



Last Updated: June 2020

7.4. U18 Rule Modifications (Boys and Girls)

- 7.4.1. Ball Size: Girls - 6 (28.5); Boys - 7 (29.5)
- 7.4.2. Games shall consist of four (4) Ten (10) minute quarters.
 - 7.4.2.1. Eight (8) minutes running time and two (2) minutes stop time at the end of each quarter.
 - 7.4.2.2. There shall be a three (3) minute half time break.
 - 7.4.2.3. The clock shall be stopped for time outs and injuries.
- 7.4.3. Each team shall have two (2) time-outs in the first half and two (2) time-outs in the second half - No Carry Over.
- 7.4.4. Full court press will no longer be permitted once a team has reached a lead of twenty (20) points or more.
 - 7.4.4.1. Should teams continue to full court press when ahead twenty (20) points or more, they will be issued a warning. If teams disregard the warning a technical foul will be assessed.