



## Rule of Two Policy for Black Gold FC

This policy ensures that all interactions and communications are conducted in a manner that is transparent, accountable, and justifiable. It is designed to protect athletes (especially minors) and coaches from potentially vulnerable situations by mandating that a coach is never left alone with an athlete.

This policy applies to everyone involved with Black Gold FC, including but not limited to coaches, referees, volunteers, and administrative staff.

The Rule of Two ensures that two screened and trained individuals are always present during situations where an athlete could be vulnerable. One-on-one interactions between a coach and an athlete without another individual present are prohibited, except in cases of medical emergencies.

The Rule of Two serves to protect minor athletes in potentially vulnerable situations by ensuring that more than one adult is present.

**Vulnerable situations can include:** • closed doors meetings, • travel, and training environments.

### Standards:

- **Expected Standard:**
  - **Ideal Environment:** Two screened and NCCP-trained or certified coaches present at all times.
- **Acceptable Standard 1:**
  - **Alternative Scenario:** If a second NCCP-trained or certified coach is unavailable, a screened "Person in Authority" may substitute temporarily.
- **Acceptable Standard 2:**
  - **Temporary Measures:** If a "Person in Authority" is not available, another adult, such as a parent/guardian of an athlete or another athlete, may be asked to step in temporarily.
- **Not Acceptable:**
  - One screened and NCCP-trained or certified coach alone with an athlete, except in medical emergencies.

### Virtual Settings:

The Rule of Two applies to all virtual interactions with athletes. For athletes under the age of 16, it is highly recommended that a parent or guardian be present during the session. Whenever possible, the Rule of Two should also be applied for non-minor athletes in virtual environments.



By adhering to this policy, BGFC ensures the safety and well-being of all athletes, especially minors, while maintaining a secure and professional environment for coaches. This policy reinforces our commitment to safeguarding everyone involved with the club.

## Purpose of Rule of Two

To protect minor athletes and coaches in potentially vulnerable situations by ensuring more than one adult is present

