



## **CALGARY KNIGHTS LACROSSE – ATHLETE CODE OF CONDUCT**

Being part of the Calgary Knights Lacrosse Club means I represent my team, my coaches, and my community. I understand that my behaviour matters both on and off the floor. I agree to:

### **● Respect & Teamwork**

- I will treat my teammates, coaches, opponents, officials, and volunteers with respect
- I will support my teammates and help create a positive team environment
- I will not bully, exclude, or put down others (in person or online)

### **● Effort & Responsibility**

- I will come prepared and ready to participate in practices and games
- I will listen to my coaches and try my best to improve
- I will take care of equipment, locker rooms, and facilities

### **● Safety & Behaviour**

- I will not take part in any behaviour that could harm myself or others
- I will not use inappropriate language, gestures, or behaviour
- I will not bring or use anything unsafe or not allowed (as per team or league rules)
- I will either not bring, or I will place my cell phone or personal electronic device in a team approved storage option immediately upon entering the locker room

### **● Social Media & Digital Communication**

- I will not post or share negative, harmful, or disrespectful comments, photos, or videos about teammates, coaches, officials, the Knights or the game
- I understand that what I post online is a reflection on my team and the Knights

### **● Sportsmanship**

- I will play by the rules and respect the decisions of officials
- I will not argue with officials or approach them before or after games
- I will handle winning and losing with respect

### **● Speaking Up**

- I will talk to a coach, parent, or trusted adult if I feel unsafe or uncomfortable





**By following this Code, I help create a safe, respectful, and fun environment for everyone.**

Team Name \_\_\_\_\_ Date \_\_\_\_\_

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