CALGARY KNIGHTS LACROSSE - CODE OF CONDUCT AGREEMENT - PLAYERS

- 1. I will play Lacrosse because I want to, not just because my parents or others want me to.
- 2. I will play by the rules of Lacrosse, and in the spirit of the game.
- 3. I will control my temper. I realize that fighting and unsportsmanlike behavior spoils the activity for everyone involved.
- 4. I will respect my opponents, coaches and officials and do my best to be a true team player.
- 5. I will remember that winning isn't "everything". It is also important to have fun, improve my skills, make friends and try to do my best.
- 6. I will acknowledge all good plays and performances, including those of my teammates and my opponents.

7. I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect. I will allow my captains or assistant captains' deal with discussions with the officials.

- 8. I will not post detrimental, critical or negative comments on social media, such as Facebook and Twitter, about games, referees, coaches, teammates, board members, and other people involved in the lacrosse community.
- 9. I understand that the abuse of alcohol and other substances will not be tolerated by The Calgary Knights Association
- 10. As a player for the Calgary Knights Lacrosse Association, I will show pride, sportsmanship, and respect for the game and the club.

I agree to the terms stated above and will adhere to them throughout the 2016 Lacrosse season.

I understand the Calgary Knights Lacrosse Association Coaches and Board of Directors may use this agreement for discipline purposes if not all the terms are complied with.

CODE OF CONDUCT AGREEMENT - PARENTS

- 1. I will not force my child to participate in Lacrosse. I will realize it is something he or she wants to do. I will remember that my child plays Lacrosse for his/her enjoyment, not mine.
- 2 I will teach my child that doing one's best, having fun, making friends and improving his/her skills is as important as winning. By doing so, my child will not feel defeated by the outcome of the game.
- 2. I will encourage my child to play by the rules and to resolve conflicts without resorting to unsportsmanlike behavior, hostility, or violence.
- 3. I will make my child feel like a winner every time by offering praise for competing fairly and trying his/her hardest. I will never ridicule or yell at my child or any other child for making a mistake or losing a game. I will remember these are kids playing lacrosse and show my support.
- 4. I will remember that children learn by example. As a parent you want the best for your child, each player on the floor is someone's child with their parent also wanting the best for them. I will applaud good plays and performances by my child, or by his/her teammates and by his/her opponents.
- 5. I recognize officials are being developed in the same manner as players, and will be supportive of their decision during games. I will not abuse the officials. I know there is a zero tolerance of abuse and as a result of inappropriate behavior I could be removed from arena. I will support all efforts to remove verbal and physical abuse from the Lacrosse environment.
- 6. I will respect and show appreciation for the coaches, referees, board members, players and all other spectators and will not confront anyone in a negative, critical or detrimental manner. I will provide positive Lacrosse experiences to my child and others. If I have concerns with the bench staff, another parent or a board member I will wait 24 hours before communicating it. I will not contact anyone in regards to my concerns within those first 24 hours. I will use the 24 hours to think about my concerns and to calm any strong emotions. Once the 24 hour period has passed, I will contact responsible parties in the following order: i) Coaching staff and/or team manager by email or phone. ii) Division coordinator by phone or email. iii) Coaching director, discipline coordinator or president. I will first strive to find resolution at the team level. Only after that has been attempted, will I take my concerns to the next level and move up the chain of communication. I will give responsible parties a day to respond to my concerns before moving up the chain of communication. Board members will support me by helping me connect with the correct responsible party at the right time. Board members will only discuss my concern with me when it is their role to do so. For example, the coaching director will discuss issues related to coaches. The discipline coordinator will discuss violations of the code of conduct.
- 7. I will respect and show appreciation for the coaches, referees, board members, players and all other spectators and will not confront anyone in a negative, critical or detrimental manner. I will provide positive Lacrosse experiences to my child and others. If I have concerns with the bench staff I will wait 24 hours before contacting them.
- 8. I will not post detrimental, critical or negative comments on social media, such as Facebook and Twitter, about games, referees, coaches, teammates, board members and other people involved in the lacrosse community.
- 9. I understand that the abuse of alcohol and other substances will not be tolerated by The Calgary Knights Lacrosse Association.
- 10. As a member of the Calgary Knights Lacrosse Association I will show pride and respect for our club.

I agree to the terms stated above and will adhere to them throughout the 2016 Lacrosse season. I understand the Calgary Knights Lacrosse Association Board of Directors may use this agreement for discipline purposes if not all the terms are complied with.

Parent Signature

I agree to allow the Calgary Knights to print my child's name and picture in the media as requested by the team or association. Yes or No