

# HOME OPENER



NAHL U15 AA

**CAC THINK GREEN ALBERTA  
vs KC SHAMROCKS**

MONDAY NOVEMBER 2, 2020 8:00 PM  
CASTLEDOWNS A ARENA



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## CANADIAN ATHLETIC CLUB HISTORY

In 1937, a group of sports-minded community league members recognized the need to give athletes from schools and community leagues a more competitive environment in which to develop their athletic talents. From this idea, the Canadian Athletic Club was formed.

The Canadian Athletic Club can reflect on many achievements over the past 74 years and we thank the group of gentlemen who formed our club and laid the foundation for a dynamic and premier athletic organization. The founding members were Ralph Blackmer and Bob Murdock.

Beginning in 1937, when we had one hockey team, the club has been involved in baseball, soccer, boxing and lacrosse.

**Baseball:** From 1942 until 1963, baseball teams playing under the CAC banner competed in Bantam, Midget, Juvenile and Junior leagues in Edmonton.

**Soccer:** In 1950, the Canadian Athletic Club organized a six team Midget soccer league. A Junior team competed in the city league.

**Boxing:** In 1956, the Canadian Athletic Club along with the Jasper Place Boxing Club formed a boxing club with 24 boxers competing in various weight categories.

**Lacrosse:** The club has assisted the West Edmonton Lacrosse Association by sponsoring a midget team.

**Hockey:** The Canadian Athletic Club offers a complete program from U13 to U18. The present program consists of three U13AA, two U15AA, one U15AAA, one U16AA, one U16AAA, one U18AA and one U18AAA teams. Over the years CAC teams have captured over 50 City and Provincial championships. During the 1950's and 1960's our club was affiliated with the Chicago Blackhawks and the Detroit Red Wings.



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**THINK GREEN ALBERTA**  
in the 2020-2021  
Hockey Season!



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# MEET OUR TEAM



Alex Gregoret-Quinn



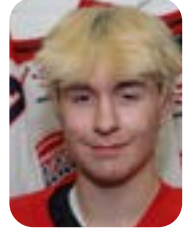
Sawyer MacDonald



Max Lee



Nathan Grono



Carter Beuerlein



Cooper Orrell



Lucas Bjalek



Isaac Michaelchuk



Alex Grono



Jake Crumley



Bailey Donald-Gorman



Dorian Beavan



Haydyn Pilkington



Lucas Vanstone



Elliot Spratlin



Gavin Reed



Carter Davidson



Nolan Ferguson



Hunter Zayac

**Character | Attitude | Community**



# CAC THINK GREEN ALBERTA

#	PLAYER	POS	HT	WT	YOB
1	Alex Gregoret-Quinn	G	5'9"	137	2006
2	Sawyer MacDonald	F	5'2"	87	2006
3	Max Lee	D	5'5"	132	2006
4	Nathan Grono	D	5'8"	129	2006
5	Carter Beuerlein	D	5'9"	170	2006
6	Cooper Orrell	F	5'5"	123	2007
7	Lucas Bjalek	F	5'9"	139	2006
8	Isaac Michaelchuk	F	5'9"	142	2007
9	Alex Grono	F	5'7"	115	2006
10	Jake Crumley	F	5'5"	100	2007
11	Bailey Donald-Gorman	D	5'9"	136	2006
12	Dorian Beavan	F	6'0"	160	2006
14	Haydyn Pilkington	F	5'4"	123	2006
15	Lucas Vanstone	F	5'7"	108	2006
16	Elliot Spratlin	F	5'8"	142	2006
18	Gavin Reed	D	5'5"	133	2006
19	Carter Davidson	F	5'4"	130	2006
21	Nolan Ferguson	D	5'5"	106	2007
31	Hunter Zayac	G	5'7"	110	2007

**COACH** Kevin Lentz

**A/COACH** Dan Woo

**A/COACH** James Williamson

**A/COACH** Ben Sereda

**MANAGER** Mike Ferguson

**TRAINER** Amy Davidge

**DIRECTOR** Kevin Valastin



# KC SHAMROCKS



#	PLAYER	POS	HT	WT	YOB
1	Adam Stephens	G	5'9"	133	2006
3	Jordan MacGregor	D	5'6"	119	2006
4	Matteo Maura	D	5'7"	140	2007
5	Kristian Coutts	F	5'1"	118	2007
6	Eric Estrada	F	5'5"	125	2006
8	Adrian Perrin	D	5'6"	125	2006
9	Johnathan Doan	D	5'3"	127	2007
10	Kenny Taylor	F	5'3"	110	2006
11	Evan Nicholas	F	5'7"	135	2006
12	Malcolm Anderson	F	5'4"	120	2006
13	Benjamin Gutoski	F	5'3"	120	2007
14	Cole Kropielnicki	F	5'5"	115	2006
15	Thomas Owczarek	D	4'11"	120	2007
16	Colby Sikorski	F	5'9"	130	2006
17	Jonah Scott	F	5'7"	140	2006
18	Rowan Mason	D	5'7"	120	2006
19	Levi Langevin	F	5'8"	157	2006
21	Rkan Shamie	F	5'8"	170	2006
31	Bryton Tabak	G	5'9"	140	2006

<b>COACH</b>	Richard Demery	<b>MANAGER</b>	Lisa Sikorski
<b>A/COACH</b>	Dan O'Laney	<b>TRAINER</b>	Emily Rae
<b>A/COACH</b>	Riley O'Laney	<b>A/COACH</b>	Ross Encarnacao
<b>A/COACH</b>	Jared Chomin	<b>A/COACH</b>	Nic Chomin

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**Recruiting Leaders**





GM #	Date	Time	Arena	Visiting Club	Home Club
018	Nov 1	18:00	CDB	CAC Think Green Alberta	KC Shamrocks
019	Nov 2	20:00	CDA	KC Shamrocks	CAC Think Green Alberta
035	Nov 7	19:30	LON	KC Shamrocks	CAC Think Green Alberta
047	Nov 9	20:00	CVB	CAC Think Green Alberta	KC Shamrocks
065	Nov 28	14:30	CMM	CAC Think Green Alberta	St. Albert Bears
079	Nov 30	20:15	CWB	St. Albert Bears	CAC Think Green Alberta
084	Dec 3	20:15	GAA	CAC Think Green Alberta	St. Albert Bears
107	Dec 7	20:15	CWB	St. Albert Bears	CAC Think Green Alberta



# SPECTATOR CAPACITY LIMITS

ARENA	ARENA CODE	BLEACHER CAPACITY
Bill Hunter	BHA	100
Callingwood A (Vern Davis)	CWA	55
Callingwood B	CWB	40
Castle Downs A	CDA	75
Castle Downs B	CDB	45
Clareview A	CVA	100
Clareview B	CVB	37
Coronation	COA	100
Grand Trunk	GTA	87
George S. Hughes (Southside)	SSA	50
Kenilworth	KEA	50
Londonderry	LON	100
Meadows East	TME	100
Meadows West	TMW	62
Millwoods A	MWA	50
Millwoods B	MWB	50
Russ Barnes	RBA	100
Terwillegar A	TCA	50
Terwillegar B	TCB	25
Terwillegar C	TCC	25
Terwillegar D	TCD	25
Go Auto Arena	GAA	100
Mark Messier	CMM	100
Tory Murray	CTM	40
Jerome Iginla (Akinsdale)	JIA	100
Kinex	KNX	50
Sherwood Park Arena	SPA	100
Sherwood Park Sports Centre (Shell)	SPS	70



# RETURN TO HOCKEY PLAN

Hockey Edmonton has posted all of the currently available Return to Play information on their website - [hockeyedmonton.ca](https://hockeyedmonton.ca) - make sure you check it out! The plan is constantly evolving as directed by Alberta Health Services, the City of Edmonton, and Hockey Alberta, and their website is frequently updated.

*The key points:*

1. Do your daily COVID-19 screening questions for your player and any spectators prior to coming to the rink.
2. If you are feeling unwell, **PLEASE STAY HOME.**
3. Follow the guidelines posted at the arena.
  - a. Physical Distancing - maintain 2 m physical distancing
  - b. Wash your hands / use hand sanitizer frequently
  - c. Wear your mask

If we all work together and do our part, hopefully we can keep this hockey season going for the kids!



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# CAC U15AA THINK GREEN HOCKEY TEAM

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"To offer an elite hockey program providing players the opportunity and environment to enhance their hockey and interpersonal hockey skills"