



Calgary Knights Lacrosse Code of Conduct

The Codes of Conduct are designed to reflect the mission and values of the Calgary Knights Lacrosse Association, with the goal of creating a respectful, safe, and positive environment for all participants. Athletes are expected to uphold the standards and policies established by the Calgary Knights Lacrosse Association, the Canadian Lacrosse Association (CLA), the Alberta Lacrosse Association (ALA), and the Calgary District Lacrosse Association (CDLA). Repeated violations of these policies may result in disciplinary action by the appropriate governing body.

ATHLETE Code of Conduct

I understand that representing my team means showing respect, responsibility, and sportsmanship on and off the floor. I agree to the following:

- I will come prepared to practices, games, and follow the guidance and expectations of my coaches.
- I will take care of all equipment and facilities, using them respectfully and responsibly.
- I will support and encourage my teammates and contribute to a positive team environment.
- I will not yell at, criticize, or ridicule teammates.
- I will treat every player with fairness, kindness, and respect.
- I will speak to my coach or a trusted adult if I have concerns or notice issues within the team.
- I will not play explicit, offensive, or inappropriate music in change rooms or on facility grounds.
- I will not use, or encourage the use of, profanity or inappropriate language or behavior.
- I will not take part in, or support, any actions that could harm or threaten the safety or well-being of any athlete, coach, official, volunteer, or spectator.
- I will not post negative, harmful, or disrespectful comments or photos about games, teammates, coaches, officials, or others involved in lacrosse on any social media platform (e.g., Instagram, Snapchat, Facebook, Twitter).
- I will honor the game, demonstrate good sportsmanship, and play by the rules.
- I will show respect to my opponents on and off the floor and recognize their efforts and skills.
- I will respect the decisions made by officials and understand that it is not appropriate to approach them before or after a game.
- I will handle both wins and losses with dignity and respect.
- I will treat all athletes, coaches, officials, volunteers, and spectators with courtesy and integrity.

By committing to this code of conduct, I understand that I am helping to create a safe, inclusive, and positive environment for everyone involved in the game.

Team Name _____

Date _____





	PLAYER NAME	SIGNATURE
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