



Last Updated: June 2020

7.3. U15 Rule Modifications (Boys and Girls)

- 7.3.1.** Ball Size: Girls - 6 (28.5); Boys - 7 (29.5)
- 7.3.2.** Games shall consist of four (4) Ten (10) minute quarters.
 - 7.3.2.1.** Eight (8) minutes running time and two (2) minutes stop time at the end of each quarter.
 - 7.3.2.2.** There shall be a three (3) minute half time break.
 - 7.3.2.3.** The clock shall be stopped for time outs and injuries.
- 7.3.3.** Each team shall have two (2) time-outs in the first half and two (2) time-outs in the second half - No Carry Over.
- 7.3.4.** All U-15 divisions must employ person - to - person defense.
- 7.3.5.** Any player without the ball cannot be double teamed.
- 7.3.6.** Triple teaming the ball carrier in the front court is deemed to be a zone defense (illegal defense) and is not allowed in the U-15 Age Group.
- 7.3.7.** Full court press: All U-15 divisions may employ a person - to - person or zone press. However, after the offensive team reaches their front court, the defense must revert to person - to - person coverage unless double teaming the ball carrier.
 - 7.3.7.1.** Full court press will no longer be permitted once a team has reached a lead of twenty (20) points or more.
 - 7.3.7.2.** Should teams continue to full court press when ahead twenty (20) points or more, they will be issued a warning. If teams disregard the warning a technical foul will be assessed.