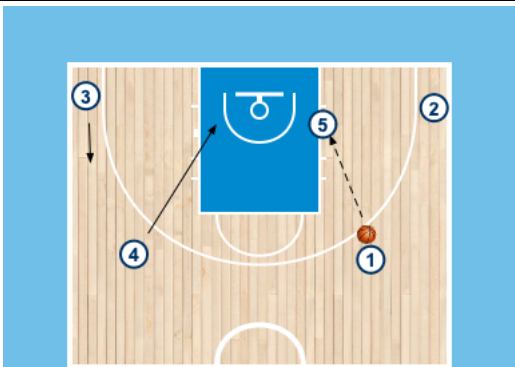
	<p>2 will attack to score 1 will fill behind 5 will circle cut top of smile 4 will wing cut 3 finds a passing window (not three in a row)</p>
---	---

Middle Attack – Post Strong Side

Penetration Principles 2025-2026

	<p>2 will attack to score 5 will space away (take post away) 1 will push away/stretch spacing 4 will wing cut 3 finds a passing window (not three in a row)</p>
---	---

POST CATCH

	<p>On 5's catch 4 will wing cut 3 will lift and find s passing window 1 & 2 will hold space and find a passing window</p>
---	--