



U10 Step 1 Game Summary

GAME STRUCTURE		
Time Slot	60 minutes	If time slot is more than 60 minutes still follow the 60 minutes structure. If time slot is less than 60 minutes, reduce period times accordingly.
Ice Size	Half Ice	
Net Size	Small nets	
Ice Markings	As per RAB diagram	Markings are the responsibility of the home team coaches
Game Format	3 v 3 plus goalie	
Positional Specialization	Rotate through goalie position between games. No Set Positions	
Playing Time	Equal	
Goal Equipment	Stick, Child's Choice: Chest Protector, Pads & Gloves	
GAME MANAGEMENT		
Game Sheets	Yes, to record attendees (players and coaches) Game sheets must be uploaded to BGL website	
Score, Statistics, & Standings	No goals announced in arena No score posted in the arena or on websites No standings	
Warm Up	5 minutes	Coaches should be finalizing set up during warm up. Official should be on the ice
1st Period	27 minutes	RUNTIME. 90 seconds shifts. Buzzer to change run by minor officials. Change of players is included in 90 second shift length
Half time	1 minute	
2nd Period	27 minutes	RUNTIME. 90 seconds shifts. Buzzer to change run by minor officials. Change of players is included in 90 second shift length
OFFICIATING		
Penalties/ Infractions	Infractions = education not penalty No one in penalty box Particular attention to safety, crease, dangerous use of stick, body, boarding	
Goal is Scored, Infraction, Ring out of play	Ring at starting point Defending team must back off to halfway Infraction = change of possession Ring out of play = last team to touch will defend	