

## **Canadian Athletic Club**

### **Arena Rules**

The Canadian Athletic Club ("CAC") will adhere to all guidelines set by the Chief Medical Officer of Alberta. Below is a list of rules that must be followed while attending an event at the CAC Arena.

#### **Arrival:**

- The east (main) doors will be used for entering the arena
- Use the provided hand sanitizer immediately upon entering the arena
- Upon arrival, the player will be greeted by the program host who will record the player name, email address and ask the Hockey Alberta required health questions
- Players can arrive at the arena no earlier than 30 minutes prior to the ice start time
- Players are to be dressed in hockey equipment prior to arrival
- Dressing rooms will be available to tie skates.
- One parent or guardian per player is allowed in the arena

#### **During ice time:**

- No sharing of water bottles is allowed
- Water bottle should be clearly marked with players name
- Please pre-fill your water bottles at home prior to arriving at the arena
- No spitting or cleaning of nasal passages
- Parent or guardian that are in the stands are to practice two metre social distancing

#### **Exiting:**

- The west doors will be used to exit the arena
- Players must leave the arena no later than 10 minutes following the end of the schedule ice time
- Showers are not to be used
- Hand sanitizers to be used when exiting the building

#### **Other information:**

- Masks are to be worn while in the building at all times, except when on the ice
- Physical distancing of two metres must still be maintained off the ice and when possible on the ice.
- The upstairs of the arena is closed to participants and parents
- Washrooms will be available for public use
- Obey the people traffic direction signs in the lobby