



# Dressing Room

BEAUMONT RINGETTE ASSOCIATION

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## Dressing Room

The dressing room is a great place for building team spirit and camaraderie. However, players need to make sure they are being respectful to their teammates, parents, opposing players and each other.

Dressing rooms are a restricted area for exclusive use of players to change into their equipment and uniforms and share the team experience within a safe and private environment.

The dressing room is also an area for the players to physically and mentally prepare for a game or practice, and to receive instructions and direction from the Team Staff. Parents, siblings, friends and other persons should not infringe upon the dressing room privacy of players as they dress and prepare for a game or after a game.

The following rules will govern conduct in the dressing room:

### Minimum Attire Rule

To best promote inclusion and to respect the privacy of participants on a team, Beaumont Ringette requires all participants to wear a “minimum attire” at all times in a dressing room or in a dressing environment where more than one participant is present. This means that participants should arrive at the rink wearing a base layer (eg: shorts, t-shirt, compression shorts and shirt or sports bra) A participant not arriving at the rink wearing a base layer can use an appropriate private space (eg: private restroom stall or empty/unused dressing room) to change in to their base layer and then enter the team dressing room with the other participants.

### Access

- a) Access to the dressing room is limited to Beaumont Ringette Association (BRA) criminal record checked Team Staff (Head Coach, Assistant Coaches, Trainer and Manager) and BRA Board of Directors. Without exception, at least one member of the Team Staff present in the dressing room must be a Team Designated Female, as per Ringette Alberta’s Female on the Bench requirement. Additional female team volunteers are permitted in the change room with prior approval from the Team Staff.
- b) In the case of co-ed teams, because of the “minimum attire rule”, all players can put on equipment in team dressing rooms. If a player does not feel comfortable, they can ask for a separate space to put on equipment, if available.
- c) Many of the arena dressing rooms are not overly large and with skates, bulky equipment and bags in these areas, there is no room for visitors in the dressing room facilities. In addition to privacy issues, traffic through these areas presents a safety hazard.

### Parental Entry

Parental entry to a dressing room should be a rare occurrence. In exceptional cases where a parent/guardian must enter the dressing room, it should be in the presence of the Team Designated Female, and such entry must be announced to the players in advance and fall within the following guidelines:

- a) U10 Active Start, Step 1, and Step 2 parents and guardians will have full access to the dressing room.

- b) U10 Step 3, U12 and older, no adult males are permitted in the dressing room. If players require assistance with their skates or other equipment, this should be done in the common areas of the arena or at home prior to entering the dressing room.
- c) Coaches may wish to encourage player independence by asking players to dress into their own equipment and lace their own skates or to seek assistance from other Team Staff (rather than parents), provided this can be accomplished in a manner that ensures protective equipment is properly and safely secured.
- a) To safeguard the interests of both players and Team Staff, under no circumstances should a player and male Team Staff, be alone in a dressing room facility without a female parent, guardian or Team Designated Female being present.

### Exception

An exception to dressing room access could occur in the event of an injury to a player who requires the assistance of the parent, rink attendant, trainer or qualified medical personnel to render treatment on an urgent basis. However, if possible, there should still be an adult female present.

### Electronic Devices

Technology advancements have allowed cell phones, PDA's, etc to carry new functions such as cameras. The potential exists for inappropriate behavior of camera phone users photographing others undressing and/or showering in the dressing rooms.

An individual's privacy, and the potential danger of violating it, is something that the BRA takes very seriously. Therefore, the following rules apply to electronic devices in the dressing room:

- a) Players shall leave any such devices with a family member/guardian or coach until the player has left the room after a game or practice.
- b) In the event that a coach, family member/guardian should need their device to take a phone call, such a phone call must take place outside the dressing room.

### Additional Dressing Room Rules

- a) All dressing room facilities should be locked and secured when teams are on the ice.
- b) No graffiti or vandalism of any sort to dressing rooms will be tolerated.
- c) Swearing or rude language of any kind is not acceptable in the dressing room.
- d) Fighting, badmouthing, abuse, harassment and/or bullying will not be tolerated and will be dealt with under the BRA Discipline and Complaints Policy.
- e) There will be no alcohol or tobacco in the dressing rooms.
- f) The dressing room must be left in a clean and tidy state. It is the responsibility of the Coach to ensure this is done
- g) The Head Coach and Team Staff should discuss and communicate expectations of the dressing room to both parents and players in advance of the season.

All members of the Beaumont Ringette Association are expected to adhere to this policy at all times.