



Burlington Summer 3 on 3 Ringette

Each Game:

- As players arrive at the arena, they will be divided into two teams. Each team will have 2 - 3 lines balanced with the opposing team. **Each player is asked to bring a dark and a light coloured jersey** – they will be told which one to wear when they check in and are assigned a team.
- Players will be divided by team into change rooms.
- 2 - 4 parent volunteers are required to operate doors (two on each team), members of the RAB executive will also be there to help out and answer questions.
- 45 minutes will be put on the clock and the game will have running time. There will be a 60 second buzzer for each shift. Players on the ice are expected to skate directly to the bench upon hearing the buzzer. Any player intentionally playing the ring after the buzzer could be subjected to a penalty.
- There will be no shot clock during games.
- The spirit of the Summer 3 on 3 ringette session is to create a fun atmosphere where players can keep their “skating legs” over the summer. Therefore, teams will not be consistent week to week, and score keeping might not be maintained (unless we have eager volunteers).

Referees

- We hope to have at least one referee present at every game. Please treat referees with respect. Remember the less disruptions, the more time we have to play (running time).

Game Rules:

- Referees will be responsible for awarding goals and assessing penalties.
- Center free ring will start the game.
- No shot clock or stops in time.
- The ring must be passed over the blue lines as teams proceed from one zone of play to the next.
- All (3) players are allowed inside the Ringette line in both the offensive and defensive zones of play.
- Other rules consistent with regular ringette games will also be in order such as:
 - All line violations (blue line, two zones) will result in a whistle and the ring must be immediately turned over to the non-offending team (free pass).



- o 5 second violations by goalies will result in loss of possession with the offensive team awarded the ring (free pass). Play resumes immediately.
- o Offensive crease violations will result in a whistle and a goalie ring.
- o Defensive crease violations will result in the offense receiving the ring (free pass).

Goals:

- When a goal is scored the offensive team must immediately retreat back over the center red line. Once all the players from the scoring team retreat back across the center line then they can proceed back into the play. The team that was scored on will immediately retrieve the ring from the goal net and proceed up ice with it.

Penalties

- If a **penalty is called**, the non-offending team will be awarded a penalty shot. The ring will be placed at the center ice dot with the player who had the infraction committed against. All other players on the ice will line up on the defensive blue line. On the whistle, the player will proceed to take the penalty shot, and once they cross the offensive blue line, all on ice other players will give chase and continue with the game.
- If the buzzer is called before the completion of the penalty shot, the lines will delay changing until after the shot has been taken (but will change immediately after shot has been taken).
- If a player receives 4 penalties in a game they will be ejected from that game and must leave the ice and the player's box.

Let's Have a Blast!