



# RINGETTE

## What is RINGETTE ?

A fun, fast and competitive team sport

"RINGETTE IS A UNIQUELY CANADIAN WINTER SPORT THAT'S AS CHALLENGING AS IT IS ENJOYABLE. IT WAS CREATED BY SAM JACKS IN 1963 AND HAS SINCE BEEN DUBBED THE FASTEST SPORT ON ICE.

THE MAIN OBJECTIVE OF RINGETTE IS TO USE A STICK TO HIT A RING INTO THE OPPOSING TEAM'S GOAL. THE TEAM WITH THE HIGHEST SCORE AT THE END WINS."

## 5 reasons to choose RINGETTE ?

- TEAM SPORT IN WHICH PLAYERS PASS TO WIN.
- COMPETITION AT EVERY SKILL LEVEL.
- SAFE, NO-CONTACT POLICY.
- FUN AND FULFILLING AT ANY AGE.
- FRIENDSHIPS FOR A LIFETIME.



"WITH RINGETTE TEAMS FOR EVERY SKILL LEVEL, THERE'S NO LIMIT TO WHERE YOUR CHILD CAN GO. FROM RECREATIONAL TO ELITE LEAGUES, THERE ARE PLENTY OF CHANCES FOR YOUR CHILD TO EXCELL.

MANY YOUNG PLAYERS DEVELOP AN INSTANT PASSION FOR THE SPORT, RELISHING THE CHANCE TO BECOME AGILE, FLUID SKATERS WHILE HAVING FUN. THEY ALSO ENJOY BEING PART OF A GREAT COMMUNITY AS THEY BUILD RELATIONSHIPS IN THEIR TEAM AND ACROSS THE COUNTRY.

WHO KNOWS, THEY MAY EVEN MAKE IT ALL THE WAY TO THE NATIONAL RINGETTE LEAGUE AND BE PART OF THE BEST RINGETTE TEAM IN THE WORLD!"

WWW.RINGETTE.CA

## Did you know?

12 UNIVERSITIES IN ONTARIO HAVE RINGETTE TEAMS WITH MORE ALL ACROSS CANADA

THERE ARE MANY SCHOLARSHIPS AND AWARDS AVAILABLE



## #RINGETTE

"There is nothing like it. That feeling you get when you know that you've worked your hardest, put every single effort forward and succeeded. Ice is in our veins. We play for the love of the sport, for the feeling that it gives us, for the sense of accomplishment, teamwork and for the satisfaction of knowing you deserve it after a big win. We play for the little [kid] who fell in love with the sport and never looked back. We play for the speed, agility, coordination and balance. We may be fewer, but we are mightier, strong willed and we know the true meaning of teamwork. No matter our age, the love of our sport we play brings us together. We don't just love to play, we need to play. It's in our hears and souls. Without it we are incomplete."

**We Are Ringette Players**

-unknown



## THE RINGETTE ASSOCIATION OF BURLINGTON

RAB embraces the guidelines laid out by Ringette Canada that focus on the development of the Complete Athlete. The 4 Foundations include Physical, Technical/Strategic, Psychological and Life Skills.

We are an inclusive organization that strives to make Ringette available to all and provide an experience where your player can develop life skills such as team work, collaboration, resiliency and be an active member of the community through fundraising and charity/volunteer work.

- LEARN TO SKATE FUN 1 (AGES 4-7)
- FUNDAMENTALS 2 (AGES 6-8)
- FUNDAMENTALS 3 (AGES 8-9)
- HOUSE LEAUGE (10-OVER 19)
- REP STREAM (AGES 10-18)
- GOALIE DEVELOPMENT (INHOUSE PLAYERS)



SCAN ME



For more info on Ringette Association of Burlington

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For more info on RINGETTE  
www.burlingtonringette.com