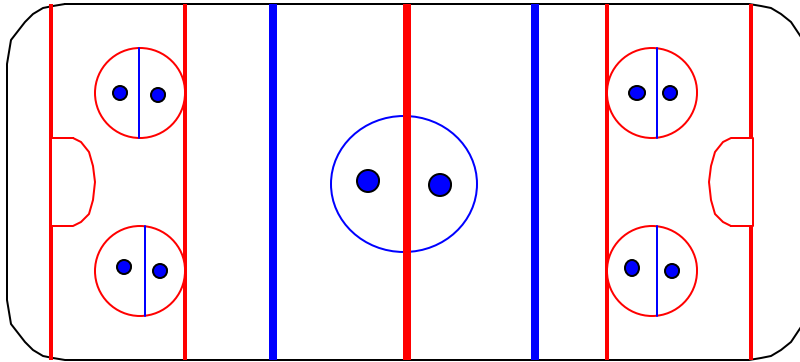


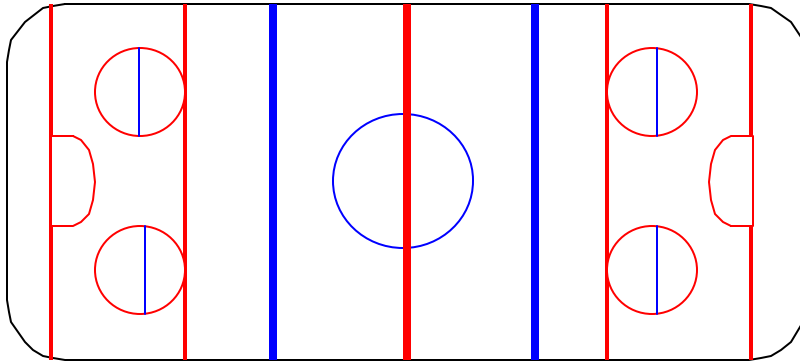
Ringette Practice Plans Worksheet

Date: _____ $\frac{1}{2}$ Ice Full Ice
(Circle One)

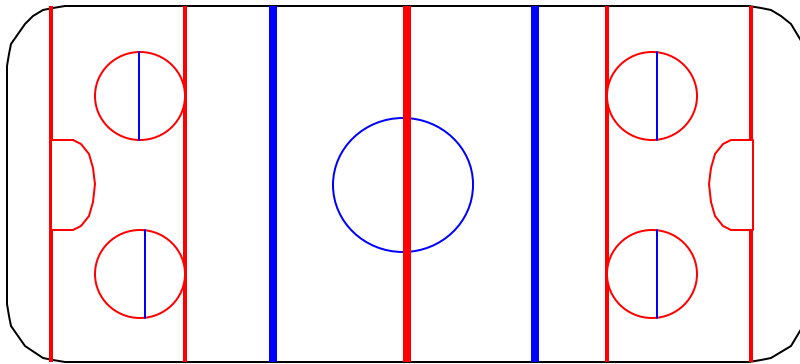
Skating \longrightarrow Passing \dashrightarrow



Description: _____ Duration: _____



Description: _____ Duration: _____



Description: _____ Duration: _____