



January 10, 2018

2018 Game Format Recommendations

The following game formats and dimensions have been recommended for younger age groups to align with the implementation of odd birth year age groups at U13 and above, as voted upon by the membership at the 2017 November SGM. These recommendations are based on player maturation and LTPD guidelines.

**Please note: Districts, clubs or communities may choose to play with dual or single birth years. **

Age	Format	Goal-keeper	Roster Size	Ball Size	FIELD DIMENSIONS		GOAL SIZE		Option
					Min/Max Width	Min/Max Length	Goal Height	Goal Length	
U13	11 v 11	Yes	13 to 16	5	50 yds. (45.7 m) to 100 yds. (91.44 m)	100 yds. (91.44 m) to 130 yds. (118.8 m)	8 ft. (2.44 m)	8 yds. (7.23 m)	None
U12	11 v 11	Yes	13 to 16	5	50 yds. (45.7 m) to 100 yds. (91.44 m)	100 yds. (91.44 m) to 130 yds. (118.8 m)	8 ft. (2.44 m)	8 yds. (7.23 m)	None
U11	8 v 8	Yes	11 to 14	4	42 to 55 m	60 to 75 m	6 ft. (1.83 m)	18 ft. (5.46 m)	None
U10	8 v 8	Yes	11 to 14	4	42 to 55 m	60 to 75 m	6 ft. (1.83 m)	18 ft. (5.46 m)	None
U9	7 v 7	Yes	10 to 12	4	30 to 36 m	40 to 55 m	6 ft. (1.83 m)	12 ft. (3.66 m)	None
U8	7 v 7	Yes	10 to 12	3/4	30 to 36 m	40 to 55 m	6 ft. (1.83 m)	12 ft. (3.66 m)	None
U7	5 v 5	Yes	Max 10	3	25 to 30 m	30 to 36 m	5 ft. (1.54 m)	8 ft. (2.43 m)	Anything smaller
U6	5 v 5	Yes	Max 10	3	25 to 30 m	30 to 36 m	5 ft. (1.54 m)	8 ft. (2.43 m)	Anything smaller
U5	3 v 3	None	Max 6	3	18 to 22	30 to 36 m	5 ft. (1.54 m)	8 ft. (2.43 m)	Anything smaller
U4	1 with 1	NA	NA	3	NA	NA	NA	NA	NA