



Calgary Knights Lacrosse Club

By-Laws

Revision Date:

November 2024

Calgary Knights Lacrosse Club

By-Laws

INTERPRETATION

1. Name
 - The name of the Society is the "Calgary Knights Lacrosse Club" (hereinafter referred to as the "KNIGHTS")
2. Head Office
 - The head office of the Society shall be located in the City of Calgary, Province of Alberta
3. Boundaries
 - The geographic boundaries of the KNIGHTS are defined by the Calgary District Lacrosse Association (CDLA)
4. Dissolution
 - The KNIGHTS may be dissolved upon the approval of a special resolution by the membership. In the event of dissolution, all assets remaining after payment of liabilities shall be distributed to one or more recognized Canadian charitable organizations, as determined by the Board of Directors
5. Singular/Plural
 - Words importing singular number only shall include the plural and vice versa and words importing the masculine gender shall include the feminine and neutral genders and words importing persons shall include provincial or federal companies, corporations, partnerships, syndicates, trusts and any number or aggregate of persons all as the context may require
6. Headings
 - Headings in these bylaws are for reference only and do not affect the interpretation of the clauses
7. Definitions
 - Unless the context requires otherwise, the following definitions apply:
 - Acronyms may be used in lieu of writing the full name of the organization, company or partner ie: ALA instead of Alberta Lacrosse Association
 - "Act" or "Statute" means The Societies Act (Alberta) or any Act or Acts substituted therefor, and in case of any such substitution the reference in these provisions to non-existing Acts shall read as referring to the provisions substituted therefor in the new Act or Acts;
 - "Affiliate Member" means any non-player or non-parent coach, manager, or other official, officially registered with the KNIGHTS and who are willing to support the promotion and development of lacrosse in the City of Calgary, in Alberta, or elsewhere in Canada, that has been admitted to membership in the KNIGHTS, as a non-voting Member

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- “ALA” shall mean the Alberta Lacrosse Association;
- “ALRA” shall mean the Alberta Lacrosse Referees Association;
- “Amateur” shall have that meaning as defined by the CLA from time to time;
- “Annual General Meeting” means the general meeting of the members
- “Appeal” means an appeal pursuant to Bylaws;
- “Board” means the Board of Directors of the KNIGHTS;
- “Bylaws” means the Bylaws of the KNIGHTS as amended from time to time;
- “CDLA” means the Calgary District Lacrosse Association
- “CLA” means the Canadian Lacrosse Association;
- “Coach” means a person registered with the KNIGHTS as a coach of a lacrosse team;
- “Director(s)” shall mean a member of the Board of Directors of the KNIGHTS;
- “Fees” means the cost of a member to belong to the KNIGHTS;
- “Financial Statement” means the financial statement of the KNIGHTS;
- “Fiscal Year” shall have that meaning of the year in which the financial year falls
- “In writing” or “Written” include printing, typewriting, or any electronic means communication;
- “Local Governing Body” means the governing authority recognized by the ALA above the Club level and below the ALA level registered as a body corporate, which for the KNIGHTS, is the Calgary District Lacrosse Association;
- “League” shall have that meaning defined by the ALA from time to time;
- “Manager” means a person registered with the KNIGHTS as a manager of a lacrosse team;
- “Member” means those persons who become members
- “Officers” means the persons identified as the Executive
- “Officials” means those persons who work as referees, timekeepers, goal judges, penalty-box attendants and other persons who may be required off the floor or field from time to time for the organized conduct of a game of lacrosse
- “Player” means a person registered with the KNIGHTS as a player on a lacrosse team;
- “Regulations” means those regulations of the ALA for the administration and advancement of lacrosse;

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- “Rules” means those rules of the game of lacrosse as made from time to time by the ALA and CDLA;
 - “Simple Majority” shall mean one more than half of those voting
 - “Special Resolution” shall mean a resolution passed by a majority of not less than three-fourths (3/4) of those entitled to vote as are present in person at a meeting of members of which notice specifying the intention to propose a resolution as a special resolution has been duly given;
 - “Suspension” means a temporary removal of a member from the privileges of playing lacrosse or association with a lacrosse team or Club or member or officiating lacrosse or from any other activities relating to the game of lacrosse under the KNIGHTS sanctioned activities provided that the suspension must stipulate a length of time or number of lacrosse games, or type of lacrosse game or any combination thereof. Expulsion means a permanent removal of a member’s privileges
8. Non-Profit Organization
- The KNIGHTS is a non-profit organization. No assets or income may be distributed to members, and all revenues shall be used exclusively to advance the Club’s objective
9. Construction
- References to communication "in writing" include print, typewritten, and electronic formats, provided the mode allows visibility and record retention

MEMBERSHIP

1. Regular Membership
- Membership in the KNIGHTS is open to persons aged 18 years or older, who have become eligible for admission, and have been accepted by the Board
2. Eligibility
- All Members of the Club must be residents within the current KNIGHTS boundaries or be granted membership by the Board.
 - Membership shall imply acceptance of the KNIGHTS bylaws, as well as bylaws of all governing bodies in the sport of lacrosse in Canada.
 - Parent/Guardian – the parent/guardian that registered one or more of their minor child(ren) shall be a voting member of the Club
 - Players - Any player who is duly registered in the program and of the age of majority shall be a voting member of the club
 - Volunteer
 - Coaches: Any volunteer or coach who are granted membership by the Board shall become a member of the Club

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- Any member of the Board of Directors of the KNIGHTS.
- 3. Affiliate Members
 - Affiliate members are any non-player or non-parent coach, manager or other official registered with the club and who are willing to support the promotion and development of the KNIGHTS in Calgary, Alberta, or elsewhere in Canada, as approved by the Board of Directors
- 4. Good Standing
 - Members shall be deemed to be in good standing when: They have paid their annual membership fee and any other dues or fees payable; and They abide by and comply with these bylaws; and They abide by and comply with all other lacrosse governing body's bylaws; and They observe faithfully the rules and regulations made from time to time by the Board
- 5. Term
 - Membership in the Club shall be from year to year, or such further period as may be directed by the Board.
- 6. Renumeration
 - There are no provisions for payment to members, Directors, or Officers, including payment of income, honorariums, dividends, shares, or transfers of property.
- 7. Member Resignation
 - Any member wishing to withdraw his/her membership may do so at any time upon 7 days written notice of such intention and discharging any lawful liability to the President.
- 8. Refunds
 - Refunds shall be at the discretion of the Board and may be but not limited to registration fees, tournament fees, return of equipment, fines, and dues
- 9. Membership Fees
 - The annual membership fees shall be the registration fee for a lacrosse player in the KNIGHTS. The fee shall be determined by the KNIGHTS Board prior to the commencement of each new lacrosse season and must be paid within the parameters specified when completing the registration processes. Affiliate members are not required to pay a fee.

MEETINGS OF MEMBERS AND VOTING

1. Frequency and Notice
 - The Club shall hold an Annual General Meeting of members on or before the 30th of November of each year, for which at least thirty (30) day's notice, circulated by email, will be given to all members

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2. The Order of Business:

- Reviewing and acceptance of the minutes from the previous AGM
- The AGM Agenda shall be presented and accepted by those in attendance
- Executive Committee Report
- Financial Report
- Board of Directors' Report
- Election of the Board of Directors
- New Business
- Discussion of any new business from the floor, excepting that no vote will occur on any motions brought forth unless the Board was duly notified of said motion in writing no less than fourteen (14) days prior to the AGM
- Adjournment

3. Quorum

- 4% of membership who have a vote shall constitute quorum. When a quorum is not available at the Annual General Meeting, quorum is considered to be those present after 15 minutes from the scheduled start time

4. Voting

- Every voting member in good standing over the age of 18 years shall be entitled to one vote per family and a majority of the votes cast shall determine all matters except where a special resolution is required. Every motion shall be decided in the first instance by a show of hands unless a secret ballot is demanded by any member. In the case of an equality of votes the President shall have the deciding vote.

BOARD OF DIRECTORS

1. Powers

- The affairs of the Club shall be managed by the Board of Directors. The Board shall manage according to the Policies and Procedures of the Club. This includes all actions that may be done by the Club which are not expressly required to be done at a meeting of the members or otherwise

2. Committees

- The Board may constitute such standing committees as they deem necessary or desirable and shall appoint the members thereof, including the Chairperson of each such committee. All committees shall be accountable to the Board and any recommendation or decision subject to ratification by the Board

3. Qualification

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- Any member who is over 18 years of age shall be eligible to serve as a Director
4. Election
 - The Board of Directors of the Club shall be elected at the Annual General Meeting for a term expiring at the Annual General Meeting. All Directors are eligible for re-election. Any vacant position shall be filled by appointment by the current Board of Directors
 5. Vacancies
 - If any member of the Board shall resign his office, or without just cause be absent from two consecutive Directors' meetings, or is suspended or expelled from the Club, the Board may declare his office vacated and may appoint a successor in his place to hold office until the next Annual General Meeting
 6. Suspension
 - Any Director of the Board may be suspended by the Board from his office or have his tenure of office terminated if, in the opinion of the Board, he is grossly negligent in the performance of his duties. Any Director so suspended or whose tenure of office has been terminated shall be at liberty to appeal the decision of the Board directly to the membership at the next general meeting following such a decision, provided notice of such appeal, shall be given in writing to the President at least one week prior to such meeting
 7. Meetings of Directors
 - The Board of Directors shall convene at least once per month for a minimum of six meetings during the period between the date of the last election of directors and officers and the next proposed Annual General Meeting of members.
 8. Special Meetings
 - Shall be convened upon receipt by the President of a written request signed by one half (1/2) of the total Board Members in good standing setting forth the reason for calling such meeting. The meeting shall be held within 21 days of receipt of the request. Notice of the meeting shall be emailed to all Club members. No subject shall be discussed or considered at the Special Meeting except that specified in the notice
 9. Quorum
 - Shall occur when fifty percent (50%) of the Directors are present for the transaction of business either in person or remotely
 10. Virtual and/or Remote Meetings

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- If the Board meeting is scheduled to take place in person, a Board member may only attend a meeting and participate in Board deliberations and decisions by remote participation if the Board member is prevented from physically attending the meeting and has prior approval of the President. Remote participation shall include remote meeting software ie: zoom/teams, so long as all people participating in the meeting can hear each other.
- Text messaging, instant messaging, email, and web chat with or without audio are not acceptable means of remote participation.

11. Voting

- Questions arising at the Board meeting shall be decided by a majority of votes of those Directors present except the President. The President shall vote only in the case of an equality of votes by the other Directors. In the case of an equality of votes, the President shall cast a single and deciding vote. All votes at any such meeting shall be taken by a show of hands unless a ballot is demanded by any Director present. A declaration by the President that a resolution has been carried and an entry to that effect in the Minutes shall be prima facie evidence of or against such resolution. In the absence of the President his duties may be performed by a Vice-President, or such other Director as the Board may from time to time appoint for the purpose

12. Resolution in Writing

- A resolution in writing signed by all the Directors or approved via email by Directors shall be valid and effectual as if it had been passed at a meeting of Directors duly called and constituted

13. Remuneration

- The members of the Board shall receive no remuneration for acting as such but shall be entitled to reimbursement for such reasonable out-of-pocket expenses as may be approved by the Board

14. Liability of Directors

- Every Director of the Club shall be deemed to have assumed office on the express understanding and agreement and condition that every Director of the Club and his heirs, executors and administrators and estate and effects respectively shall be indemnified and saved harmless out of the funds of the Club from and against all costs, charges and expenses whatsoever which such Director sustains or incurs in or about any action, suit or proceedings which is brought, commenced or prosecuted against him for or in respect of any act, deed, matter or thing whatsoever made, done or permitted by him or any other Director or Directors in or about the execution of the duties of his or their office, and also from and against all other costs, charges and expenses which he sustains or incurs in or about or in relation to the affairs thereof

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15. Errors in Notice

- No error or omission in giving such notice for any meeting of Directors shall invalidate such meeting or invalidate or make void any proceedings taken or had at such meeting and any Directors may at any time waive notice of any such meeting and may ratify and approve of any or all proceedings taken or had thereat.

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BOARD OF DIRECTORS

1. Existing Board

- Directors shall hold office until the next Annual General Meeting of the KNIGHTS wherein their term ends and their successors shall be elected pursuant to these By-Laws or the next Special General Meeting of the KNIGHTS called for that purpose.

2. Membership of the Board

- The Board of Directors shall consist of not less than 5 and not more than 25 Directors, which shall consist of the Officers of the KNIGHTS, as well as the Director positions, all as elected pursuant to these By-Laws.
- In addition to the members of the Board set forth above, the Board may by Resolution approve the attendance of a representative of an Associate Member or any other party, provided however, that such representatives shall not have a vote at any meeting of the Board
- In addition to the members of the Board set forth above, the Board may by Resolution approve the attendance of a representative of an Associate Member or any other party, provided however, that such representatives shall not have a vote at any meeting of the Board Meetings.
- The Executive Committee shall determine the procedure for calling and holding its meetings.
- A quorum shall consist of three executive committee members.

3. Powers and Responsibility

- The Board shall manage all the affairs of the KNIGHTS. The powers and duties of the Board includes, but is not limited to, the following:
 - The Executive Committee shall supervise and control the affairs of the Club between meetings of the Board pursuant to the guidelines established by the Board and shall deal with emergency matters when it is impractical or impossible to call a meeting of the Board for such purposes
 - The Executive Committee shall prepare the agenda for the Board meetings and have the necessary information presented to the Board on matters brought before it
 - To interpret and enforce the Bylaws, Policies, Rules, and Regulations of the Club, CDLA and ALA
 - To recommend, draft and prepare changes to the Bylaws, for approval of the members at the AGM or Special Meeting

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- To impose and enforce appropriate penalties upon members, players, coaches and other persons for violations or breaches of the Bylaws, Policies, Rules and Regulations of the Club, ALA and/or CDLA, or any violation or breach of a decision or ruling of the Board
 - Supervision of the collection of fees and expenditures of funds of the Club
4. Board's Authority
- Subject only to those rights of appeal as provided for herein and in the constitution and Bylaws of the CDLA, all decisions, rulings and interpretations of the Board are final and binding upon members, players, and Officers
5. Suspension
- Any member of the Executive Committee may be suspended by the Board from office or have his tenure of office terminated if, in the opinion of the Board, is grossly negligent to the performance of his duties. Any member of the Executive Committee so suspended or whose tenure of office has been terminated shall be at liberty to appeal the decision of the Board directly to the membership at the next general meeting following such a decision, provided notice of such appeal, shall be given in writing to the President at least one week prior to such meeting
6. Change in Number of Directors
- In Board discussions, the KNIGHTS may from time to time chose to increase or decrease the number of Directors within the maximum and minimum number specified in the By-Laws and may at such meeting elect or appoint Directors to fill any vacancies resulting from an increase in the number thereof
7. Affairs and Business
- The Board shall, subject to the Bylaws or direction given by majority vote at any meeting of the members properly called and constituted, have full control and management of the affairs of the KNIGHTS.
 - The Directors and Officers may from time to time make rules and regulations as they consider appropriate for the activities of the KNIGHTS, its members, the children of its members or any of its volunteers including but not limited to its coaches, provided such rules and regulations are not inconsistent with these bylaws.
8. Term of Office
- The term of office of all elected or appointed Executive Committee members shall be concurrent with their terms as Directors
9. Eligibility
- Family Unit Restriction

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- Only one member from the same family unit or household is permitted to serve as a voting Board member at any given time.
- Single Position Rule
 - Elected members of the Board may not hold more than one Board position concurrently
- President, Vice President and Officer Nominees
 - Nominees for the office of President or Vice President must have been members of the Club for at least two (2) years. Additionally, nominees for the office of President must have served as either a Director or Executive Member of the Club for a minimum of two (2) years before their nomination Officers
 - Except for the Past President, Officers shall be elected by the members at the AGM. Each position shall be held for a two (2) year term. The terms of President and Director of Governance shall start in the same even year and the terms of Vice-President, and Treasurer shall start in the same odd year
 - The Officers (Executive Committee) of the Club shall consist of the following positions:
 - President
 - Past President
 - Vice-President
 - Director of Governance
 - Treasurer
 - Secretary

10. Officers (Executive Committee)

- President
 - Serves as the Chief Executive Officer of the Club for a minimum term of two (2) years
 - Responsible for the general administration of Club operations
 - Chairs all meetings or delegates chairmanship to another Executive Member
 - Exercises emergency powers of the Board, including suspensions, subject to review by the Discipline Committee
 - Serves as an ex-officio voting member on all Committees
 - Acts as one of three representatives with signing authority for the Club
 - Liaises with community organizations
 - Attends or appoints representatives to ALA and local governing body meetings

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- Presents a report on the Club's activities at the Annual General Meeting (AGM).
- Past President
 - Assists the President as required
 - Votes only in the event of a tie, acting as the tie-breaking vote
- Vice-President
 - Chairs meetings in the President's absence.
 - Assumes the President's responsibilities if President is unavailable.
 - Performs additional duties as assigned by the Board.
 - Considered a voting member of the Board
- Treasurer
 - Holds the position for a minimum of two (2) years.
 - Manages all financial records and deposits Club funds in a chartered bank approved by the Board.
 - Prepares and presents the annual audited Financial Statement at the AGM.
 - Serves on Committees related to finances.
 - Acts as one of three representatives with signing authority.
 - Provides regular financial updates to the Board.
 - Performs additional duties as designated by the Board.
 - Considered a voting member of the Board
- Director of Governance
 - Ensures compliance with statutory and regulatory requirements within governing body standards
 - Tracks and manages player discipline issues in alignment with governing body standards.
 - Provides advice on disciplinary actions affecting players, coaches, or parents.
 - Represents the KNIGHTS on disciplinary committees at the CDLA level, as required
 - Schedules and organizes meetings, oversees agenda planning, and records minutes in the absence of the Secretary
 - Performs additional duties as designated by the Board.
 - Considered a voting member of the Board
- Secretary
 - Schedules and organizes meetings, prepares agendas, and publishes meeting materials.
 - Attends all Board meetings and records and maintains accurate minutes.

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- Performs additional duties as designated by the Board.
- Supports correspondence needs of the Board.
- Considered a voting member of the Board.

11. The Directors of the Club Election and Term

- Directors are elected by members at the AGM for a two (2)-year term. Director of Volunteers & Events and Director of Coaching Development terms begin in even-numbered years. Director of Equipment and Director of Evaluations terms begin in odd-numbered years

12. The Directors of the Club shall include:

- Registrar
 - Manages registration for players, coaches, and team personnel
 - Ensures good standing of Executive in RAMP
 - Books floor times and arranges team schedules
 - Coordinates payments/refunds with the Treasurer
 - Ensures compliance with volunteer requirements (CRC & VCRC)
 - Supports team assignments in collaboration with Coaching Director, Evaluation Director and Executive
 - Uploads, updates and maintains RAMP and TeamSnap for registration and schedule requirements
 - Performs additional duties as designated by the Board.
 - Not considered a voting member
- Director of Evaluations
 - Defines and oversees the evaluation process
 - Develops evaluation drills and activities
 - Coordinates evaluators and maintains evaluation data
 - Performs additional duties as designated by the Board
 - Considered a voting member of the Board
- Director of Equipment
 - Manages the inventory, allocation, maintenance, repair of equipment
 - Submits equipment purchase proposals to the Executive Committee
 - Performs additional duties as designated by the Board
 - Considered a voting member of the Board
- Director of Volunteers & Events
 - Organizes volunteers for Club events, including evaluations, tournaments, and fundraisers
 - Tracks and manages volunteer bond charges with Team Managers
 - Oversees Club Mentorship Program Performs additional duties as designated by the Board
 - Considered a voting member of the Board

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- Director of Coaching Development
 - Oversees coach selection, training and development/mentorship opportunities
 - Supports Registrar with the compliance of coaching certification requirements
 - Ensures coaches adhere to the Club's Code of Conduct in conjunction with the Director of Governance
 - Performs additional duties as designated by the Board
 - Considered a voting member of the Board.

COMMITTEES

1. The Board or a Committee thereof may create Standing Committees
 - Such Committees may consist of members or non-members of the Board. The Board will assign functions, responsibilities and powers to these Committees as outlined in a Committee Terms of Reference. All committees must consist of a minimum of one Board Member

COMMITTEE QUORUM

1. A quorum of the Discipline/Appeals Committee shall be three (3), provided that the three members are non-interested parties to the matter being described.

OPERATIONAL PROCEDURES

1. Resignation
 - An Officer or Director may resign from office upon giving notice in writing to the Club President and such resignation becomes effective in accordance with its terms or upon acceptance by the Board, whichever may be the earlier date
2. Removal
 - The Board may, by a two-thirds (2/3) vote, remove an Officer or Director, who, in the opinion of the Board has been or is being remiss or neglectful of duty or by conduct which impairs his/her performance as an Officer or Director Any Officer or Director, who fails to attend three (3) Board Meetings within a year, or two (2) consecutive Board meetings without just cause, (which shall be determined by the Board) on motion passed by a majority of the Board, may be removed as an Officer or Director
3. Vacancies
 - The Board shall have the power to fill by appointment any office or vacancy which may occur between Annual General Meetings or as a result of the failure of an Annual General Meeting to elect a full slate
4. Disclosure of Interests in Contracts

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- Every Director who has, directly or indirectly, any interest in any contract or transaction to which the Club is or is to be a party, other than a contract or transaction limited solely to his remuneration as a Director, shall declare his interest in such contract or transaction at a meeting of the Directors and shall at that time disclose the nature and extent of such interest.

CODE OF CONDUCT

1. All Members, Lacrosse Teams, Players, Coaches, Managers, Trainers, and Officials shall follow the Code of Conduct as stated by the ALA

NATURAL JUSTICE

The rules of Natural Justice (removal of bias and right to a hearing) apply to the KNIGHTS Discipline and Appeal process.

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DISCIPLINE, SUSPENSIONS AND TERMINATION OF MEMBERS

1. The KNIGHTS has the authority to discipline any player, team official, team follower, or parent of member who violates or breaches a Bylaw, Rule and/or Regulation, and is subject to discipline as set out herein
2. All matters involving the suspension and termination of members shall be reviewed and determined by the Board of Directors except matters involving the discipline of players
3. All matters involving the discipline of players shall be initially determined by the applicable player's coach. An appeal of the discipline may be made to the Board of Directors by submitting a written notice to the Director of Governance within 5 days of the disciplinary proceeding. The player shall be entitled to present all relevant evidence and to hear all evidence presented, to examine or cross-examine all witnesses and to present oral argument and written briefs. The player may be represented by an agent
4. No member other than a player shall be suspended or terminated from the Club by the Board of Directors without being notified of the charge or complaint against him and without having been given an opportunity to be heard by the Board of Directors without being notified of the charge or complaint against him and without having been given an opportunity to be heard at a meeting called for that purpose. The member other than a player shall be entitled to present all relevant evidence and to hear all evidence presented, to examine or cross-examine all witnesses and to present oral argument and written briefs
5. Following the hearing, if the Board of Directors determines that the member's conduct was improper, unbecoming or damaging to the interest or reputation of the club or a breach of the By-laws, may suspend the member or terminate his membership
6. Any member who is suspended or has his membership terminated shall have the right to appeal the decision of the Board of Directors to a panel of 3 members, other than players, 1 member to be appointed by the suspended member, 1 to be appointed by the Board of Directors and the 3rd to be chosen by the first 2. The determination of the panel shall be final and binding on the parties

MANAGEMENT AND FINANCES

1. Borrowing Powers
 - For the purpose of carrying out its objectives, the KNIGHTS may borrow or raise or secure payment of money in such manner as it thinks fit, and in particular by the issue of debentures, but this power shall be exercised only

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under the authority of the Club, and in no case shall debentures be issued without sanction of a Special Resolution of the membership.

2. Annual Financial Audit

- The books, accounts and records of the Treasurer shall be reviewed at least once each year by two members of the Board of Directors. A complete and proper Financial Statement for the Club's previous year shall be submitted at the Annual General Meeting of the Club.

3. Fiscal Period

- The fiscal period of the KNIGHTS shall be September 1 to August 31 of the succeeding year unless otherwise determined by the Board.

4. Salaries

- The Board shall have the right to fix the salaries or remuneration to be paid to all employees of the Society and to delegate to any Officer the fixing and payment of salaries, remuneration or wages to employees.

5. Signing Authority

- The President, Registrar or the Treasurer will have the authority to execute all agreements, documents, and other instruments on behalf of the KNIGHTS. All cheques will require two signatures of either the President or Registrar and the Treasurer. The Board may designate by formal resolution other persons who shall have signing authority for cheques issued by the KNIGHTS.

6. Records

- The books and financial records of the KNIGHTS may be inspected by any member at the AGM or at any time upon giving reasonable notice and arranging a time satisfactory to the Treasurer

7. Directors

- Will at all times have reasonable access to the books and financial records of the KNIGHTS maintained by the Secretary and Treasurer

8. Court Actions

- All persons, members, lacrosse teams, players, coaches, managers, trainers and officials, shall be prohibited from bringing any matter before the law courts of any jurisdiction before all rights and remedies as provided by the Bylaws, Policies, Regulations and Rules of the Club, Local Governing Body, ALA and the CLA have been exhausted. Further, any such recourse to the law courts shall be deemed to be conduct enabling the President to suspend and/or disqualify the said person

9. Indemnification

- Every director and Officer and Officer of the KNIGHTS shall be deemed to have assumed office on the understanding and agreement and condition that every director or Officer and their heirs, executors and administrators and

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estate and affects respectively shall be indemnified and saved harmless out of the funds of the KNIGHTS from and against all costs, charges and expenses whatsoever which such director or Officer sustains or incurs in or about any action, suit or proceedings which is brought, commenced or prosecuted against him or her for or in respect of any act, deed, matter of thing whatsoever made, done or permitted by him or her or any other director(s) or Officer(s) in or about the execution of the duties of his or her office, and also from and against all other costs, charges, and expenses which he or she sustains or incurs in or about or in relation to the affairs thereof

10. Amendments to Bylaws

- These Bylaws may be rescinded, altered, or added to by a Special Resolution, at the Annual General Meeting or at a Special Meeting called for the purpose of amending the Bylaws, passed by a majority of not less than seventy-five (75%) of members in attendance of said meeting. Notice of the Special Resolution must be served to the Club members thirty (30) days prior to the meeting.

GENERAL PROVISIONS

1. Notice

- Whenever under the provision of these bylaws of the Club, notices are required to be given, such notice may be given either personally, by mail or electronic communication, addressed to the director, officer, or member at their address as it appears on the books of the Club.
- For the purpose of sending any notice to the address of any member, director or officer, the address shall be the last address recorded on the books of the club

2. Error or Omission in Notice

- No error or omission in giving notice of any annual general meeting, general meeting, or special meeting or any such adjourned meeting shall invalidate such meeting or make void any proceeding taken thereat and any member may at any time waive notice on any such meeting and may ratify, approve and confirm any or all proceedings taken or had thereat

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These by-laws and any policies and procedures adopted by the Club from time to time shall be made available to members upon written request.

These Bylaws have been approved by the Board of Directors of the Calgary Knights Lacrosse Club as of the X Day of month, 2024 and adopted by the members as of the X Day of month, 2024.

Signed by the President and Treasurer on behalf of the Calgary Knights Lacrosse Club at the City of Calgary, in the Province of Alberta, ____ day of _____, 2024.

Tanya Leukefeld, President

[DIRECTOR NAME], Treasurer