



Central Alberta Hockey League Game Regulations

AMENDED: October 5, 2025 version 11

(NOTE: THESE REGULATIONS ARE IN EFFECT BASED ON THE FORMAT IN PLACE AT LAST AGM)

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1. REGISTRATION COMMITMENTS

- (a) As a guarantee of their Commitment, each Member Minor Hockey Association must post with the Treasurer of the CAHL prior to the first (1st) of November, a Performance Bond of Two Hundred Dollars (\$200.00) per team registered in the CAHL up to a MAXIMUM of One Thousand Dollars (\$1000.00) per Member Minor Hockey Association.
- (b) This bond shall be liable for any breach of the By-Laws, Policies or Regulations of the CAHL or for failure to fulfill commitments. The bond or portion thereof, remaining on these Association records shall be refundable upon withdrawal from the CAHL. Requests for reimbursement of the bond amounts must be made in writing to the CAHL Treasurer and approved by the CAHL President. This request must be submitted before the end of the current season or before the end of the one year leave of absence. Failing to do so will result in forfeit of the remaining bond amount.
Assessment charges against the Bond, unless for offenses otherwise stated in the CAHL By-Laws, Policies or Regulations shall be assessed by a quorum vote of the League Directors.
- (c) Any Assessment against a Bond shall be repaid in full by the team or their Member Minor Hockey Association within thirty days of the assessment being issued. Failure to repay the Bond may result in the suspension and expulsion of the Member Minor Hockey Association from the CAHL. Any expelled Minor Hockey Association would be allowed to apply for membership starting the following season as per CAHL By-Laws, Policies and Regulations.
- (d) Due to the Motion and Directors decision of moving to a team fee only Budget at the October 2024 CAHL Directors Meeting, the team fees will be \$220.00 for U9 and \$250.00 for U11 through U18 for the 2024 – 2025 season. They will be invoiced after team declarations and confirmation of placement.
- (e) Each team may register the number of players as set out by Hockey Alberta.
- (f) Affiliated teams and players must be participating in the CAHL. No affiliation is allowed with teams or players who are not playing in the CAHL without special permission of the CAHL President. Any exceptions would be for a single season only and each member will submit the request form for approval to the CAHL President for the players they wish to use. The form and approvals must be completed before the players are approved to play in the CAHL.
[click here for Outside of the League form](#)

The exception to the above is only for when CAHL teams entered by a member association in the league when:

- The non-CAHL affiliate players are properly registered with Hockey Alberta and present as approved affiliates on the team's Hockey Canada Registry Roster. The CAHL per player fee for these players will apply.
- The affiliates took part in the members tryout process and did not make the team
- The affiliates are like in skill level and are not a higher skill level than the team they are affiliated to for other reasons.
- The Team follows the approval process for the affiliates listed in the CAHL Game Regulations sections 1 g and 5 L, as well the additional Hockey Alberta Regulations.

It should be noted that Hockey Alberta has specific rules which apply to U9 affiliation and number of games played which must also be followed.

Please see letter to CAHL Members for details further to this section ([click here for letter](#))

- (g) Due to September 4th Hockey Alberta Meeting decisions, this section is rescinded and replaced with the Hockey Alberta Affiliation policy.

The CAHL requires notification whenever a team wishes to use an affiliation player. Please see the forms section of the website for the submission link for each age division.

Hockey Alberta and the Sanctioned Leagues reserve the right to revoke the eligibility of an Affiliate Player at any time should that player be deemed to strengthen the team they are affiliated to.

All affiliate requests to be submitted to CAHL via affiliate form. (Located on the forms page on the website for each age division). One form per player, per game. All managers will be supplied with a link to the form at the beginning of the season. NOTE: All affiliates, whether needing approval or not, must be requested in the aforementioned form.

- (h) Each association must supply one governor for every 1-7 teams and one governor for every 1 to 7 teams thereafter that they have entered in the CAHL

- (i) Failure to provide / or resignation of a Governor, refer to Regulation 9(g)(2)

- (j) CAHL WEB PORTAL SEASON REGISTRATION REQUIREMENTS

(i) All member Local Minor Hockey Associations contact information must be submitted to League Administrator as per Table of Deadlines for current year. Failure to meet this date will result in a One Hundred Dollar (\$100.00) fine per week date specified in Table of Deadlines of current year. If the information is still not submitted by final deadline in Table of Deadlines then the Local Minor Hockey Association may be suspended for the current CAHL Season. Contacts information for the association President, CAHL Director, and Registrar, and Governor must be submitted at the very minimum.

(ii) All member Local Minor Hockey Associations team declarations must be submitted to League Administrator as per Table of Deadlines for current year. Failure to meet this date will result in a One Hundred Dollar (\$100.00) fine per team entered late. THERE WILL BE NO TEAM DECLARATIONS ACCEPTED AFTER date specified in Table of Deadlines of current year, without approval of the president.

(iii) All member Local Minor Hockey Associations must provide 4 ice times for tiering round and 8 ice times for regular season per team declaration on the provided league form. Each team's ice submission cannot be one designated ice slot. Submissions must be alternating days. (For Example, not every Saturday at 9 am). Associations must not enter ice times on dates that their associations are hosting tournaments as this is not usable ice for scheduling purposes.

Associations that have more than 10 team declarations in the league must submit ice in a bulk format, where ice is provided in designated time slots on a provided league form, (i.e. 1.75 hr, 2.0 hr, etc.) however, they still must have at least 12 ice times per team declaration and have 4 ice slots for tiering round, and 8 for regular season. Bulk ice cannot be designated to a certain Age Category, but CAHL will make every effort to utilize appropriate hour ice slot for specific Age Category.

Deadline for Tiering Round ice submission and Regular Season is as per Table of Deadlines for current year. Failure to meet these deadlines, or errors in ice submission (i.e., double

booking, Non-valid dates and times) will result in a Two Hundred Dollar (\$200.00) fine and later than 3 days may result in all or some of the teams of the Local Minor Hockey Association being suspended for the current season. Changes to the ice submissions to correct errors will be treated as incomplete ice submissions and therefore will subject to the Two Hundred Dollar (\$200.00) fine described above.

Associations that would like to make amendments to ice slots after submission will incur a charge of fifty (\$50.00) Dollars per amendment.

(iv) All member Local Minor Hockey Associations must submit on league provided form the following information for each team declared.

- ☐ Players and Team Management information by the league declared season start date.
- ☐ Players and Team Management assigned to teams by the league declared season start date.
- ☐ Affiliate Players assigned to teams by the league declared season start date (An extension may be requested to the President for permission to declare affiliate players late, if granted the minor hockey association may be responsible for any costs associated with the manual data entry.)
- ☐ All players home and away jersey numbers by the league declared season start date.
- ☐ All players Hockey Canada Registry Numbers by the league declared season start date.
- ☐ All associations must submit Hockey Canada Team Rosters to League Administrator by declared season start date. LMHA Registrars are expected to verify information in system once League Administrator has imported. Failure to do so could result in team suspension from league. Any changes to roster throughout season must be submitted to League Administrator to update in system. At all times rosters in CAHL system should match Hockey Canada Roster. Failure to notify CAHL League Administrator of roster changes immediately, and before player/coaching staff appears in a game, will result in a fifty dollar (\$50.00) per roster change.

Failure to meet these dates as specified in the Table of Deadlines of the current year, will result in a Two Hundred Dollar (\$200.00) fine and any association later than a week may result in the Local Minor Hockey Association being suspended for the current season.

(v) Any member association may declare in writing to the CAHL at the April CAHL meeting that they require help submitting data. CAHL may provide assistance at a rate per team.

2. CLASSIFICATION OF TEAMS

- (a) In all age Divisions within the league, after competitive balance and like team management, geography has the next highest priority. The CAHL Executive reserves the right to increase the number of tiers or splits to more geographic separations that will allow for competitive balance and then geographic benefit for the teams.
- (b) For the purpose of proper team declaration and tiering of teams in the League:
 - i) Member Associations must submit prior to the first CAHL meeting in September, an initial team summary with the approximate number of teams they will have in each age category.
 - ii) A maximum of six (6) Tiers shall be established for each Age Category of Hockey in the CAHL. This shall be comprised of Tier designations of numbers 1 to 6 as needed. Additional Letters, Colours or geographic labels may be used to separate or to split tiers as approved by the Governor in Chief and President.
 - iii) The CAHL Executive retains the authority and discretion to request any Member Association to declare more than one team in a tier in any single age Division.
- (c) Each Member Association must declare their team placements in the League prior to the deadline before the October CAHL Meeting. These Team Declarations will be completed using the Alberta One Declaration Grid located here ([Tiering Declaration Information](#)) or on the Hockey Alberta Website at these two locations

<https://www.hockeyalberta.ca/members/alberta-one/standardized-tiering/>

https://cloud.rampinteractive.com/hockeyalbertaone/files/23-24_AB1_Regulations.pdf Page 22

- i) Associations may choose to put more teams in the higher Tiers than the table indicates
 - ii) If there are two teams declared in any one (1) Tier, then those teams will be split evenly according to ability of the players.
 - iii) Unless otherwise requested by the League or the Member Association; the teams in each Member Minor Hockey Association must be arranged according to the ability of the players as identified by Hockey Canada, Hockey Alberta and the following list:
 - i.e. Tier 1 are the best players, Tier 2 are the next best players, Tier 3 are the next best players Tier 4 are the next best players, Tier 5 are the next best players and this will continue until all players are assigned to their respective teams in the CAHL tiers
 - iv) If more teams than what can be managed are presented in the Tiering Meeting, the teams may be separated and will be assigned at the discretion of the League Executive with the approval of the President:
 - to a separate tier number or letter to identify a higher level of play than the other team groups if they are a higher skilled group; or
 - to a separate tier number lower than the two other team groups if they are a lesser skilled group; or
 - or the same tier number and a corresponding letter: example T3A.
 - v) Removed due to AB-1 Update April 2023
- (d) Teams may request to move to a higher division at the organizational meeting in October.

(e) Post Tiering Round considerations:

- i) Any teams found to be too strong for any of the Tier 1 groupings or too weak for the lowest tier groups in an age division may be separated with other like teams and labeled a colour or a letter, example T1A or a colour T1 (blue)
- ii) If more teams than what can be managed are presented in the declarations Meetings, the teams will be separated and may be assigned at the discretion of the League Executive with the approval of the President:
 - to a separate tier number or letter to identify a higher level of play than the other team groups if they are a higher skilled group; or
 - to a separate tier number lower than the two other team groups if they are a lesser skilled group; or
 - or the same tier number and a corresponding letter: example T3A.
- iii) In the lower tiers of any age division, the League President will consider any requests for and discuss with the Board of Directors, the possibility of tiers that are purely based on geography. Competitive balance and like team placements may be disregarded to allow for reasonably close proximity travel regardless of the game score outcomes. This would also include if requested a rearrangement of the tiers in playoffs that closer matches the competitive levels of the teams when requested.
- iv) After completion of the Tiering Round for the Regular Season, an unlimited number of divisions (tiers) may be established for each Age Category of hockey to accommodate the number of teams declared in a tier for each age division.
- v) If there are too many teams in a division then that division will split into 2 or more sub-divisions. The Governor In Chief and the President must approve these sub-divisions.
- vi) The CAHL Executive retains the authority and discretion to request any association to declare more than one team in a tier in any single age Division.

(f) If at any time, in any tier, competition becomes unfair or un-balanced the CAHL Executive reserves the right to take action to correct it. When this is identified the CAHL Executive will:

- confirm with the member association that all players and the team was created following acceptable assignment of players to teams based on skill and performance ability.
- confirm that league declaration and tiering processes if applicable have been followed.
- confirm the current play of the team is beyond or below its current competition.
- confirm the team volunteers and its players are not directly or indirectly attempting to otherwise influence proper tiering processes by any means.

If at any time either of the following is identified:

- a situation of un-balanced or unfair competition becomes apparent;
- that team volunteers or its players have taken actions that are a travesty to sportsmanship of League Play;

Then the CAHL Executive may:

- Move the team to a new higher or lower tier if available at that time
- Create a separate tier of more matched competition levels
- Advise the team in question that there is not a place for them to play in the CAHL for their competition level and they will no longer play CAHL assigned games against other CAHL Members.
- Suspend the team from CAHL Play until a decision can be made on what the course of action will be for the team
- Issue an Executive order detailing any other actions that the team or association will comply with in the time frame identified.

NOTE: Complaints about improper team placement under this unbalanced competition policy will not be accepted after the second full weekend of play in January of the Regular Season.

3. REALIGNMENT

- (a) Realignment will only take place after the tiering round as directed by the BOARD of the CAHL.

A second realignment opportunity shall occur as directed by the Board prior to the annual Christmas Break to facilitate an opportunity for the league to realign any teams that are not meeting the CAHL competitive model for that respective tier. In the event that a tier experiences a realignment, with either teams added or leaving their tier, the games played, and statistics accrued during those games played between teams remaining the tier shall remain in effect. Requests will be reviewed by the executive.

- (b) If a team refuses to play any games assigned in the tiering round, then that association may be fined as per Alberta One Appendix "C" and the team may be suspended from the CAHL, unless the Governor-In-Chief and the President approve that the scheduled tiering game does not have to be played.
- (c) There will be no teams allowed to miss tiering games to play in tournaments refer to 3(b).
- (d) Team Points and Player Statistics from all games played in the Tiering Round will not count in the Regular Season Standings. All Teams will start over again at the start of the regular season and all teams will play the same number of games. Any suspensions accumulated in the tiering round must be served and Penalty Minutes and Suspensions will be tracked for the entire season.
- (e) There will be a balanced schedule for the season with each team in a division playing an equal amount of games against each other. The only exception to this if Hockey Alberta designates inter-league play for the tier involved.

If this rule allows for a game schedule of less than 16 games, the schedule will be modified to an unbalanced schedule for this specific Regular Season Tier. This will be done by adding games played against the next closest proximity team(s).

This will need to be coordinated with available ice until each team in the tier is scheduled for 16 games. It may be necessary for TBA (to be announced) games to be scheduled if reasonable options are not present at the time of schedule creation. Under those circumstances the home team will be selected and they are responsible for securing and providing ice for this TBA game(s).

- (f) Each CAHL Director may submit to the CAHL requests for each of their teams to have one or two weekends off to attend tournaments during the CAHL regular season. These requests must be submitted to the CAHL Executive no later than November 10th of the current season. They will be approved based on the following conditions:
 - i) All Teams must be available for league play during the Tiering round, for the first two (2) weekends of the regular season schedule and for the last weekend of the regular season schedule.
 - ii) If approved the CAHL would not schedule any games into those requested weekends. Overall this would allow each team potentially 3 weekends off

(the tiering break weekend and potentially two others of their choice) to attend tournaments. Other than these exceptions, all teams must be available to play CAHL Games on any other weekend of the regular season.

- iii) There will be no additional game changes allowed until the entire regular season schedule for that tier has been released. This may affect more than the first weekend of play after the tiering round.
- iv) After the CAHL regular season schedules for each tier have been released, each team will only be allowed two game changes for the remaining portions of the regular season. Hockey Alberta Provincial Games, Facility issues beyond the team's control, requests for two games in one day in one location, one (1) road trip weekend and weather related rescheduling will not be counted in each team's total requests.
- v) If desired, a single day community event may be requested to be scheduled for or a request of scheduling a weekend road trip may be submitted in place of a tournament request.

Failure to follow this regulation will result in the offending team paying a penalty to cover the cost of ice and officials for the game and then an additional fine amount to a maximum total of \$600.00 for each instance

4. OFFICIALS

- (a) A two (2) or three (3) man system of game officials will be used for all age categories and all referees should be at least one age category above the age category they are officiating (see 4(g)).
- (b) The referees for the U9 category must hold a Level 1 or higher card (see 4(g)).
- (c) The referees for the U13 category and above must hold a Level 2 or higher card (see 4(g)).
- (d) Officials may not be a Referee in any CAHL game if they have a member of their immediate family participating in the game, or carded or team sheeted to the team (immediate family includes son, brother, etc.) (See 4(g)).

They can be a Linesman as long as the opposing team is given notice of this prior to the game with both agreeing and signing off on the front of the CAHL Game Sheet to that fact. If this is not done the Home team association may be fined a maximum of 100 dollars and at the discretion of the CAHL Executive the game may be replayed at the expense of the Home Association.

- (e) The local association is responsible for all officials for all CAHL games except as stated in 4(f).
- (f) The President may assign all or some of the officials for any games (league tiering, regular season or playoff). If the President decides that it is necessary to do this, he shall notify the appropriate Referee Zone Chairman and work with that person to handle the situation delicately as to not have officials quitting. The Referees Association will handle all the necessary communication with the official in question.
- (g) In the event that a Referee(s) are not available to officiate a game, the following process will be used and the game will continue. Both coaches must agree on the

Referee(s) to be used. Should the coaches be unable to come to an agreement, then the two team Captains will officiate this game in question and the game will continue as scheduled.

In the event that only 1 scheduled or replacement Referee is available, they will become the Head Referee and the game will proceed using the two captains as linesman.

This will be documented by the Team Head Coaches sign off the front of the game sheet before the game starts agreeing to this arrangement.

Should the Coach of a team refuse this alternative arrangement and sign off, they must provide the Vice President of the Division with details of why they are refusing, however the game is still directed to continue following the above recommendation.

In the event that a Host does not have officials available or are unable to find any Officials for a game and the two teams Head Coaches cannot reach an agreement on what to do, the following process will be used:

- For any games scheduled before 12:00pm, the game can be postponed if officials cannot be found by 11:00pm the day prior to the game. The game can be postponed with the agreement of the involved CAHL Directors and the VP of the division.
- For any game scheduled after 12:00pm, the game can be postponed if no officials are found by a time of 6 hours before the game with agreement of the involved CAHL Directors, and the VP of the Division.

All Instances of these events will be forwarded to the Division Vice President to review with the President of the League.

NOTE: Penalties may be assessed against the offending Member Association and the Guests at the discretion of the Executive and/or Board for failing to comply with this policy.

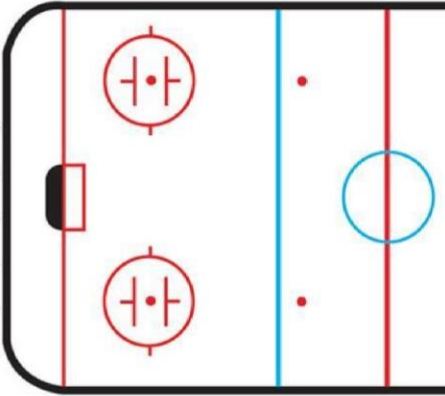
- (h) Complaints against officials must be made in writing and sent to the CAHL Vice-President. All complaints must come from the Associations Director.
- (i) Any complaint against an official will be forwarded to the chairman of the appropriate Referee Association for action.
- (j) The CAHL reserves the right to bar any referee from officiating CAHL games by Executive decision.
- (k) The off-ice officials in any CAHL Game are an integral member of the officiating team and must act accordingly, remaining neutral just as the officials on the ice. The CAHL will review any dereliction of duty or cases of unacceptable behavior by any off -ice officials. That review may result in suspension, removal of any off-ice official from further participation, assessment of a suspension for code of conduct reasons or suspend the person(s) from CAHL games indefinitely pending a review.

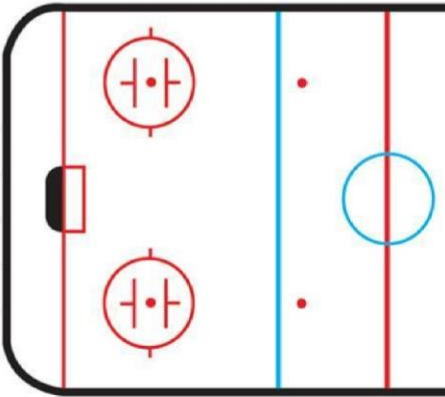


www.cahlhockey.com

**CENTRAL ALBERTA HOCKEY LEAGUE
OFFICIALS INCIDENT REPORT
(Please Print Legible)**

Home Team _____ Visiting Team _____	
Game Played At _____ Date _____	
Time _____	Category _____ Level _____
Game Type: (Circle one) League Playoff Exhibition Tournament	
Referee _____ Number _____	
Linesmen _____ Number _____	
Linesmen _____ Number _____	

<p>Player _____ Number _____ Team _____</p> <p>Time of Incident _____ Period _____ Rule (s) _____</p> <p>Incident Description _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Signature _____</p>	
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<p>Player _____ Number _____ Team _____</p> <p>Time of Incident _____ Period _____ Rule (s) _____</p> <p>Incident Description _____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Signature _____</p>	
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THIS SECTION TO BE COMPLETED BY VP/GOVERNOR	
Game Suspensions	
Coach Player (Including No.)	No. of Games
_____	_____
_____	_____
_____	_____

WHITE - Home Team. To be sent to Governor within 24 hours. **YELLOW** - Home Team **PINK** - Visiting Team **Orange** - Referee Copy

CAHL

5. LEAGUE GAMES

- (a) Each Minor Hockey Association shall provide at least two and one quarter (2.25) hours ice time for **U16/U18** category games, two (2) hours ice time for U15 and U13 category games and one and one-half (1.5 hours) for U11 category games.
- (b) There shall be a flood after every period at the **U16/U18** level. There shall be at least 1 flood between either the first and second period or the second and third period at the U15 and U13 level. The ice shall be flooded before the start of the game at the U11 level.

Specifically, for U11 Levels:

For all Member Associations flooding of the ice will not be allowed between periods unless there is an adequate amount of time allocated for U11 games. If there is a flood once during the game, the game slot must be a minimum of 1¾ hours long. For all Member Associations who declare to be a Drop Clock Community; if there is a flood once during the game in a U11 Divisions, the game slot must allow adequate time to complete the game without dropping the clock.

Any decision prior to or during the game to change the above regulation may only be made with the agreement of coaches from both teams. Agreement shall be indicated by both coaches signing the game sheet and noting the agreement.

- (c) At the start of all CAHL League and Playoff games the clock will be set to a five (5) minute warm-up period. The clock shall be started immediately at the commencement of the scheduled time slot, or when the ice is available for both teams to commence skating, whichever is the latter. At the end of the five (5) minute warm-up period, the clock shall be reset to twenty (20:00) minutes and the game started. The home team must provide warm up pucks for the visiting team, at least one per player.
- (d) During regular season league play, if, after three (3) periods of play, the score is tied, NO OVERTIME shall be played.
- (e) League play will start on or before the last weekend in October.
- (f) Midweek games for all categories are discouraged. However, these games may be a benefit for teams in a reasonably close proximity or at times when two Teams agree in writing to play the game. This request is to be made to the Tier Governor and can be approved by the Governor in Chief and/or Division Lead Governor in consultation with the Vice President.
- (g) Regular league schedule shall end on or around February 15th as identified in the list of Important Dates on the CAHL Website. The first weekend of playoffs shall start the following weekend. If two teams both agree to start earlier they may do so.
- (h) Midweek and Sunday games shall commence no later than 5:00 PM for U11 and U13; no later than 7:30 PM for U15 and **U16/U18** without the agreement of both coaches. The game start time must consider the travel time of the visiting team. No game shall be scheduled that when completed at the scheduled time would force a visiting team to arrive at their home rink after 11:00 PM without an email from both Managers to the Governor agreeing to the change.

- (i) **Friday games start no later than 8 PM unless both managers agree in writing via email with the Tier or Lead Governor. Weekend games start no earlier than 8 AM. For any travel over 100km, an additional 15 mins will be allocated per 25 kilometers. Any changes that fall outside of the following grid will require BOTH managers and Governor agreement in writing. See table below...**

8:00 AM	Up to 100 kms
8:15 AM	Up to 125 kms
8:30 AM	Up to 150 kms
8:45 AM	Up to 175 kms
9:00 AM	Up to 200 kms
9:15 AM	Up to 225 kms
9:30 AM	Up to 250 kms
9:45 AM	Up to 275 kms
10:00 AM	Up to 300 kms

- (j) Stop time is to be used in all periods of all games. When five (5) minutes remains on the ice permit and after the first stoppage of play thereafter, the time clock will be set to two (2) minutes and the remainder of the game will be played stop time. All member Associations must declare at the Annual General Meeting whether they will follow this regulation or provide additional ice time to complete the game.
- (k) Due consideration for travel and schooling must be made when scheduling all games, including league play-offs and any rescheduled games. The Governor and/or the President shall arbitrate disputes over appropriateness of available ice times.
- l) a) For the purpose of affiliation of U7 to U9 the Hockey Alberta Regulations will allow to affiliate to replace players on their roster for the reasons specified in the Hockey Alberta Regulations for Intro to Hockey.
- b) For the purpose of affiliation in the U11, U13, U15 and **U16/U18** Divisions:
Due to September 4th Hockey Alberta Meeting decisions, this section is rescinded and replaced with the Hockey Alberta Affiliation policy.
The CAHL requires notification whenever a team wishes to use an affiliation player. Please see the forms section of the website for the submission link for each age division.
Hockey Alberta and the Sanctioned Leagues reserve the right to revoke the eligibility of an Affiliate Player at any time should that player be deemed to strengthen the team they are affiliated to.
If a team fails to comply with this regulation the game may be declared invalid and rescheduled, the offending team official may be suspended for a minimum one (1) game and fined Two Hundred and Fifty (\$250.00) Dollars. In addition to this the offending Member Association may be subject to possible penalties at the discretion of the Executive and/or Board
- (m) Rescinded By Members April 4, 2016
- (n) Sportsmanship points - Rescinded by Members April 2023
- (o) Sportsmanship points - Rescinded by Members April 2023

- (p) For any CAHL Game postponement, game schedule change or to schedule an assigned TBA or playoff game, the Team Coaches or Managers for the two affected teams must complete the approved CAHL Game Change Form.

When requesting a postponement of any CAHL Game, the Team's Manager will complete the CAHL game change form and forward it with the reasons for the request to the assigned Governor and the opposing Team's Manager. CAHL Regulations 9 (m) must be followed for all league game postponements.

When making changes to a scheduled game, to schedule a CAHL assigned TBA or an assigned Playoff Game, the Home Team Manager will offer the opposing team a potential game choice to agree to. It is expected that if the opposing team does not have a scheduled League game that day and times of the games are within the CAHL regulations that the game choice will be selected. The only exception would be if the team has already submitted a tournament request for during the regular season.

If a Team refuses to agree to the choice provided, the Tier Lead Governor, the Governor in Chief and the CAHL Division Vice President will review the game change submission and either request an additional game slot be offered or assign the game to the original one of the available game slots. If for the second game choice the team does not have a scheduled League game that day and times of the games are within the CAHL regulations that the game choice will be selected. If not the CAHL Vice President shall assign one of the game choices for the game to be played that meet all CAHL Regulations.

- (q) All suspensions given to players in Central Alberta Hockey League (CAHL) will follow Hockey Alberta guidelines and not any other provinces.
- (r) Failure to comply with Regulation 5 (a), (b) or (j) may result in the game being replayed at the expense of the home team if the game result is impacted by the error. If the game outcome is deemed to not be impacted, the offending association may be fined up to one hundred dollars (\$100.00).

Failure to comply with Regulation 5 (c) may result in a fine to a maximum of one hundred dollars (\$100.00) to the offending team. Games will not be replayed due to violation.



Central Alberta Hockey League

Game Change, Postponement or Reschedule Form

Use this form when requesting a game postponement,
rescheduling a game or to set the date for a TBA game.

Division: _____ Tier _____

Manager or Coach Making Request

Name: _____ Team: _____

Original Scheduled Game

☐ Check if this is a TBA Replacement Game

Home Team: _____ Game # _____

Visiting Team: _____ Date: _____

Location: _____ Time: _____

☐ Check if this is a Postponement Request and reasons for your request below.

☐ Check if this request is allowed under CAHL Game Regulations 9 (m)

Replacement Game Slots (2) offered to team - unless teams agree on the first offered game

Date: _____ Date: _____

Time: _____ Time: _____

Location: _____ Location: _____

New Scheduled Game

Home Team: _____ Game # _____

Visiting Team: _____ Date: _____

Location: _____ Time: _____

Comments: _____

Both teams agree with the change as stated above.

Home Team Manager

Visiting Team Manager

Name: _____

Name: _____

Signature: _____

Signature: _____

Date: _____

Date: _____

Governor has approved the change. Yes No

If not approved, please state reason.

Name: _____

Signature: _____

Date: _____

Faxing or emailing from party to party is acceptable.

6. LEAGUE PLAY OFF GAMES

- a) PLAYOFF ELIGIBILITY – As per AB-1 Regulations all teams will make playoffs
- b) TIE BREAKING PROCEDURE – The AB-1 Regulations on tiebreakers will be used for all playoff series ties.
- c) DIVISION PLAYOFFS
 - 1. All play-off series in the league shall be Two game total goals series and must be completed in the weekend assigned by the League. The only exceptions are:
 - When final round play only involves two teams who can request a 3 game series and must be completed in the weekend assigned.
 - **All banner championships shall be a best of three series that must be completed in the weekend assigned unless otherwise requested by the teams to the division Vice President and President to participate in a two game total goals series. The higher placed seed shall receive home ice advantage for Games 1 and 3 unless otherwise agreed upon by the parties.**
 - NOTE: When a coloured sub tier that is not effected by Hockey Alberta or Tier Final timelines or ice constraints may request to the division Vice President and President for the tier to participate in 3 game series play for their playoffs.
 - 2. Venue goes to the team, which finished highest in final league standings in all cases. Governors and/or coaches are not allowed to make changes to this format.
 - 3. Venue for all League Championships involving more than 1 tier will be by a blind random draw as decided by the CAHL President, Division Vice President, and Governor in Chief.
 - 4. In the event that a League Champion in any age division tier must be identified for a Hockey Alberta Provincial Entry, a Round Robin format where each team plays all other one time. Best record becomes the league tier champion. **Teams will receive 2 points for a win, 1 point for a tie, and 0 points for a loss. Hockey Alberta's tie breaking procedure will be used if needed to determine a winner.**
 - 5. Should a different number of teams than a 4, 6, or 8 team playoff need to be played or when an entire tier makes playoffs, an alternate playoff bracket will be provided as approved by the President. This may include, but not be limited to, a seeded consolation round bracket or other bracket deemed appropriate for 2, 3, 5, or 7 team playoffs.
 - 6. Rescinded April 2023 – All teams now make playoffs.
 - 7. For any tiers created for playoffs that have a common set of metrics, then winning percentage can be used to rank the teams. Otherwise, the teams will be seeded by a blind random draw as decided by the CAHL President, Division Vice President, and the Governor in Chief.

8. If tiers end up having an unbalanced schedule, win percentage will be used to determine playoff seeding instead of points.

d) PLAYOFF DEADLINES

In effort to meet deadlines set out by Hockey Alberta for declaring a league champion for Provincials, the CAHL President, Division Vice President, and the Governor in Chief will approve a plan to complete the playoffs in time to meet the required deadlines. This may include, but not be limited to, two game total goals series to be completed each weekend, an earlier playoff start date, or potential playoff format changes to meet these deadlines.

It is expected that any playoff series that must be completed in one weekend, will follow the two game total goals format.

1. A team that fails to full fill its playoff commitments by the assigned deadlines may forfeit the series and the offending member association fined. The Governor in Chief and League President shall make the decision.

e) Overtime in Playoffs

In all playoffs series that must be completed in one weekend, the series will be a two-game total goal playoff series. **The series will be 2 points for a win, 1 point for a tie, and 0 points for a loss. Overtime will only be played if needed in Game 2 of the series.** Overtime will follow the format below.

In all best two of three playoff series, overtime will be played in ALL GAMES. If the score is tied after the end of regulation time, overtime shall be played as:

1. The teams will not change ends and play a five (5) minute stop time, sudden death period. The first team to score wins the game. If at the end of this overtime period the teams are still tied, the clock will be set to four (4) minutes. The teams will play sudden death 4 on 4 plus one goaltender for each team. If at the end of this over time period the teams are still tied the clock will be set to three (3) minutes. The teams will play sudden death 3 on 3 plus one goaltender for each team. If there is a penalty during the 3 on 3 then the non penalized team would put a fourth player on the ice to make it 4 on 3 plus one goaltender for each team, when the penalty expires the play would be 4 on 4 until the next stoppage in play and then it would go back to 3 on 3 plus one goaltender for each team. If one team were to take two or more penalties then the play would go to 5 on 3. At no time will any team go below 3 skaters on the ice.
2. If at the end of overtime periods played in 6(e)(1), the teams are still tied, each team shall select five (5) players for a shoot-out. The team scoring the most goals after each team has shot five (5) times will be declared the winner. Any Player that is serving a minor penalty at the conclusion of overtime will be eligible to participate in the shoot out. Players receiving Game Misconduct(s) or

Game Ejection will not be eligible. The home team shall have the choice of shooting first or second, once they make that decision they will follow that order throughout the entire shootout procedure.

3. If the teams are still tied, then each team will select five (5) additional shooters. The five shooters selected may include shooters used 6(e)(2). This will now be a sudden death shootout. The team scoring the most goals after each team has shot (1) one time will be declared the winner. This process continues until a winner is declared.
4. If the teams are still tied after applying 6(e)(3), then repeat 6(e)(3) until a winner is declared.

f) **ALLOCATED ICE TIME FOR PLAYOFFS**

No drop clock is allowed for playoff games in any Division. All associations must schedule adequate time to allow three 20-minute stop time periods and enough time for overtime for all playoff games. This applies to all associations including those that drop clock during regular season play.

7. GAMESHEETS

- a) As per Alberta One Regulations, the home team is responsible for a designated Data Entry Person to input game results into the League's scoring system no later than 24 hours after the game and no later than Midnight Monday, following the weekend's games. Failure to have completed game results entered into the website may result in a fine for each gamesheet violation to the home team as stated in the Regulations.

The home team is responsible for sending a legible copy of the game sheet and Officials Game Report to their data entry person (do not send originals), and an electronic copy must be sent to the Governor within 24 hours of game completion. If the game sheet and Officials Game Report are not submitted, then the home team may be awarded a LOSS and fine to the home team as stated in the Regulations.).

- b) If game sheets and Officials Game Report are not verified by a coaches or managers' signature, are not legible, or are not signed by the on-ice and off-ice officials, the offending team or Member Association will be fined as per the Alberta One Regulations. If the on-ice or off-ice officials do not sign, the home team will be held responsible.

- c) As a normal practice, Game Sheets and Officials Game Reports must be sent (picture, scan or email) in a legible form to the Governor within twenty-four (24) hours of the game being completed or a fine to the home team as stated in the Regulations may be issued.

During the last weekend of the tiering round, the last weekend of the regular season and for the last playoff game in each series, the CAHL requires the game sheets submitted and data entry completed in a timelier manner. For these exceptions, unless advised otherwise by the Tier or Lead Governor, every effort must be made for all data entry and game sheet submissions to be completed the same day of the game. Additional fines will apply for this not being completed on the same day of these specific situations.

- d) If a referee finds it necessary to take the game sheet and Officials Game Report, the home team shall have the referee sign and state on the front of their copy of the game sheet and Officials Game Report that he has taken the white original game sheet and Officials Game Report. The home team will then send their game sheet and Officials Game Report to the Governor.
- e) The Governor's copy of the game sheet and Officials Game Report shall have the officials NAME printed on it.
- f) The start and end times and the time of day the clock was dropped for each game must be recorded on the game sheet. Failure to do so will result in a fine for the Home Association violation to the home team as stated in the Regulations. Failure to record the start and end times and the time of day the clock was dropped could result in the game being declared invalid and rescheduled. This applies to all Associations, but is critical for Associations that must reduce the clock.

Managers and coaches may not make any changes to the game sheet or official's incident report after they have been signed by the referee. If it is determined that this has been done, the team may be fined up to \$200.00 and the team may be awarded a loss.

GUIDE TO FILLING OUT AN OFFICIAL SCORE SHEET PROPERLY

* YELLOW AREAS MUST BE FILLED IN

CIRCLE CORRECT OPTION

Tier =	Level you are playing at (1, 2, 3, 4, 5, 6, 7, 8, 9)
Tiering =	Tiering, Xover, League, Playoff, Tourn, Ex, Prov.
Division =	Division you are playing at (Midget, Bantam, PeeWee, Atom, Novice).
Arena =	Name of Arena (may not be your home town)
Home Team =	Your Association or town/city name.
Visiting Team=	Hockey Association Name or town/city name.

Under visiting team and home team, the first two player positions are goaltenders. Fill in the rest of the spaces with the rest of the players on your team. List in numerical order, last name first.

Line-ups are to be verified and signed as such by the respective head coaches.

Score sheets must have the warm-up, clock drop, game start and game end filled in correctly.

Scoring:

P =	Period the goal was scored in.
TIME=	The time the goal was scored.
G =	Number of the player who scored the goal
A =	Numbers of the players (2) who may have assisted on the goal.

Penalties:

P=	Period the penalty occurred in.
# =	Number of the player receiving the penalty.
Srv'd =	Number of the player serving the penalty. It may not be the same as the penalized player in some instances (game ejection for example).

OFFENSE =	Use supplied abbreviations to record Offence.
Min. =	Number of penalty minutes.
Start =	The time the penalty started. This can be different if the player receives more than one penalty.
End =	The time the player goes back on the ice (this can be shorter than the penalty time if the opposite team scores during the penalty).

TIME OUTS=	Fill in the period time beside the team requesting the time-out (H or V).
	H = Home team
	V = Visiting team

Use a separate score sheet if you have more penalties or goals than you can fit on one sheet. If you make a mistake, cross it out and use another line on the score sheet. Do not try to overwrite your mistake.

The Referee and Linesmen must sign the score sheet and put their Referees' number beside their printed name.

In the case of a two Referee system, one can sign as Referee and one can sign as Linesman.

TIME KEEPER = The person running the time clock. Sign the score sheet.

SCORE KEEPER/AND OR = The person filling out the score sheet. Sign the score sheet.

PENALTY KEEPER = The person filling out the penalties. Sign the scoresheet.

If one person is doing all three jobs, sign in all three places.

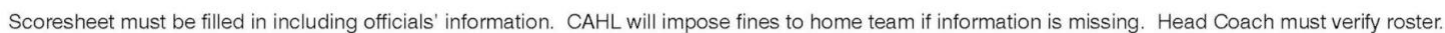
Scratch Sheet: make sure transfer of data to scoresheet is transferred correctly.

OFFENSE

Abbreviations are necessary but you should standardize these. Here are some suggest abbreviations:

AGG	= aggressor
B.C.	= body checking
BDG	= boarding
B.E.	= butt-ending
B.M.	= bench Minor
BR.S.	= broken stick
C.C.	= cross-checking
CFB	= checking from behind
CHG	= charging
D.G.	= delay of game
ELB	= elbowing
FI	= fighting
FOP	= falling on puck
GE.	= game ejection
G.M.	= game misconduct
H.C.	= head contact
HOLD	= holding
H.P.	= handling puck
HKG	= hooking
H.S.	= high stick
INT	= interference
KNEE	= kneeling
L.PB.	= leaving penalty bench
MISC	= misconduct
M.P.	= match penalty
PS.	= penalty shot
RO	= roughing
SL	= slashing
SP	= spearing
T.M.	= too many men
TR	= tripping
T.S.	= throwing stick
U.S.C.	= unsportsmanlike conduct
G.R.M.	= gross misconduct

IF YOU FAIL TO FILL OUT THE GAME SHEET PROPERLY THE HOME TEAM COULD FORCE IT OR HAVE TO REPLAY THE GAME AT THE



Game

[illegible]

Any Misconduct penalties require an Official's Report

8. LEAGUE PARTICIPANT CODE OF CONDUCT

All CAHL participants must conduct themselves in a manner that promotes acceptable conduct and will promote conduct that highlights the importance of:

- | | |
|--|---|
| <ul style="list-style-type: none">• Respect for participants in Hockey• Respect for the game of Hockey• Development of ethical conduct towards others• Notions of justice, fairness, equity | <ul style="list-style-type: none">• Protection from harm• Caring attitudes• Freedom to enjoy,• Opportunities to develop and flourish |
|--|---|

A participant is defined as (but not limited to) a player, coach, Game Official, Spectator or League Volunteer. It is mandatory that every participant abides by these principles.

The CAHL Executive Committee will review all reported or submitted complaints of behaviour that is offensive in nature, to be a violation of this policy, not just as defined and listed below. Other actions that would be considered unacceptable under this policy that are any attempts intended to embarrass, slander, bully, harass, or which have the effect of creating a negative, hostile or uncomfortable environment at any CAHL sanctioned event. Some of these are:

- Attempts of retaliation, threats or intimidation before, during or after any CAHL sanctioned event
- Complaints to public venues or on the social media venues regarding issues being experienced in interactions with the League or Hockey Alberta
- Press releases or public statements to the media regarding issues being experienced in interactions with the League or Hockey Alberta
- Campaigning or protesting in any form before, during or after any CAHL Sanctioned Game
- Any attempts to create an environment before, during or after any CAHL Sanctioned Game that would incite any negative or hostile response, create uncomfortable atmospheres or distractions for any CAHL Participant

At any time, any participant may document these types of incidents and request that their Association Leadership or their CAHL Director submit the complaint as per the formal CAHL Complaint Process.

Please see the League Code of Conduct Policy and Complaints Regulations for additional details.

9. LEAGUE RULES AND PROCEDURES

a) GENERAL

1. If any team or their fans harass another team or willfully damage another team's property, the Member Association and any of its offending teams may be subject to suspension from participating in this League and forfeiture of their bond at the discretion of the Board. The President shall handle this suspension.
2. In the event of a dispute between hockey teams or associations regarding damage to property the following procedure shall be used:
 - The President shall appoint a committee of three (3) Directors from neutral Member Associations and the President shall head the committee.
 - This committee shall investigate the damage.
 - If a team is found guilty of damages to someone else's property, the CAHL shall pay damages to a maximum of Five Hundred Dollars (\$500.00). The offending Member Association and/ or its team shall be responsible for paying the remainder of the damages. The CAHL must be reimbursed before any of offending Member Association's teams are allowed to continue play in the CAHL.

b) MEETINGS

In the event of the in-person meeting being cancelled or unable to be completed, remote on-line meetings will be held in their place as required. Should it be noted that a Member has not attended a meeting in the roll/attendance call or the recording, the same penalties will apply for failing to attend as stated in the Regulations.

1. Association CAHL Directors must be present at the on line CAHL meetings or sign the sign-in sheet within 15 minutes of the meeting start time. If the Director is unable to attend, a current association board member must be there in their place.

It is not acceptable for the attending Governor or another Associations CAHL Director to represent the Directors role as they are completing their own responsibilities.

Failure to be properly represented, an association may be assessed a Two Hundred Dollar (\$200.00) fine against their bond. Consideration will be given for bad weather and other reasonable delays.

2. Governors that are not present, or properly represented, at a CAHL meeting may be assessed a Two Hundred Dollar (\$200.00) fine against their association's bond. Proper representation requires a detailed report on the division by another person from their association or an email to the GIC prior to the beginning of the meeting.
3. Any Member Association or Governor leaving early from meetings, without emergent cause, may be fined Fifty Dollars (\$50.00) and the fine assessed against the offending Member Association's Bond.

c) COMMITMENTS

A team failing to fulfill league or playoff commitments may be suspended from the league for the remaining portion of the hockey season. This circumstance will be confirmed by the Tier Governor, Division Lead Governor and Governor in Chief. Once confirmed it will be reported to the responsible Division Vice President and the CAHL President for final consideration of the penalty.

In addition, the Member Minor Hockey Association may be subject to possible suspension and or fines as approved and directed by the League President as stated in the AB-1 Regulations.

d) CONTROL OF TEAMS AND THEIR MEMBERS

The Head Coach is responsible for the control and behavior of their team and will be held responsible for the actions of any team member.

e) FAN CONTROL

1. Fan control is the responsibility of the home team, preferably the manager, who shall ask arena management to remove unruly fans, or fans that are harassing players and/ or officials, from the arena.
2. In excessive cases of fan behavior, regardless of an arena ejection, member associations can submit details of the incident to the league governor. The league governor will then pass it on with his/her recommendation to the CAHL President for consideration. The incident must be documented, with the necessary facts for a fair decision.
3. The CAHL President will decide if a suspension of this individual's right to attend CAHL league games will be issued. Decisions would normally parallel the AAHL and CAHL suspension guidelines for similar offences committed by a player or a coach. Once a ruling

has been made it is up to the offending member association to help insure that the individual serves this suspension. Should the individual not abide by the ruling, players, teams and/or member associations could be suspended from league play.

f) GATE CHARGES

NO ADMISSION FEE shall be charged to any visiting fans attending a CAHL league or league play-off game.

g) FAILURE TO COMPLETE TERM

1. If a Governor or Director for any reason fails to complete his or her term, this League will ask that Member Minor Hockey Association to appoint a new Governor or Director. If the above is not complied with, that Minor Hockey Association may be suspended for one (1) year.
2. Failure to provide or resignation of a Governor will result in a \$100.00 fine per week to the association providing that governor unless a suitable replacement can be found within a one-week time frame.

h) MONIES

Any Member Association sending cheques or money orders in the mail for league fees and bonds, shall list the teams the money is for. Cheques and money orders should be made payable to the CAHL.

i) SHAKING HANDS

Teams will shake hands following the game at the discretion of the official, shaking of hands at all age categories is encouraged. In order to reduce the possibility of germ transfer and the risk of players being injured, the players may keep their gloves on and simply bump gloves in lieu of shaking hands. Discipline issues occurring during handshaking will be dealt with on a case-by-case basis. Possible guidelines for suspension due to hand shaking and post game incidents may be mandatory one game suspension for the offending player(s) and/or team officials (if the team officials are involved).

j) INSURANCE

Be sure all members of your Association are protected by Hockey Canada liability insurance.

k) OVER-AGE PLAYERS

1. The league will follow the Hockey Alberta guidelines concerning Overage players. All players must meet these guidelines and must have approval granted by Hockey Alberta.

Note: The CAHL will restrict Junior to U18 Overage Approvals to Goalies only, but may consider medical or other exceptional circumstances for other applications. This will be decided by the CAHL President and U18 Division Vice President.

Any approved overage applications must also complete any additional documentation or agreement forms that are in use by the CAHL at that time.

Additionally, all Overage Players must play (unless injured, Doctors note required) in more than 75% of the games the team has scheduled in the Tiering round to allow for a team to be properly placed in an appropriate tier. In the event the Overage player does not meet this requirement, they are not eligible for participating in Playoffs with their registered team.

Overage players will be identified and reviewed during the re-tiering process to determine strength of teams. Please note, overage players could affect where the team is placed during the re-tiering process but also as per Hockey Alberta AlbertaOne regulations, players can be reviewed and revoked at any time during the season.

I) NON-SHOW TEAMS / FAILURE TO PLAY A SCHEDULED GAME

As per Alberta One Regulations, teams failing to present themselves at any scheduled League game will be investigated and assessed fines as per the regulations. Additionally:

1. Should the Home Team fail to play a scheduled game without following the proper game postponement regulation 9(m) they will be assessed a Four Hundred Dollar (\$400.00) fine and refer to 9 L (4). Any Guests who have travelled to the game can request reasonable expenses for the failure of the game to be played.
2. Should a visiting team fail to play a scheduled game, without following the proper game postponement regulation 9(m), they will be assessed a Six Hundred Dollar (\$600.00) fine and must pay the ice expense, referee and linesmen costs and refer to 9 L (4). When assessing the situation, hazardous weather conditions and properly postponed games will be taken into consideration. The home association is to invoice the offending team/association. If not paid in 30 days (from date of invoice) notify the League Treasurer and the invoice will be paid from the association's bond account. All teams in the association will be suspended if the bond fund is not repaid within 30 days of notification from the League Treasurer.
3. Non-Playoff league games may be waived conditional to:
 - a) The un-played game(s) has no bearing on playoff standings and
 - b) Both affected teams approve and advocate waiving game(s) and
 - c) Affected Governor is notified in writing by both teams of agreement to waive non-playoff game(s).
 - d) The League President must approve any such requests.
4. In the case of a CAHL team not showing up to play a league game by the scheduled game time without proper notification, the said team forfeits 2 points for the missed game. The team receiving the 2 points for the win will not receive any sportsmanship points for the forfeit game.
 - a) In the case of a CAHL visiting team not being on ice and ready to play a scheduled league game within 15 minutes of the scheduled game time without proper notification, the League Executive will review the incident.

In the instance that a significant poor or bad weather event has happened or imminently will happen in the area a visiting team must travel to or through to get to a scheduled CAHL game, Section 9 L, part 4 / 4a above and the remaining portions of this policy will not come into affect if:

- there is agreement in writing (email is acceptable) that both CAHL members (both Team Managers/Coaches and both CAHL Directors or their designate) feel that it is not safe to travel and
- a detailed written agreement (email is acceptable) is forwarded to the responsible Tier Governor, Division Lead Governor and Division Vice President that identifies the agreement and the efforts to reschedule the game happen as soon as practical and

- both parties split the costs evenly of the Ice and Referees for the game affected by the weather. The Home team Member will invoice the guest member for 50% of the game costs associated with the weather interruption.

The Visiting team member will have 30 days to pay the invoice or the remaining portions of the rule below may apply.

If the agreement immediately above is not followed the associated penalties MAY apply based on the findings:

Reason for no show: Weather related where roads are closed within 50 km of game site as confirmed by Governor

Potential penalty: No penalties to visiting team

Reason for no show: Weather related where other teams are traveling in or through same area successfully and no road advisories are in place

Potential penalty:

- Costs of ice and officials only

Reason for no show:

Injuries, suspensions, less than 6 available players, miscommunication

Potential penalty:

- Costs of ice and officials
- Fine of up to \$600
- Forfeit of game
- Suspension of team from further games up to the entire season

b) In the case of a home team not being on ice and ready to play a scheduled league game within 15 minutes of the scheduled game time without proper notification, the League Executive will review the incident. The associated penalties MAY apply based on the findings:

Reason for no show:

Injuries, suspensions, less than 6 available players, miscommunication, lack of suitable officials, facility closure or other reason not related to weather

Potential penalty:

- Fine of up to \$600
- Forfeit of game
- Suspension of team from further games up to the entire season
- Travel cost of visiting team up to a maximum of \$250 total.

c) If a forfeit occurs, the team receiving the 2 points for the win will not receive any sportsmanship points for the forfeit game in divisions where sportsmanship points apply.

d) In the event that a team is a repeat offender of this regulation, penalties may increase in severity.

(m) POSTPONED GAMES

1. The request to postpone a game is to be made ONE (1) WEEK prior to game time to both the GOVERNOR and opposing coach and manager. A completed CAHL game change form must be forwarded to the Governor.
2. A team may have a MAXIMUM of two (2) postponed games at any one time. Postponed games must be rescheduled within two (2) weeks. The Governor and President will decide each case and consideration shall be given for hazardous weather conditions. Postponed games may be requested, but ARE NOT AUTOMATICALLY GRANTED, even if both team coaches and managers are in agreement. The Governor in consultation with the CAHL Vice President responsible for the division MUST still APPROVE all postponements.

n) TEAM COLORS

The home team will be responsible for changing sweaters when the visiting teams' sweaters are close in color and confusing to the referee. The home team sweaters should be predominately a dark color and the visiting team sweaters should be predominately a white color.

o) BANNERS

The respective governor shall present One (1) championship banner to each divisional winner.

p) ACCESS TO ON-ICE OFFICIALS ROOM

Coaches, Managers, Fans and Players are not allowed to enter the Officials' dressing room before or after the game nor at intermissions. Team Managers are the only members of the team that are to have contact with the Officials to provide any information needed by the officials prior to the game and to receive game documents after the game. Neither of those should require that the Manager enters the Officials' room.

If there is a need for the officials of one team to enter the room at the request of the Officials, the other team must also have equal representation in the room. This should be a rare situation and should be after the referee report has been prepared.

q) Rescinded October 29, 2013 by Hockey Alberta

r) SUPPLEMENTAL LEAGUE TEAM BEHAVIOR RULE

In addition to the Hockey Alberta Minimum Suspension Guidelines, any Team Roster Member (Coaches, Managers, Trainers or Player of a Team) that receives 3 infractions of penalties in the Rule 11 category, that results in a suspension being assessed in the current CAHL season, the Discipline Committee Coordinator will forward the details to the CAHL President and Division Vice President for a review of their behaviour and conduct.

If warranted, a further CAHL Suspension may be assessed by the President of a duration not longer than the remaining games the team has available in the current CAHL Season including playoffs.

s) ADDITIONAL SUSPENSIONS FOR TEAM OFFICIALS POOR BEHAVIOR

Any roster member of a team (player, coach, trainer, manager, etc.) who is not in a game due to injury, suspension or other is expected to conduct themselves in the same manner as if they were in the game. If such an individual is abusive to an official or participant in the game, they will be subject to the same suspension as an active participant in the game. As an example, if a suspended coach is found to be in violation of rule 9.2 while in the stands serving a suspension, an additional suspension will be applied just as if the coach had been on the bench.

t) **SUSPENSION STATUS FOR A PROTESTED GAME**

In the event that a league game is required to be replayed as a result of a protest, any suspensions received as a result of actions in the game will stand. Any suspensions which were served in the game will also count as being served despite the game being discarded for league purposes.

u) **ADDITIONAL SUSPENSIONS FOR PLAYERS POOR BEHAVIOR**

As per the Alberta One Regulations, the League must have a policy for the additional suspensions for poor player behavior. Alberta One Regulations will reward players who do not exceed these thresholds by the end of the regular season. In those instances, the accumulations of Penalty minutes will not apply in the playoffs. However, if a player has exceeded one of the thresholds in the regular season, the accumulation and suspensions for the following thresholds will apply for the remainder of the season including playoffs.

- Once a player in the **U16/U18** division reaches 100 penalty minutes in total, they will receive a 1 game suspension and for every 25 minutes thereafter, the suspension will be doubled, i.e.: 125 = 2, 150 minutes = 4 game suspension.
 - Once a player in the U13 or U15 division reaches 75 penalty minutes in total they will receive a 1 game suspension and for every 25 minutes thereafter the suspension will be doubled.
 - Once a player in the U9 or U11 division reaches 50 penalty minutes in total, they will receive a 1 game suspension and for every 25 minutes thereafter, the suspension will be doubled.
 - Penalty minutes will not be accumulated from games while playing as an affiliate player; only penalties with the players registered team will be included in this total. Suspensions must be served on the player's regular team as assessed in games as an affiliate.
- v) No suspended Player or Team Official is allowed on the bench, in the timekeepers/penalty box, dressing room or within fifty (50) feet of the players' benches one hour before, during, and after a game.
- Any player or team official in violation of 9(v) will be required to serve the unserved suspension in the team's next game, league play, tournament play, Provincials and Hockey Alberta Sanctioned events, as the terms of the original suspension were not served. The suspension will be deemed outstanding as all conditions have not been fulfilled.
 - A second violation may result in a one game suspension to the Coach.

10. Female Hockey in the CAHL

With the approval of CAHL members and the sanction of Hockey Alberta, the CAHL will create a supplemental guiding document to create, implement and manage a Female League of Hockey. The supplemental document will allow for League play for all members teams from U9 to U18.

11. PROTESTS

- (a) All protests must be made by the League Director responsible for the Association making the protest. This can be done by phone or email to the appropriate Governor within forty-eight (48) hours of the game in question, followed by a written game protest within seventy-two (72) hours of the game in question. The written protest along with a cheque or money order, made payable to CAHL, in the amount of Three Hundred Dollars (\$300.00), will be forwarded to the league treasurer. The protest and monies must come from the local Minor Hockey Association. Such monies shall be forfeited to this League should the protest be disallowed and refunded if the protest is upheld. If the protesting Association does not wish to wait until the next scheduled League meeting to have the protest heard, an additional Three Hundred Dollars (\$300.00) shall be forwarded to the League to cover the cost of the conference call. This amount will be non-refundable. The president can accept a written guarantee via email for the money if the association has enough money in their bond to cover the costs, due to the time constraints of mailing a cheque.
- (b) The defending club must file their defense in writing to the appropriate Governor within forty-eight (48) hours, after their notification from the Governor, of the game in question being protested.
- (c) All protests and statements of defense must be presented to the League by the local Minor Hockey Association's Director.
- (d) Protests will be ruled on by the league president.
- (e) The league president has the option to form a protest committee to deal with the protest if he chooses.
- (f) Any association involved in a protest has the right to appeal any decision made, and any such appeal would follow Section # 13 - Appeals.

NOTE: The CAHL will not use/review video of On Ice events as part of any dispute

12. SUSPENSIONS

- (a) Fighting is prohibited in the CAHL. Suspensions for fighting will follow the Hockey Alberta Minimum Suspension Guidelines. In the event a player has been assessed suspensions for fighting 3 times in a season, the CAHL Discipline Committee Coordinator will review the suspension issued by Hockey Alberta with the President and may assess further suspension for the 3rd fight that may not exceed the number of games left in the current season for the Player.
- (b) The CAHL may issue suspensions for offenses including but not necessarily limited to: fighting; deliberate attempt to injure; match penalties; misconduct penalties; racial or gender slurs; checking from behind; etc. The MINIMUM SUSPENSION shall be one (1) game.
- (c) Repeat offenders shall be subject to increasing suspensions.
 - I. Players who accumulate in League and/or Hockey Alberta Sanctioned Games three (3) Major penalties or a combination of three (3) Major or Match penalties in any season shall be suspended by the CAHL for an additional 2 games in addition to any suspensions assessed due to the infractions.
 - II. Players who accumulate in League and/or Hockey Alberta Sanctioned Games four (4) Major penalties or a combination of four (4) Major or Match penalties in any season shall be suspended by the CAHL for an additional 4 games in addition to any suspensions assessed due to the infractions.
 - III. Players who accumulate in League and/or Hockey Alberta Sanctioned Games more than four (4) Major penalties or a combination of four (4) Major or Match penalties in any season shall be indefinitely suspended by the CAHL until a review is completed. The CAHL Discipline Committee Coordinator and Division Vice President will review the suspension with the President and may assess further suspension that may not exceed the number of games left in the current season for the Player.

- IV. Additionally, when identified, any Participants who accumulate in League and/or Hockey Alberta Sanctioned Games any two (2) rule 11 penalties or a combination of two (2) of these penalties in any season shall be suspended by the CAHL for an additional 2 games in addition to any suspensions assessed due to the infractions.
- (d) The coach or manager of a player who receives any major penalty (any 5 min.), a match penalty, or any game misconduct penalty must report the incident to the appropriate CAHL Governor within twelve (12) hours from the end of the game in question. That player will not be allowed to play any games until permission to do so is given by the Governor or President. While there may not be any further suspension assessed, the participant must not play until approved to do so by the Governor. Failure to report the incident to the Governor within the time allowed may result in a fine of \$100.
- (e) The coach or manager of a team official who receives any game misconduct penalty must report the incident to the appropriate Governor within twelve (12) hours from the end of the game in question. That team official will not be allowed to participate in any games until permission to do so is given by the Governor or President. While there may not be any further suspension assessed, the participant must not take part in a game again until approved to do so by the Governor. Failure to report the incident to the Governor within the time allowed may result in a fine of \$100.
- (f) Suspensions that are incurred in CAHL league games may only be served in league games, tournaments and Hockey Alberta Provincial games, NOT EXHIBITION GAMES, suspended players or team officials may not participate in exhibition games until their suspension has been served.
- (g) In addition, the team coach or manager are also responsible to report to their assigned Governor all major penalties, match penalties or other incidents with potential suspensions that are assessed against any player or team official in all Exhibition, Tournament or Provincial games during the CAHL season. This must be completed within forty - eight (48) hours from the end of the game in question. They must also submit to the Governor, the suspension notice for any team official or player that are assessed in all Exhibition, Tournament or Provincial games during the CAHL Season. This must be completed within forty - eight (48) hours when they are notified of the suspension. Verification of all suspensions served in Tournament or Hockey Alberta Provincial game(s) must be submitted to the appropriate Governor for review. Until the Governor accepts and acknowledges the served suspension in these game(s), the participant serving the suspension may not play in any CAHL Games. If the suspended participant takes part in a game prior to the Governor notifying the Team Manager the suspension has been served, the participant will be assessed a further 1 game suspension by the Discipline Committee Coordinator.
- (h) A copy of the Suspension Notice for any team participant suspension shall be sent to the Team Manager by the responsible CAHL Volunteer as per the suspension notification process.
- (i) Suspensions may be appealed (See Section # 13 - Appeals).
- (j) Each Governor is to give a written summary of all suspensions to the CAHL Governor in Chief at the end of the season to verify the Website Suspensions List is accurate for Carry-Over Suspensions.
- (k) All suspensions will be visible and tracked to completion on the CAHL website. Suspension tracker will include:
- (i) Player or team official name, (ii) Team name and tier, (iii) Infraction,
 - (iv) Suspension levied, (v) Games suspension is applicable for.

NOTE: There may be instances where video evidence may support the decision-making process, and as such, it may be considered in the CAHL complaints process, where appropriate.

At the discretion of the CAHL President or designee, the video review may be deemed to be inconclusive if (among other things), in the opinion of the President or designee, the video recording does not provide a sufficiently clear view of the incident as stated by or in the submitters request.

Video that will not be reviewed – The CAHL will not view videos for the purpose of:

- Reviewing on-ice officials' calls or non-calls, nor for the purpose of reviewing the on-ice officials' penalty selection. Hockey Canada, Hockey Alberta, and the CAHL have very specific rules regarding the on-ice official's judgement and decision shall be final and not subject to appeal.
- Reviewing the conduct, actions of any individual player or actions of any teams during any game unless otherwise outlined in this Regulation.

Video that may be reviewed – The CAHL may view videos, if available, for the purpose of:

- Identifying the correct player in situations where an admitted error has been made in which an incorrect player may have been identified by the on-ice officials and issued a penalty resulting in a suspension.
- Reviewing the conduct of participants in player safety or child at risk complaints.
- Reviewing the conduct of participants during incidents or altercations, specifically when Code of Conduct violations are concerned.
- Reviewing a game situation that may have or does result in a serious injury to any player whether or not a penalty was assessed.
- Forwarding any concerns and/or potential further investigation to CAHL Member(s) and Hockey Alberta entities. This may result in up to and including indefinite suspensions being assessed while the process is investigated and completed.

Submission of video – If a CAHL member wishes to submit video for review, the following procedure must be followed:

- The video, along with a signed complaint form by the Members CAHL Director or President must be submitted.
- The complaint form must outline specifically what the Complainant wishes to have reviewed. This would include a legible copy of the game sheet and any applicable game reports.
- The complaint must identify where in the view the incident occurred or there must be an indication in writing of what time in the game the incident occurred and where on the submission it can be located.
- A statement describing what editing the video has specifically experienced prior to being provided.
- A statement from where the video was taken at or what source has supplied the video. No forms or posted social media video sources or links will be accepted as video submissions (e.g., streaming, Facebook live, Instagram posts, etc.) but can be identified and/or discussed in the complaints process.

13. APPEALS

League rulings (decisions) may be appealed by using the following:

- (a) The appeal must come from the local Minor Hockey Association and be presented by their League Director.
- (b) The appeal must be made to the CAHL President within seven (7) days from the League ruling. In the case of a suspension it will be within seven (7) days of the suspension notice being sent (email or phone call) to the team or association in question.
- (c) The appeal must be accompanied by a cheque or money order, made Payable to the CAHL, in the amount of Three Hundred Dollars (\$300.00). Such monies must come from the Member Association and shall be forfeited to the CAHL should the League ruling be upheld or refunded if the League ruling is reduced. The president can accept a written guarantee via email for the money if the association has enough money in their bond to cover the costs, due to the time constraints involved.
- (d) Rescinded by Members April 2023
- (e) The President will appoint an Appeal Committee of three (3 or more) Volunteers or Directors to hear the appeal. These Volunteers or Directors shall be from neutral Member Minor Hockey Associations and unbiased in opinion in the appeal they are hearing. These three (3 or more) Volunteers or Directors shall be the only voting members in the appeal.
- (f) The appeal meeting will follow the Hockey Alberta and C.A.H.A. rules for such hearings.
- (g) Any suspension upheld by the CAHL Appeal Committee may be appealed to Hockey Alberta.
- (h) A decision of a referee shall be final on all questions of judgement and not subject to appeal. Any minimum suspension issued pursuant to that decision cannot be appealed. **Any concerns should be submitted to the VP of the division with a formal complaint.**

14. LEAGUE COMPLAINTS PROCESS

All complaints must be submitted to the League Governor using the approved CAHL Complaint Form to the responsible CAHL Volunteers as identified in the Bylaws, Policies or Game Regulations by the Member's CAHL Director. No complaint form will be processed without the approval and signature of the CAHL Director or the LMHA Member Association President's.

The complaints process will generally follow:

- All complaints will be forwarded to the responsible tier Governor who will forward it in its entirety to the Division Vice President and also making the Division Lead Governor and Governor in Chief aware of the complaint.
- Upon receipt of a completed and signed Complaint Form, a detailed review of the complaint will be completed by the responsible Division's CAHL Vice President. A formal request will be made for a response statement from all parties involved and they will have 3 days to provide that information. The complaint will be entered into the established Complaints Record Spreadsheet for recording of issues, incidents and complaints at this time.
- Then the responsible CAHL Vice President and CAHL President will establish if any violation of the CAHL Bylaws, Policies or Game Regulations has happened. If violations of the CAHL Bylaws, Policies or Game Regulations have been proven or clearly identified, the responsible CAHL Vice President and President may:
 - Complete further investigation including requests for additional information as they feel are required.
 - Assess the specified penalty in whole or part to the parties named in the complaint as per outlined in the Bylaws, Policies or Game Regulations.
 - Assess the specified penalty in whole or part to the party that forwarded the complaint if it is identified they also caused a violation of the CAHL Bylaws, Policies or Game Regulations.
 - Apply another resolution or penalty recommended by the CAHL President and Vice President with the support of the majority of the CAHL Executive Committee.
- In addition to the above; in the event that the CAHL does not directly have a Bylaw, Policy or Game Regulation that directly applies to the situation or it is a fan or facility control issue; the CAHL President may choose to do one or more of the following:
 - Assign the task of resolving the complaint to the LMHA Presidents and CAHL Directors of the Two Member Associations involved, monitored by a CAHL Executive Member, and give them 7 days to submit an agreed upon resolution to this complaint.
 - Direct that the two teams involved not play against each other until the situation is resolved
 - Direct that the two teams not play each other for the remainder of the season including playoffs
 - Direct that any of the two member association teams do not play each other until the situation is resolved.
 - Directly assign League Volunteers or Member Representatives to jointly attend the involved Teams next game together to monitor the two teams for issues. If either Member is not willing to do that then the game(s) are postponed indefinitely until satisfactory resolution of the issues have been completed acceptable to the CAHL Executive Committee.

NOTE: Further actions as identified and approved by the CAHL Executive will apply to repeat offenders or participants who appear to have a pattern of being involved in repeat complaints.

All decisions may be appealed within the current CAHL Policies and Regulations.

Once the final resolution has been achieved, the complaint will be closed. At that time the Records of the event will be forwarded to the CAHL Secretary to store in the Members folder and the records spreadsheet will be updated with the outcome of the complaint.

Exceptions to this process are Overage and Affiliation Complaints. Please see the Hockey Alberta One Regulations or the letter to all Directors linked here - [CAHL Overage and Affilliate Complaint letter](#)

CENTRAL ALBERTA HOCKEY LEAGUE COMPLAINT FORM



Please note the following:

- Always wait the 24 hour cooling off period before beginning the complaint process and follow the League communications process.
- Complaints will only be addressed if they are fully completed, have contact information and are signed by the submitter and their CAHL Director or their Local Minor Hockey Association President.
- The CAHL cannot guarantee complete confidentiality. Portions of the contents of this document may have to be shared in effort to resolve this complaint. By completing the form, you agree that the CAHL may share some or all of this information the process of resolving the complaint.
- Provide the fully completed form to your Associations CAHL Director they will forward it to the Governor of your associated tier: the CAHL Lead Governor, the CAHL Governor-in-Chief or the CAHL Vice President of your Division.

Please complete the following:

- 1. Person making the complaint:** ☐ Team Member ☐ CAHL Director ☐ Game Official ☐ CAHL Volunteer

First Name		Last Name	
Address			
City/Town	Province	Postal Code	
Telephone Number	Cell Phone Number	Email	

- 2. Person on whose behalf the complaint is made:** (to be completed if different from above)

First Name	Last Name
Telephone Number and email address	

- 3. Name of person(s) against whom you are complaining if known:**

First Name	Last Name
Title/Role	Name of Association
First Name	Last Name
Title/Role	Name of Association

- 4. Details of the CAHL Members, the game location, the Division, the Tier or the event involved in this complaint?**

CENTRAL ALBERTA HOCKEY LEAGUE
COMPLAINT FORM page 2



5. **Particulars:** Provide a summary of the incidents you are complaining about. Your summary must answer the following questions. Section 5 is to be no longer than this page. You may attach any additional documents as you feel are necessary. Witness statements would be appreciated if available.

1. Date and Time the incident(s) happened
2. Where did the incident(s) happen?
3. Who was involved (Team information, Name and title/role)?
4. What happened?
5. What remedy or resolution are you seeking?

Date: _____ Signature of Complainant _____

Signature of Members CAHL Director or LMHA President _____

15. Document History

Original approval	This document was originally issued by – Doug Durbano April 7, 2014	
Review history	The following identifies the reviews and all revisions that were completed for the last 36 months.	
Date	Reviewed by	Comments
April 8, 2014	D. Durbano / J. Parks / T. Siverson / J. Vincent	Initial implementation of handbook

Revision History

Version #	Membership Approval Date	Description of Changes
Rev # 9	August 12, 2023	Section 1f, 1g, 5l – Affiliation updated to AB1
		Section 2b, 2c – Tiering grid moved to AB1
		Section 3b, 3e – Updated to AB1 fines and allows for inter-league
		Section 5n, 5o – Fair Play Points removed – everyone makes playoffs now.
		Section 6 – playoff formats and two game series now are the norm, 3 game series only in tier finals with 2 teams, winning % now identified under blended conditions
		Section 7 – updated to AB1 standards
		Section 9b – Fines added for not attending on line meetings
		Section 9c – Team commitments – updated to AB1 standards
		Section 9L – No show updates to AB1 standards
		Section 9u – updated to AB1 standards
		Section 11 – updated to AB1 standards
		Section 13 – updated to AB1 standards
Revision 10	October 16, 2024	Section 1d – change to team fee invoicing
		Sections 1f, 1g, 5L Overage and Affiliation updates
		Section 5i Travel times Friday Nights and early Saturday

		Section 6c playoff formats for 2 game series and Tiers/teams not on timelines or deadlines
		Section 14 Changes to complaints process for Overage and Affiliation
Revision 11	April 14, 2025	<p>Section 6c playoff formats for 2 game series and Tiers/teams not on timelines or deadlines</p> <p>Section 14 Changes to complaints process for Overage and Affiliation</p> <p>Section 6e – Changes to playoff format (i.e. win/loss/tie points)</p> <p>Section 5a, 5b, 5h, 5l b, 9u - Addition of U16 to wording within document.</p> <p>Section 6c – Banner championship series</p> <p>Section 3a – Realignment of teams after tiering</p> <p>Section 9k – Overage players and tiering placement</p> <p>Section 13h – Additional wording</p> <p>Section 5i – Clarification of game start times</p> <p>Section 6c 4 – Clarification of round robin rules</p>

16. Additional information

AB1 2025 – 2026 Tiering Grids



ALBERTA ONE STANDARDIZED TIERING GRIDS 2025-2026

	U11 & U13						Total
	1	2	3	4	5	6	
One team			1 (Option)				1
Two Teams		1		1			2
Three Teams	1		1 (Option)		1		3
Four Teams	1		1	1	1		4
Five Teams	1		1	1	1	1	5
Six Teams	1	1	1	1	1	1	6
Seven Teams	1	1	1	1	1	1	7
			1 (Option)				
Eight Teams	1	1	1	1	1	1	8
		1		1			
Nine Teams	1	1	1	1	1	1	9
	1		1 (Option)		1		
Ten Teams	1	1	2	2	2	1	10
	1						
Eleven Teams	1	1	2	2	2	2	11
	1						
Twelve Teams	2	2	2	2	2	2	12
Thirteen Teams	2	2	2	2	2	2	13
			1 (Option)				
Fourteen Teams	2	2	2	2	2	2	14
		1		1			
Fifteen Teams	2	2	2	2	2	2	15
	1		1 (Option)		1		
Sixteen Teams	2	2	3	3	3	2	16
	1						
Seventeen Teams	2	2	3	3	3	3	17
	1						

Note: The Alberta One Standardized Categorization Grid is to provide the initial categorization placement of teams prior to League Tiering Games. Teams may have their categorization adjusted by their League pending the completion of tiering games.



ALBERTA ONE STANDARDIZED TIERING GRIDS 2025-2026

	U11 & U13						Total
	1	2	3	4	5	6	
Eighteen Teams	3	3	3	3	3	3	18
Nineteen Teams	3	3	3	3	3	3	19
			1 (Option)				
Twenty Teams	3	3	3	3	3	3	20
		1		1			
Twenty-One Teams	3	3	3	3	3	3	21
	1		1 (Option)		1		
Twenty-Two Teams	3	3	4	4	4	3	22
	1						
Twenty-Three Teams	3	3	4	4	4	4	23
	1						
Twenty-Four Teams	4	4	4	4	4	4	24
Twenty-Five Teams	4	4	4	4	4	4	25
			1 (Option)				

Note: The Alberta One Standardized Categorization Grid is to provide the initial categorization placement of teams prior to League Tiering Games. Teams may have their categorization adjusted by their League pending the completion of tiering games.