Canada Day Tournament 2022 Technical Time Outs

During each period, a technical timeout will occur after the first stoppage after the midway mark of each period. The stoppage can be after any possession call, penalty or goal. The stoppage will occur regardless of on floor strength.

NOTE: PLAY will be stopped at the first stoppage after the specified time below.

Level	Play Stopped after the first stoppage after the:
U10	6:00 Mark
U12- U16	8:00 Mark

- The clock will be stopped regardless of the score.
- The technical timeout will not exceed 60 seconds. If both teams are ready and in position to resume play prior to the 60 seconds expiring - officials may restart play early
- Both teams will have the opportunity to go to the bench to receive water.
- All players and goaltenders must be ready to resume play in 60 seconds.
- Goaltenders must be back in their nets, ready to resume play before the timeout expires.
- The intent of the technical timeouts is to provide a consistent break each period for player/ goaltender water breaks but at the same time ensuring the game moves along in the allotted time.
- If teams are still at their benches when the technical timeout expires or if teams delay the resumption of play, officials MAY access a bench minor penalty for delay of game.
- Both teams will still be entitled to their (1) time-out (60 seconds) for the game to be used at their discretion
- NO ADDITIONAL GOALTENDER WATER BREAKS WILL BE AUTHORIZED.
- If facility conditions require it, additional technical time outs may be authorized at the direction of the RIC, Supervisor or Tournament Committee.