

How to Become a Lacrosse Coach

From getting your NCCP number to registering for your first clinic, the steps to becoming a lacrosse coach

STEP ONE Get your NCCP number

- 1. Go to www.coach.ca
- 2. Click on the red tab called The Locker.
- 3. Click on "Don't have an account"?
- 4. Check the box "I agree"
- 5. Check the box "I want to create a Locker account for access to my transcript, eLearning opportunities, to sign up for coaching events, and more!"

Remember to write your NCCP number and password down

STEP TWO* Create your NCCP lacrosse account**

- 1. Coach creates a profile here http://nccp.lacrosse.ca/ (Be sure you use your existing NCCP #) If you are not sure of your NCCP # you can check this at www.coach.ca.
- 2. If you have been given a coaching coach by your provincial lacrosse association, enter it during the registration page.
- 3. Be sure to hit 'SAVE' at the bottom of the page.
- 4. Write your username and password down for safe keeping.

Note: The personal information you enter in your profile can be viewed by Lacrosse Canada and your provincial lacrosse association

STEP THREE Register for coaching clinic

Stay tuned to your Local Governing Body and the Alberta Lacrosse Association for upcoming coaching clinics. There are also several recommended online coaching courses that coaches of any level can complete at any time. Lacrosse Coaching Pathway coaches should follow is attached.

- *Before you create your NCCP lacrosse account, check with your Local Governing Body for a promo code to discount the entire registration fee
- **Your NCCP lacrosse account is used strictly for completing online workbooks. Course registration does not take place on this site.



Alberta Lacrosse Association



Enhance character, community, and culture through lacrosse.

Lacrosse Coaching Pathway

An outline of a lacrosse coach's certification journey

Community Development

Prerequisite- Aged 16 years or older Complete course OR challenge the course <u>Then you will be TRAINED</u>

Recommended by Alberta Lacrosse Association

Complete Coach Initiation in Sport, Safe Sport and Mental Health in Sport eLearning modules*

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Competition Introduction

Prerequisite- TRAINED status in Community Development
Complete course, complete *Making Head Way* online concussion module

<u>Then you will be IN-TRAINING</u>

Complete Competition Introduction online workbook

<u>Then you will be TRAINED</u>

Have practice evaluated by Coach Evaluator

<u>Then you will be CERTIFIED</u>

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Competition Development

Prerequisite- CERTIFIED in Competition Introduction

Complete Competition Development Workshops 1 and 2 (offered by Lacrosse Canada), complete multi-sport modules Coaching and Leading Effectively, Developing Athletic Abilities, Leading Drug Free Sport, Prevention and Recovery from Injury, and Psychology of Performance

Then you will be IN-TRAINING

Create a coaching portfolio to include: managing a lacrosse program, designing a lacrosse program, lacrosse practice planning, analyze performance, support the competitive experience, self-assessments and year-end evaluations

Then you will be TRAINED

Have two practices evaluated by Coach Evaluator

Then you will be CERTIFIED

^{*} There are several recommended online coaching courses that coaches of any level can complete at any time. Visit the 'Elearning' tab of your Locker account for a list and access. Be sure to select 'Multi-sport' from the drop down list.

What can you coach with that certification?

Community Development (TRAINED) U11, U13

Competition Introduction (IN-TRAINING or TRAINED) U15, U17

Competition Development (IN-TRAINING or TRAINED) U17, U19

Note: All Alberta Lacrosse Association coaches are required to have a clean criminal record check