



**U-9**

## **Outdoor 2026 - 5 vs 5 Rules**

### **Field Size**

Width: 25-30m

Length: 30-36m

**Goal Size** - 5ft (1.52m) x 8ft (2.43m)

**Roster Size** – Max 12, 8-10 ideal

**Ball Size** – Size 3 or 4

**Game duration** – 2x25 min

**Offside** – No

**Throw-ins** – Dribble-in and Pass-in all allowed

**Retreat Line** – No

**Substitutions** – As stated in IFAB Laws of The Game, at stoppages and whole line changes allowed

**Minimum number of players to start the game** – 5

**Referees** – Referee

All other match rules in alignment with the current IFAB Laws of The Game

**Note- We understand that many of the fields will be different dimensions.**

