



YOUTH SOCCER COACHING REQUIREMENTS

Doc. No.	BCSA-BULL-007
Rev.	0
Originator:	D. Hawkins
Checker	I. Toellner
Approver:	C. Craig
Status:	Published
Effective:	February 2024

If you would like to join a fantastic group of volunteers, becoming a soccer coach is something that we believe is very fulfilling and rewarding, not just for the youth participants in our soccer programs but for you, the volunteer. There are many benefits to joining this group such as:

1. Sharing Your Love of the Sport with Youth Soccer Athletes

Often a coach reconnects with their love of sport by coaching. When you are passionate about the sport but take on the role of the coach, you learn new facets to the sport that make it both exciting and new for the coach, which in turn provides a wonderful environment for the youth players. To see that passion and love for the sport helps our youth players continue to participate and develop in the game with hope that they remain in the sport long after they have grown into adulthood.

2. Helping Youth Access the Benefits of Participating in Youth Soccer

With Canada Soccer Association (CSA) and their program for Long-Term Player Development (LTPD) it has been discovered that coaches are pivotal to helping the development of today's youth soccer athletes with focus not just on the physical aspects of the sport, but also mental development, psychological and social development as well. Whether as a head coach or an assistant coach, coaching youth soccer athletes helps to set the athletes on a path towards lifelong awareness.

3. Feeling the Rewards of Servicing Others

As a coach, you have the opportunity to see the impact you have on the athletes as well as the community. Often in the rural areas, to run a program for youth takes dedication. To contribute to the community through coaching adds to the legacy of the soccer program in the community.

4. Fostering Relationships

With the pressures of everyday life through work and other commitments, adults sometimes lose track of being a part of a "common community". As a soccer coach, you have a unique opportunity to meet other coaches and volunteers who are also committed to the same goal of providing the youth of the community with a soccer program they can experience and grow with. There is a good chance that good friendships can be forged by being part of the community soccer program.

Have You Decided to Coach? Here's What's Next!

Firstly, good choice! As a coach with year of experience of participating in youth soccer development, the benefits gained over that time are too numerous to count. A starting point for your journey as a soccer coach, is to take the training that is made available through the National Coaching Certification Program (NCCP) that is made available to help provide the starting blocks in support of your decision to join this unique group of volunteers. Note the following training and certification requirements to embark on as available at the following link: <https://coach.ca/soccer>



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CATEGORY	AGE GROUP	TRAINING	WEBSITE
Active Start	U4-U6	<p>REQUIRED TRAINING:</p> <ul style="list-style-type: none"> *Respect in Sport Activity Leader <u>(2.5-hours self-paced)</u> *Criminal Record Check with Vulnerable Sector Screen <u>(good for 3-years)</u> **Active Start (U4 – U6): Is designed for the first time coach. The focus is on teaching good basic skills and basic physical literacy <u>(3-hours to complete).</u> 	https://coach.ca/soccer
FUNDamental	U6-U8	<p>REQUIRED TRAINING:</p> <ul style="list-style-type: none"> *Respect in Sport Activity Leader <u>(2.5-hours self-paced)</u> *Criminal Record Check with Vulnerable Sector Screen <u>(good for 3-years)</u> **FUNDamentals (U6-U9): Learn how to develop the ABCs of movement: Agility, Balance, Coordination and Speed, while running a practice session that is fun, safe and keeps children actively engaged <u>(approximately 6-hours to complete).</u> 	https://coach.ca/soccer
Learn to Train	U8-U11	<p>REQUIRED TRAINING (COMMUNITY HOUSE):</p> <ul style="list-style-type: none"> *Respect in Sport Activity Leader <u>(2.5-hours self-paced)</u> *Criminal Record Check with Vulnerable Sector Screen <u>(good for 3-years)</u> **Learn to Train (U8- U12): The emphasis of this course is on technical and tactical development within a small sided game environment (6v6, 7v7, 8v8, 9v9). You'll learn how to help participants learn basic principles of play, in a fun, and challenging environment focussed on discovering how to solve soccer problem <u>(approximately 6-hours to complete).</u> <p>REQUIRED TRAINING (COMPETATIVE LEAGUE):</p> <ul style="list-style-type: none"> *Respect in Sport Activity Leader <u>(2.5-hours self-paced)</u> *Criminal Record Check with Vulnerable Sector Screen <u>(good for 3-years)</u> 	https://coach.ca/soccer



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		<ul style="list-style-type: none"> • **Learn to Train (U8- U12): The emphasis of this course is on technical and tactical development within a small sided game environment (6v6, 7v7, 8v8, 9v9). You'll learn how to help participants learn basic principles of play, in a fun, and challenging environment focussed on discovering how to solve soccer problem <i>(approximately 6-hours to complete)</i>. • ***NCCP Making Head Way Module <i>(90-minutes and no cost)</i> • ***NCCP Emergency Action Planning Module <i>(15-minutes and no cost)</i> • ***NCCP Rule of Two <i>(20-minutes and no cost)</i> • ***NCCP Making Ethical Decisions Module <i>(3.5-hours to complete)</i> 	
Soccer for Life	U12+	<p>REQUIRED TRAINING (COMPETATIVE LEAGUE):</p> <ul style="list-style-type: none"> • *Respect in Sport Activity Leader <i>(2.5-hours self-paced)</i> • *Criminal Record Check with Vulnerable Sector Screen <i>(good for 3-years)</i> • **Soccer for Life (U12+): The emphasis of this course is on technical and tactical development within the 11-a-side game environment. You'll learn how to plan and deliver effective, enjoyable, age-appropriate practices and how to provide feedback to your players <i>(approximately 6-hours to complete)</i>. • ***NCCP Making Head Way Module <i>(90-minutes and no cost)</i> • ***NCCP Emergency Action Planning Module <i>(15-minutes and no cost)</i> • ***NCCP Rule of Two <i>(20-minutes and no cost)</i> • ***NCCP Making Ethical Decisions Module <i>(3.5-hours to complete)</i> 	https://coach.ca/soccer

* *This training is required before you are able to be given a team to coach.*



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** *This training is comprised on online training and, depending on age group, on-filed training. Coaches are highly recommended to take the online training before you start coaching.*

*** *These are smaller modules that are easy to take online at home.*

Note:

If you are a coach who has already taken training as listed above, send copies of your training to your community coaching representative for your soccer program if you intend on joining us in coaching youth soccer.

References

Canada Soccer Association (CSA)

Standards for Quality Soccer (SQS) Requirements

Notional Coaching Certification Program (NCCP)

Alberta Soccer Association (ASA)

Big Country Soccer Association Coaching Guidelines (Ref: BCSA-GUI-006)