

# **Coaches Handbook**

2023-24 Season

#### Welcome Coaches!

Basketball New Brunswick is the non-profit organization dedicated to the growth and development of basketball in the province. It's our vision that all participants have a pathway to strive for excellence and participate for life through playing, coaching, volunteering or administrating.

This handbook is meant to be a one-stop shop for all the information required to coach a rep basketball team in New Brunswick. From rules to policies to important dates and coaching resources, we have included everything we think can help you have a successful season.

The two main goals of every great youth coach should be to make sure players love the game and that they have the skills and understanding to play at the next level. We call on all of our coaches to operate according to Basketball New Brunswick's values:

### Integrity

- Demonstrate an ethical standard in all actions and abide by the spirit of the rules.

### Respect

- All players, coaches, officials, administrators and spectators must honor and respect each other as well as the game.

### Education

- To become NCCP certified at the appropriate levels, and then continually strive to learn to be better coaches, leaders and teachers.

#### Communication

- To deal with all of your players, parents, officials and opponents in an open and transparent manner.

## Inclusion

- Accept all participants regardless of ethnicity, race, gender, age, class, sexual orientation, religion and ability

We hope you have a great season. Should you encounter any issues or questions along the way, the simplest way to reach us is to send an email to <u>info@basketball.nb.ca</u> and we will be more than happy to help,

Thanks,

**Basketball New Brunswick** 

## We are requiring all Rep Team Coaches to register with BNB - Please <u>Click Here</u> to register

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## **Rules of the Game**

#### <u>Resources</u>

- Rules Section of BNB Website Click Here
- Fiba Rules of Basketball Click Here
- BNB Tie Breaking Procedures Click Here
- BNB Disqualifying Foul Policy Click Here
- Shot Clock Operating Procedures Click Here

## Basketball New Brunswick U13 & U14 RULES OF PLAY

All BNB games will be played according to FIBA Rules, with the following modifications:

- 1. The ball will be size 6 for both boys and girls.
- 2. A backcourt violation will be 10 seconds in length.
- 3. A 30 second shot clock is in effect.
- 4. Teams must play half-court defense if they lead by 20 points or more.
- 5. Quarters will be 8 minutes in length.
- 6. Fair Play Participation rules will apply. Each player on the roster, provided they are not fouled out, ejected, or injured, must play at least 8 minutes of game time.
- 7. Fair Play is administered on the honour system during the game itself and not officially tracked by officials or minor officials.
- Teams found to be repeatedly violating the spirit of the rules will be subject to discipline from BNB following our FairPlay Rules and Guidelines Procedure (<u>Click Here to for the</u> <u>FairPLay Rules</u>)
- 9. The overtime period will be 5 minutes in length, Time-outs do not carry over to the overtime period, but each team will be granted 1 time-out per overtime period. Each overtime period begins in the direction of the possession arrow.
- 10. Teams may play any type of full court defense (unless up by 20 or more points).
- 11. Teams may not play any type of zone defense in the half court (once the ball has crossed half). Active double teaming is allowed.

## **Rules of the Game**

## RULES OF U11 BASKETBALL

In New Brunswick, U11 basketball will follow BNB-modified FIBA rules, with these exceptions:

- 1. Games shall be played in 4-on-4 format.
- 2. The basketball rim is 8 1/2 ft. (2.61m) from the floor.
- 3. The foul line is 13 ft. (4m) from the backboard.
- 4. The mini basketball (.6 .73m in circumference) is used.
- 5. Games consist of 10 segments, each of which is 3 minutes long. Segments 1 through 5 constitute the first half of the game, while segments 6 through 10 constitute the second half. Stop time is played.
- 6. Teams are recommended to carry a minimum of 10 players on their rosters, and must play all players in attendance in each game, except for reasons of illness, injury or discipline.
- 7. Penalty situation begins on a team's 8th foul of the half.
- 8. There is an interval of 5 minutes between the 5th and 6th segments (halftime) and an interval of 30 seconds between all other regulation segments.
- Overtime periods shall be a duration of 3 minutes (stop time). There will be a 2-minute interval before the first overtime period and a 1-minute interval before all other overtime periods. 1
- 10. The game begins with a jump ball. The next held ball situation will be awarded at the nearest point to the team that did not gain possession from the jump ball. For the remainder of the game, held ball situations will continue to be awarded alternately out of bounds. A "center check" may be held at the beginning of each segment.
- 11. No player may participate in more than two (2) segments more than his/her teammates in the same game.
- 12. When a player enters a game segment, that player receives a "floor time check mark".
- 13. Players may ONLY be removed (subbed out) of a segment for reasons such as illness, injury, discipline or foul trouble. A player who has been removed from a segment may re-enter the SAME segment. This player will be considered to have participated in ONE segment, and will receive no additional "floor time check mark" for the re-entry. The player who was subbed into the game will also receive a floor time check mark. There are no playing time or substitution restrictions during overtime periods.
- 14. All players, except those fouled out or disqualified, are eligible to play in overtime periods. Rule # 11 does not apply in the overtime period(s).
- 15. There is NO three point field goal.
- 16. Screening of any kind is NOT permitted (including ball screens, area screens, and dribble weaves/handoffs).
- 17. Double-teaming an offensive player is NOT permitted, both while inbounding the ball and while the ball is in play, with the exception of inside the "Doubling Area". This area is considered to be inside the key and extended diagonally from the elbow to the corners of the baseline.

- 18. Zone defenses of any kind are NOT permitted (including "in the key", half-court, and full-court zone presses). In the half-court, this is an "in the key" call, intended to prevent a player (or players) from "plugging up the key", and guarding the basket rather than a player. When playing help side defense (on the weak side of the court) a player may have one foot on the basket-line, but must be adjusting their position in accordance with their offensive player. (Example: If the ball is on the wing and a player's check moves to the opposite baseline corner, the defensive player may continue to stay on help side with one foot on the basket-line. If the weak side offensive player moves to the top of the key, the defensive player would then adjust accordingly and the helpline would no longer be considered the basket-line.)
- 19. Proximity Rule A defender must be within one (1) meter of the ball handler once the ball is below the top of the semi-circle extended (top of 3pt line).
- 20. When a team has established a 20 point lead, no full court defense is permitted. Once the trailing team has clear possession of the ball, the other team must retreat to center court to play defense. NOTE: Violations of Rules 16, 17, 18, 19 and 20 will be called at the DISCRETION OF THE OFFICIALS, who will consider the intent involved when making the call. A warning will be issued for a team's first violation in the game. All subsequent violations will be treated as follows: Offensive Violation (i.e., screening): An offensive violation of these rules (i.e., screening) will result in a turnover and the possession will be given to the defending team. Defensive Violation (i.e., double teaming/zone/pressing when up 20+): If the possession of the ball changes due to a defensive violation (i.e., double teaming/zone/pressing when up 20) the play will be called and the ball will be returned to the offensive team. Teams who are frequently and deliberately in violation of these rules will be penalized by awarding a technical foul to the coach.
- 21. The 30 second rule will be in effect during the last shift of the game and all overtime periods. The table officials will be responsible for the 30 second rule time count.
- 22. A team shall have 10 seconds to move the ball to the front court.
- 23. It is recommended that a team shall play no more than 18 games in a single season. Game play begins on November 1st and ends at the conclusion of BNB age class provincial tournaments. Non-guaranteed tournament games do not count against a team's game limit (i.e., cross-overs, finals, etc.). NOTE: Teams will be monitored throughout the season via game reporting and communication with associations. Teams are expected to respect and adhere to the spirit of fair, ethical play. Any actions or behavior deemed unfair or unethical will be reviewed by BNB and may be subject to disciplinary actions, which could include fines imposed on the team or association.

#### <u>Resources</u>

- BNB Constitution Click Here
- BNB Policies and Procedures Click Here
- BNB Safe Sport Policies Click Here
- BNB Code of Conduct <u>Click Here</u>
- Coaches Contract Click Here
- Spectator / Parent Code of Conduct Click Here
- Event Discipline Procedure Click Here
- Discipline and Complaints Policy Click Here

Please also refer and follow your own association/club Code of Conduct forms for more information. If you have not been given one by your association it's recommended that you ask them for all of their policies.

### **Responsibility**

7. Individuals have a responsibility to:

a) Maintain and enhance the dignity and self-esteem of BNB Members and other Individuals by:

i. Treating each other with the highest standards of respect and integrity;

ii. Focusing comments or criticism appropriately and avoiding public criticism of athletes, coaches, officials, organizers, volunteers, employees and members.

iii. Consistently demonstrating the spirit of sportsmanship, sports leadership and ethical conduct.

iv. Acting, when appropriate, to prevent or correct practices that are unjustly discriminatory.

v. Consistently treating individuals fairly and reasonably.

vi. Ensuring that the rules of the sport, and the spirit of such rules, are adhered to.

b) Refrain from any behaviour that constitutes Harassment, Workplace Harassment, Sexual Harassment, Workplace Violence, Abuse, or Discrimination Page 4 of 6

c) Abstain from the non-medical use of drugs or the use of performance-enhancing drugs or methods. More specifically, BNB adopts and adheres to the Canadian Anti-Doping Program. Any infraction of such Program shall be considered an infraction of this Policy and shall be subject to disciplinary action, and possible sanction, pursuant to BNB's Discipline and Complaints Policy. BNB will respect any penalty enacted pursuant to a breach of the Canadian Anti-Doping Program, whether imposed by BNB or any other sport organization.

d) Refrain from associating with any person for the purpose of coaching, training, competition, instruction, administration, management, athletic development, or supervision of the sport, who has incurred an anti-doping rule violation and is serving a sanction involving a period of ineligibility imposed pursuant to the Canadian Anti-Doping Program and/or the World Anti-Doping Code and recognized by the Canadian Centre for Ethics in Sport (CCES)

e) Refrain from the use of power or authority in an attempt to coerce another person to engage in inappropriate activities

f) Refrain from consuming tobacco products, or recreational drugs while participating in BNB's programs, activities, competitions, or events

g) In the case of minors, refrain from consuming alcohol, cannabis or tobacco products while participating in BNB programs or events

h) Use social media responsibly and strategically, modeling appropriate behavior expected of representatives of BNB.

i) In the case of adults, not consume cannabis in the Workplace or in any situation associated with BNB's events (subject to any requirements for accommodation), not consume alcohol during competitions and in situations where minors are present, and take reasonable steps to manage the responsible consumption of alcohol in adult-oriented social situations associated with BNB's events

j) Respect the property of others and not willfully cause damage.

k) When driving a vehicle with an Individual:

i. Not have his or her license suspended;

ii. Not be under the influence of alcohol or illegal drugs or substances; and

iii. Have valid car insurance.

I) Abstain from the non-medical use of drugs or the use of performance-enhancing drugs or methods.

m) Always comply with the Bylaws, policies, rules and regulations of BNB, as adopted and amended from time to time.

n) Refrain from engaging in deliberate cheating which is intended to manipulate the outcome of a competition and/or not offer or receive any bribe which is intended to manipulate the outcome of a competition.

o) Adhere to all Federal, Provincial, Municipal or host country laws.

p) Comply, at all times, with the bylaws, policies, procedures, and rules and regulations of Basketball Canada, as applicable and as adopted and amended from time to time.

q) Report any ongoing criminal investigation, conviction, or existing bail conditions involving an Individual to Basketball Canada, including, but not limited to, those for violence, child pornography, or possession, use, or sale of any illegal substance.

r) Not engage in a sexual relationship with an Individual under the age of majority. s) Not engage in a sexual or intimate relationship with a person of any age in which an Individual is in a position of trust or authority.

## <u>Coaches</u>

In addition to responsibility(above), coaches have additional responsibilities. The coach-athlete relationship is a privileged one and plays a critical role in the personal, sport, and athletic development of the athlete. Coaches must understand and respect the inherent power imbalance that exists in this relationship and must be extremely careful not to abuse it, consciously or unconsciously. Coaches will:

a) Meet the highest standards of credentials, integrity and suitability, including but not limited to such considerations established by BNB Screening Policy, so that the community is satisfied it has minimized the risk of an unsafe environment.

b) Report any ongoing criminal investigation, conviction or existing bail conditions, including those for violence; child pornography; or possession, use or sale of any illegal substance.

c) Under no circumstances provide, promote or condone the use of drugs (other than properly prescribed medications) or performance-enhancing substances and, in the case of minors, alcoholic beverages, cannabis and/or tobacco.

d) Respect all other teams and athletes from other teams and, in dealings with them, not encroach upon topics or actions which are deemed to be within the realm of 'coaching', unless first receiving approval from the coach who is responsible for the team or athlete(s) involved.

e) Recognize the power inherent in the position of coach and respect and promote the rights of all participants in sport. This is accomplished by establishing and following procedures for confidentiality (right to privacy), informed participation, and fair and reasonable treatment. Coaches have a special responsibility to respect and promote the rights of participants who are in a vulnerable or dependent position and less able to protect their own rights.

f) Dress professionally, neatly and inoffensively.

g) Use offensive language, taking into account the audience being addressed

## <u>Athletes</u>

In addition to responsibilities (above), athletes will have additional responsibilities to:

a) Report any medical problems in a timely fashion, where such problems may limit the athlete's ability to travel, train or compete.

b) Participate and appear on time, well-nourished and prepared to participate to one's best abilities in all competitions, practices, training sessions, events, activities, or projects.

c) Properly represent oneself and not attempt to enter a competition for which one is not eligible, by reason of age, classification, or other reason.

d) Adhere to BNB's rules and requirements regarding clothing and equipment

e) Never ridicule a participant for a poor performance or practice.

f) Act in a sportsmanlike manner and not display appearances of violence, foul language, or gestures to other players, officials, coaches, or spectators. Page 6 of 6

g) Dress in a manner representative of BNB with focus being on neatness, cleanliness, and discretion. Designated official clothing, if applicable, must be worn when traveling and competing.

h) Act in accordance with BNB's policies and procedures and, when applicable, additional rules as outlined by coaches or chaperones.

Parents/Guardians and Spectators

PARENTS/GUARDIANS and SPECTATORS In addition to paragraph 7 of Basketball New Brunswick Code of Conduct , parents/guardians of Individuals and Spectators at events will:

a) Encourage athletes to play by the rules and resolve conflicts without resorting to hostility or violence

b) Never ridicule participants for a poor performance or practice

c) Respect the decisions and judgments of officials and encourage athletes to do the same

d) Not question the judgment or honesty of an official or a Basketball New Brunswick staff or board member

e) Respect and show appreciation to all competitors and to the coaches, officials, and other volunteers who give their time to the sport

f) Keep off of the competition area and not interfere with events or calls

g) Not force your child or others to participate in basketball

h) Remember that children play organized sports for their own fun and benefit. They are not there to entertain, and they are NOT miniature professional athletes

i) Explain the importance of Fair Play to your child and their coach along with others involved in basketball

j) Encourage your child to play by the rules and to resolve conflicts without resorting to hostility or violence

k) Teach your child that doing one's best is as important as winning, so your child will never feel defeated by the outcome of the game

I) Make your child feel like a winner every time by offering praise for competing fairly and trying hard

m) Never ridicule or yell at your child or coach for making a mistake or losing a game n) Remember that children learn best by example and will applaud good plays by the home team and the visiting team

o) Be on your best behavior at all times and do not use profane language or harass players, coaches, referees, administrators, volunteers or the opposing team

p) Never question the referee or coach's judgment or honesty in public and respect their decisions and involvement in children's development

q) Show respect for the visiting team without them there would be no game

r) Make involvement in this basketball program for your child and others a positive experience

s) Condemn the use of violence and verbal abuse in all forms

t) Encourage players to always play according to the rules of basketball

u) Attempt to relieve the pressure of competition, not increase it. A child is easily affected by outside influences.

#### **Disciplinary** Action

**Coach Ejection** 

- Any coach who is ejected from a game is automatically suspended for the next game, whether that is during the same event or their next game falls on a later date.
- The one game suspension is to be served immediately.
- This coach could also be subject to further disciplinary action at the event itself according to the Events Discipline Procedure or afterwards if a complaint is filed pursuant to the Discipline and Complaints Policy

Incidents during a BNB Sanctioned Event

- This Procedure will be applied to all BNB-sanctioned events including, but not limited to, provincial championships, minor association or club team hosted tournaments, exhibition games, camps, clinics or other basketball related activities hosted by BNB or members of registered Minor Associations/Clubs
- This can refer to incidents that take place during a competition, away from the area of competition, or between parties connected to the Event can be handled according to the Events Discipline Procedure.
- This Procedure does not replace or supersede BNB's Discipline and Complaints Policy. Instead, this Procedure works in concert with the Discipline and Complaints Policy by outlining, for a designated person with authority at an event sanctioned by BNB, the procedure for taking immediate, informal, or corrective action in the event of a possible violation of BNB's Code of Conduct and Ethics
- For the complete Events Discipline Procedure Click HERE

Incident Reporting

- BNB (BNB) is committed to providing an environment in which all Members and participants are treated with respect and characterized by the values of fairness, integrity and open communication. Membership in BNB, as well as participation in its activities brings with it many benefits & privileges. At the same time, individuals are expected to fulfill certain responsibilities and obligations including, but not limited to, complying with BNB's policies, Bylaws, rules and regulations, and the Code of Conduct and Ethics. Non-compliance may result in sanctions pursuant to this Policy
- The Discipline and Complaints Policy applies to all Individuals. This Policy applies to matters that may arise during BNB's business, activities, programs and events This Policy also applies to Individuals' conduct outside of BNB's business, activities, and events when such conduct adversely affects relationships within BNB. Applicability will be determined by BNB at its sole discretion.
- To report an incident or complaint please follow the <u>Discipline and Complaints</u>
  <u>Policy. Code of Conduct Incident Report Form.</u>

## **Coaching Certification**

## <u>Resources</u>

- BNB Coaching Course Schedule Click Here
- Check out Canada Basketball's NCCP Coach Education Model Click here!
- Check your NCCP certification here! The Locker
- Coaching Certification FAQ's Click Here
- Basketball Canada Coaches Section Click Here

## NCCP COURSES

- **FUNdamentals** Previously referred to as Community Coach includes both a theory and technical component and is aimed at recreational and youth level coaches.
- **Learn to Train (L2T)** Previously referred to as Level 1 or Introduction to Competition includes both theory and technical combined into one course, traditionally offered on a Friday-Saturday.
- **Train to Train (T2T)** Previously referred to as Level 2 or Introduction to Competition Advanced - includes both theory and technical combined into one course, traditionally offered on a Saturday-Sunday.
- Train to Compete (T2C) Previously referred to as Level 3 or Competition Development
  this is the technical component only, the theory portion is offered through Coach NB (www.coachnb.com). The T2C technical component includes 3 weekends of training 1)
  Teaching Basketball Skills, 2) Tactics & Strategies, 3) Planning.

We recommend the following levels of formal NCCP coaching education depending on the ages you are working with:

- 5 9 years old: NCCP FUNdamentals or Learn to Train
- 9 11 years old: NCCP Learn to Train
- 12 14 years old: NCCP Train to Train
- All youth teams participating in Provincial Championships must have a coach with a status of 'TRAINED' or CERTIFIED on the bench during games. Coaches must have completed the NCCP Learn to Train course giving them a status of 'TRAINED' <u>OR</u> their full NCCP Level 1 certification under the old system.
- Coaches unable to meet this requirement may apply for a One Year Extension (\$75). Coaches that have previously received this extension may not reapply.
- Once a coach has completed the "Learn to Train" or "Train to Train" course, they are considered "Trained". To become fully certified, coaches must then be observed in a practice or game by a learning facilitator. To coach at the BNB provincial championships, coaches are only required to have the "trained" status.

We also recommend the free NCCP <u>Safe Sport Training</u> and the Coaching Association of Canada's <u>Rule of Two Training</u> for all coaches.

All coaches must have a Enhanced Police Information Check from their local police station, RCMP detachment or <u>done online through Canada Basketball</u>

## **Coaching Certification**

#### 2023-24 NCCP Fall Course Schedule

<u>Please sign up to our list for interested coaches</u> if you would like to be notified when a new course is added.

Link to Website which will be constantly updated with new schedule information - Click Here

#### September 8th-9th - L2T Course - Belledune

Friday Sept 8th - 6:00pm - 9:00pm Saturday Sept 9th - 9:00am - 4:00pm Price: \$200 (includes evaluations) Log in to <u>gameplanbasketball.ca</u> or create an account (free or paid) and click "Workshops" to register for a clinic. Email Neil.Smith@basketball.nb.ca for more information.

## September 23rd-24th - L2T Course - Fredericton

Saturday Sept 23rd - TBD Sunday Sept 24th - TBD Price: \$200 (includes evaluations) Log in to <u>gameplanbasketball.ca</u> or create an account (free or paid) and click "Workshops" to register for a clinic. Email Neil.Smith@basketball.nb.ca for more information.

## Oct 6th-7th - L2T Course - Saint John/Hampton

Friday, Oct 6th - 6:30pm - 9:30pm Saturday Oct 7th - 9:00am - 4:00pm Price: \$200 (includes evaluations) Log in to <u>gameplanbasketball.ca</u> or create an account (free or paid) and click "Workshops" to register for a clinic. Email Neil.Smith@basketball.nb.ca for more information.

## October 15th-16th - L2T Course & Player Clinic - Moncton

Friday Oct 13th - 6:00pm - 9:00pm Saturday Oct 14th - 9:00am - 4:00pm Price: \$200 (includes evaluations) Log in to <u>gameplanbasketball.ca</u> or create an account (free or paid) and click "Workshops" to register for a clinic. Email Neil.Smith@basketball.nb.ca for more information.

## **Coaching Certification**

## October 29th-30th - T2T Course & Sr EDP Training - Fredericton

Saturday Oct 28th - 9:00am - 5:00pm Sunday Oct 29th - 9:00am - 4:00pm Price: \$250 (includes evaluations) Log in to <u>gameplanbasketball.ca</u> or create an account (free or paid) and click "Workshops" to register for a clinic. Email Neil.Smith@basketball.nb.ca for more information.

#### <u>Resources</u>

- Looking for Games Click Here
- Score Reporting Click Here
- Provincial Championships Registration Click Here
- Provincials FAQ Click Here
- New Brunswick Officials Website Click Here
- 4 Quarters Score Sheet Click Here
- U11 Score Sheet Click Here

## Determining Age

- All ages are calculated as of December 31 of the current playing season.
- <u>Click Here</u> to read about the Age class re-alignment and changes implemented in 2021-22
- If you wish to apply for an exemption for participation outside of the age classifications described below please use the form by <u>Clicking Here</u>
- For more information on the Exemption Criteria to see who should be applying and why please refer to our Exemption Guidelines by <u>Clicking Here</u>

## We are requiring all Rep Team Coaches to register with BNB - Please <u>Click Here</u> to register

## Competitive (Travel Team) Divisions - 2023-2024

A travel (rep) team is one that has a high commitment level and would travel more often to games and practice more often than a local (recreational) team. Ideally membership on a team would come down to players choosing a commitment level, not necessarily skill level. Basketball New Brunswick offers end of season programming in the following age divisions:

DIVISION	BIRTH YEAR	END OF SEASON
U11	2013-2014	Spring Finale Tournaments
U13	2011-2012	Provincial Championships
U14	2010-2011 (Possible exceptions for players born in 2012)	Provincial Championships
U16	2008-2010 (A maximum of 4 players may be born in 2010)	Provincial Championships

U18	2006-2009 (Players born 2005 only if attending NB High School)	Provincial Championships
Intermediate	Open (18+)	Provincial Championships
Masters	1989 or earlier (35+)	Provincial Championships
Grand Masters	1979 or earlier (45+)	Provincial Championships
Great-Grand Masters	1969 or earlier (55+)	Provincial Championships

## Recreational (Local Team) Divisions - 2023-2024

A local team is on the continuum between a house league and a traditional travel (rep) team. The amount of travel for games is limited to the local area and the number of practices may be lower than for a travel team. They also may participate in their (or another) association's house league.

DIVISION	BIRTH YEAR	FORMAT
U7 (Puppy)	2017	3x3
U9 (Jr Mini)	2015 or later	3x3, 4x4
U11 (Mini)	2013-2014	3x3, 4x4
U13	2011-2012	5x5
U14	2010-2011	5x5

Looking For Games

BNB recommend the following game limits before Provincial Championships/end of season tournaments:

Age Groups	U11 - Grades 4&5	U13 - Grades 6&7	U14 - Grade 7&8
Game Maximum (Not including tournament finals)	18 (for 4v4 games)	24 (for 5v5 games)	28 (for 5v5 games)

- Competitive team practices are allowed to begin on the Tuesday after the Thanksgiving weekend.
- Games are allowed to begin on November 1st to allow for a greater emphasis on skill development prior to the beginning of the competition season. For questions or further information please contact Neil Smith.
- To have your team included in our "Looking for Games" section please fill out the team listing form by <u>Clicking Here</u>
- To see the list of contact info for booking games Click Here

## BNB Score Reporting - Important Submission Notes

- Only scores from New Brunswick based basketball programs should be included. All others not involving New Brunswick teams will be discarded.
- If there are multiple teams from your association, please specify "A", "B", "C", etc. For example "Riverview A", "Fundy B".
- Team nicknames are **NOT** required (ex: Eagles, Raiders, Lions, etc.).
- Incomplete game results will be discarded.
- The scores that are reported will be used to assist in seeding teams for the 2023 Provincial Championships.
- If you feel a score has been reported incorrectly, please contact us at <u>info@basketball.nb.ca</u>.
- To report a Score <u>Click Here</u>
- To check the list of reported scores <u>Click Here</u>

## 2024 PROVINCIAL CHAMPIONSHIPS & SPRING FINALES - DATES:

- Middle School February 17-18
- Under 11 (Spring Finale) February 24-25
- Under 9 Team Jamboree March 1st
- <u>Under 13 & Under 14</u> March 16-17
- <u>Under 16 & Under 18</u> March 23-24
- To visit our Provincial Championship Registration Page Click Here

#### **Booking Officials**

To book officials, coaches/managers will be required to contact the assigner in their zone to secure officials for games. The more notice you can give the better.

#### List of Assigners

Looking to schedule a basketball game in the province? Below are the assignors for each zone.

- Zone 1 Woodstock/Western Region (Contact: Peter Demerchant pademerc@mccain.ca)
- Zone 2 Fredericton Region (Contact: Adam Humphrey jah@unb.ca)
- Zone 3 St. Stephen Region (Contact: Jeff McGinley jmcginley@aehorne.com)
- Zone 4 Saint John Region (Contact: Jeff MacDonald jeff\_2col@yahoo.ca)
- Zone 5 Moncton Region (Contact: Bill Agnew 506-382-2827)
- Zone 6 Miramichi (Contact: Matt Sturgeon -- <u>Matthew.Sturgeon@nbed.nb.ca</u>)
- Zone 6 Bathurst (Contact: Patrick Cameron <u>patrick.cameron@nbed.nb.ca</u>)
- Zone 6 Campbellton/Dalhousie (Contact: Trevor McNally -McNally.Trevor@brunswicknews.com)

Game Fees - Click Here

#### Hosting an Event

**Tie Breaking Procedure** 

Should ties occur, division standings will be decided according to the following priorities:

- 1. In the event two teams have the same number of points in the placings (based on win/loss records), the classification will be established taking into account only the result of the game between the two teams involved.
- 2. If more than two teams have equal points in the placings (based on win/loss records), a second classification will be established taking into account only the results of the games between the teams involved.
- 3. If the situation is not resolved and teams have equal points in the placings after the second classification, then goal average (by division), taking into account only the results of the games between the teams involved will be made to determine the classification.
- 4. If it is not finally resolved, the classification will be determined by goal average, taking into account all the results of the games from the group in question.

NOTE: Goal average = points for, divided by points against - highest quotient is the winner.

Check out this printable version to have at your venue - click here

Incidents during a BNB Sanctioned Event

- This Procedure will be applied to all BNB-sanctioned events including, but not limited to, provincial championships, minor association or club team hosted tournaments, exhibition games, camps, clinics or other basketball related activities hosted by BNB or members of registered Minor Associations/Clubs
- This can refer to incidents that take place during a competition, away from the area of competition, or between parties connected to the Event can be handled according to the Events Discipline Procedure.
- This Procedure does not replace or supersede BNB's Discipline and Complaints Policy. Instead, this Procedure works in concert with the Discipline and Complaints Policy by outlining, for a designated person with authority at an event sanctioned by BNB, the procedure for taking immediate, informal, or corrective action in the event of a possible violation of BNB's Code of Conduct and Ethics
- For the complete Events Discipline Procedure Click HERE

Hosting BNB Provincials

- To apply to host a BNB Provincial Championship Event Click HERE
- To view the Hosting Manual <u>Click HERE</u>

## FairPlay Policy and Procedure

#### What the Rule is

- Each player on the roster, provided they are not fouled out, ejected, injured, or for disciplinary reasons:
  - For U13/14, must play at least 8 minutes of game time.
  - **For U11**, No player may participate in more than two (2) segments more than his/her teammates in the same game.

BNB believes strongly in the spirit behind this rule and the need for all members of any team to be given the opportunity to develop and therefore need the opportunity to test the skills they are learning during training within a game setting.

This year the rule will no longer be done on a honor system, BNB will be enforcing the adherence to the rule and there will be ramifications if/when a infraction occurs

It's important we understand the intention of this rule. We are not looking for people to sit in the stands with stop watches or to punish someone if a player only gets 7 minutes of playing time in a game. We are looking to remove the situations where players do not play at all or they receive one short shift and that's all in a game, those instances have no place in Youth Basketball.

#### Fair Play Incident Report

As it is impossible for BNB representatives to be in the gym for every game that is played all year we will need the cooperation of coaches and association members in order to track this.

When there is a violation of the Fairplay policy we are asking that it be reported as soon as possible using our FairPlay Incident Report Form. Reports will then be investigated and dealt with by the BNB Technical Staff

## For the Link to the Fair Play Incident Report Form please CLICK HERE

## **Dealing with Complaints**

All reports submitted through the Fairplay Incident Report form will be investigated by BNB Technical Staff

The below process will be followed when teams are found to be in violation of the Fairplay policy:

- 1st Offense Written warning to coach and Minor Association / Club
- 2nd Offense Suspension of coach for 1 game
- 3rd Offense Team will be ineligible to compete in that seasons Provincial Championships/Spring Finale
- Further offenses will be dealt with on a case by cases involving the Club/association
- Coaches/teams and Associations/Clubs who are found to be in violation of the Fairplay Policy may be required to show proof through the tracking of minutes that they are abiding by the rules and the spirit of the game that's intended

## Fair Play Violations at Provincial Championships

- Should be reported immediately through the same Fairplay Incident Report Form
- The reports will be monitored by BNB representatives in real time throughout the Provincial Championship / Spring Finale Weekends
- Any association/club and coach with prior offenses heading into the Provincial Championships will be notified prior to as a reminder of how many offenses have occurred and steps that could occur if further violations take place
- Any Fairplay Violation at Provincial Championships will result in a 1 game suspension for the coach(regardless of whether it is the 1st offense of the year)
- A second offense or more (at the championships) or cumulative from the season will result in the disqualification of the team from the event
- If a violation occurs in a team's final game of the event, the coach and/or association/club may be subject to further disciplinary action

## **Dealing with Parents / Spectators**

## Parents Meeting Recommendations

A thorough and informative Parents meeting is a great way to ensure there is an open line of communication set to start the season and that your expectations are explained and understood from the beginning of the season. We recommend holding one once the team is formed

Some information to include (invite a member of your association board to also attend)

- Schedule Details: Practice times, locations, games, tournaments, etc...
- Arrival Expectations: how long should an athlete be there prior to practice, prior to a game
- What the athletes will need to bring to practice: water bottle, reversible, etc...
- Expectations of the athletes: behavior, attendance, attitude. Work ethic, being a good teammate, etc,,
- Communication Standards
  - Gather information for a Contact List for parents to have
  - Consider having a parent volunteer become a Team Manager if this would be helpful from a time perspective for your coaching staff
  - Explain how you will communicate and share information and how parents can contact you(email, App, etc..)
  - Letting coaches know ASAP when an athlete cannot attend a team event
  - Consider having a rule for after games for communication with coaches. The 24 Hour Rule is a helpful standard to alleviate confrontations or emotional responses. Make parents aware that a parent is not to approach you after the game and if they have an issue to wait 24 hours before bringing it forward, if they still feel like it's something they want to bring forward then they can do so using the appropriate method of communication
- Share with them the corresponding Codes of Conduct (player, spectator, anything else your club/association may have)
- Share your stance on playing time
  - Who you are willing to communicate playing time with (player only, parent, etc..)
  - Be aware of the BNB FairPlay policy
- Budget Information
  - Registration fee , how payment can be made, contact info for club/association if alternate arrangements need to be made
  - Give of rough outline of the expected expenses so parents know what will be covered
  - Fundraising Information what do you have planned, what do you need help with, ask for ideas from the group
- What else you may need help with
  - Tournament Organizing
  - Scorekeeping during home games
  - Transportation
  - Booking Accommodations

## Spectator Code of Conduct

PARENTS/GUARDIANS and SPECTATORS In addition to paragraph 7 of Basketball New Brunswick Code of Conduct , parents/guardians of Individuals and Spectators at events will:

a) Encourage athletes to play by the rules and resolve conflicts without resorting to hostility or violence

b) Never ridicule participants for a poor performance or practice

c) Respect the decisions and judgments of officials and encourage athletes to do the same

d) Not question the judgment or honesty of an official or a Basketball New Brunswick staff or board member

e) Respect and show appreciation to all competitors and to the coaches, officials, and other volunteers who give their time to the sport

f) Keep off of the competition area and not interfere with events or calls

g) Not force your child or others to participate in basketball

h) Remember that children play organized sports for their own fun and benefit. They are not there to entertain, and they are NOT miniature professional athletes

i) Explain the importance of Fair Play to your child and their coach along with others involved in basketball

j) Encourage your child to play by the rules and to resolve conflicts without resorting to hostility or violence

k) Teach your child that doing one's best is as important as winning, so your child will never feel defeated by the outcome of the game

I) Make your child feel like a winner every time by offering praise for competing fairly and trying hard

m) Never ridicule or yell at your child or coach for making a mistake or losing a game n) Remember that children learn best by example and will applaud good plays by the home team and the visiting team

o) Be on your best behavior at all times and do not use profane language or harass players, coaches, referees, administrators, volunteers or the opposing team

p) Never question the referee or coach's judgment or honesty in public and respect their decisions and involvement in children's development

q) Show respect for the visiting team without them there would be no game

r) Make involvement in this basketball program for your child and others a positive experience

s) Condemn the use of violence and verbal abuse in all forms

t) Encourage players to always play according to the rules of basketball

u) Attempt to relieve the pressure of competition, not increase it. A child is easily affected by outside influences.

## What to do when an issue occurs

When you host a game, you have a few responsibilities that go beyond renting the facility and coordinating with referees and the opposing team. The best practice we recommend is to name a host manager or on-site convenor who is available during the game to respond in case of emergency, or deal with a code of conduct violation from parents or spectators.

The host manager should be familiar with the <u>BNB Code of Conduct</u>, the <u>BNB Event Discipline</u> <u>Procedure</u> and have a copy of an emergency action plan for the facility in the case of a medical emergency.

We are trying to provide an environment that is safe and welcoming for all participants in a basketball game including players, coaches, officials, minor officials and spectators.

Referees have the authority, and are expected to address:

• Coach & Player behavior during the game. That could be dealt with **informally** (by talking to them and calming them down) or **formally** (official warning, technical fouls, ejections)

Host managers have the authority, and are expected to address:

• Spectators or Parents who are verbally abusive towards officials, minor officials, players or coaches. That could be dealt with **informally** by talking to them and calming them down or **formally** by giving a warning, or requiring the fan to leave the gym.

If a fan is abusive towards an official, **they have the authority to stop the game** until the **host manager** removes the offending fan from the gym.

#### What happens next?

- If a player, coach or spectator **is ejected by an official**, they submit a report to their assignor, who submits it to Basketball New Brunswick. We follow our guidelines to determine the next steps. We may reach out to the host manager for more information.
- If a host manager ejects a fan, or witnesses a violation of the BNB Code of Conduct, they are asked to fill out the <u>Incident Reporting Form</u> so that we have all of the details of the event and can proceed with our <u>Discipline and Complaints Policy</u>.

What if the fan/coach/spectator won't leave or their behavior escalates?

- All we can do is stop the game until they comply with the host manager's request to leave the facility. Do not try to physically remove them, or get into an argument with them. Try to calm them by reminding them that this is a youth basketball event.
- If at any time you fear for someone's physical safety, you should call the local police or RCMP to escort them out of the gym. This can also be used as a last resort for someone who is not complying with a request to leave.



Ejected fans may be suspended and/or required to take a respect in sport course before being allowed back in a gym

## **Coaching Resources**

## BNB Coaches Curriculum

- Are you looking for age-appropriate drills, concepts ideas and videos to help support your team and development as a coach?
- Look no further than our Coaches Curriculum! Put together by our BNB technical staff using the latest information from basketball experts around the world, the curriculum is fantastic for coaches at any point on the development pathway. The curriculum contains coaching tips, building a basketball philosophy, age and stage appropriate skills, practice plans and a video library.
- Whether you are looking for a place to start, trying to get back up to speed, or want to challenge the way you look at the game, our curriculum should offer an excellent starting point!
- To view our Coaches Curriculum Click Here

## **BNB Virtual Coaching Clinics**

- Our <u>grassroots series</u> is focused on concepts and skills for coaches working with FUNdamentals (~6-10 year olds), Learn to Train (~10-12 year olds) or Train to Train (~12-14 year old) athletes with world renowned development experts.
- Our <u>high performance series</u> is geared towards coaches working with Train to Compete (15-18 year old) and Train to Win (18-23 year old) athletes and has hosted talks by coaches from the NBA, G League, Canada Basketball's National teams, USports and NCAA Coaches.
- To view all of our Virtual Clinics Click Here

## BNB Video Drill Library

- Video examples of explanations, demonstrations and live reps from drills from our Coaches Curriculum delivered by BNB Coaches and Technical Staff
- For the Video Drill Library Click here
- BNB Youtube Channel Click Here

## **BNB Sample Practice Plans**

- This folder contains over 100+ practice plans from BNB programming such as: sample plans from BNB curriculum, Next Wave, Jr EDP, Bantam Elite Camp, Sr EDP
- To view the BNB Practice Plan Database Click Here

## BNB Skills and Concept Recommendations

- BNB is constantly trying to create supplemental documents for coaches with current trends of the game as it relates to skills, concepts and style of play and how to teach and implement them
- To view the Skill / Concept Document Database Click HERE

## BNB Open House Series

- Want to see what the next level of basketball looks like?, Want to see what quality local coaches are doing in your area?
- Basketball New Brunswick's latest effort to help share the game is called the Coaches Open House Series. We have partnered with top coaches around the province to open their doors and give local coaches a glimpse into their high-performance environment. Coaches can register for an open gym and get an all-access look at coaches working with athletes from ages 12 to 24, with the opportunity to debrief and ask questions after the session.
- To view the schedule of planned open house practices in your area Click Here
- and register using this link.

## Contact BNB for Technical Support

- Reach out to one of our technical support staff members for more information, with questions, to setup a consultation or to book a coaching clinic in your area
- Neil Smith (Technical Director) <u>neil.smith@basketball.nb.ca</u>
- Ryan Chase (Director of Operations) ryan.chase@basketball.nb.ca