

# CMBA General Emergency Action Plan



This emergency action plan has been developed to be used by coaches and administrators across CMBA. Ensure that all areas highlighted in yellow are established prior to each game at a different facility.

<b>Emergency Action Plan</b>	
<p><b>911</b></p> <p><b><u>CMBA League Officials</u></b></p> <p><b>Mike Shaw #: 403-305-2647</b></p> <p><b>Ken King #: 403-392-7047</b></p>	<p><u>Checklist:</u></p> <ul style="list-style-type: none"> <li>● Ensure working cell phone is available</li> <li>● Ensure that there is someone on site (CMBA official, caretaker, facility staff, etc).</li> <li>● Be aware of who and where these people are.</li> <li>● In case of emergency, call 911, and then call one of the league officials listed here.</li> </ul>
<p><b>SW Facility Address</b></p>	<p><b>Southwest Addresses</b></p> <ol style="list-style-type: none"> <li>1. <b>7 Chiefs:</b> Tsuut'ina Nation, Tsuut'ina Nation, 19 Bullhead Rd, AB T3T 0E1</li> <li>2. <b>Cedarbrae:</b> 10631 Oakfield Dr SW, Calgary, AB T2W 2T3</li> <li>3. <b>Winsport:</b> 151 Canada Olympic Rd SW, Calgary, AB T3B 5R5</li> <li>4. <b>Glenmore Christian Academy:</b> 16520 24 St SW, Calgary, AB T2Y 4W2</li> <li>5. <b>Rundle College Jr/Senior High:</b> 7375 17 Ave SW, Calgary, AB T3H 3W5</li> </ol> <p>Address of Nearest Hospital:</p> <ul style="list-style-type: none"> <li>● <b>Rockyview General Hospital:</b> 7007 14 St SW, Calgary, AB T2V 1P9</li> <li>● <b>South Health Campus:</b> 4448 Front St SE, Calgary, AB T3M 1M4</li> </ul>
<p><b>NW Facility Address</b></p>	<p><b>Northwest Addresses</b></p> <ol style="list-style-type: none"> <li>1. <b>WO Mitchell:</b> 511 Silvergrove Dr NW, Calgary, AB T3B 4R9</li> <li>2. <b>Foothills Alliance Church:</b> 333 Edgepark Blvd NW, Calgary, AB T3A 4K4</li> <li>3. <b>Hounsfield:</b> 1928 14 Ave NW, Calgary, AB T2N 1M5</li> <li>4. <b>Huntington Hills Community Association:</b> 520 78 Ave NW, Calgary, AB T2K 0S2</li> <li>5. <b>Alberta Bible College:</b> 35 Northmount Dr NW, Calgary, AB T2K 3J6</li> <li>6. <b>Edgemont:</b> 55 Edgevalley Cir NW, Calgary, AB T3A 4X1</li> </ol> <p>Address of Nearest Hospital</p> <ul style="list-style-type: none"> <li>● <b>Foothills Medical Centre:</b> 1403 29 St NW, Calgary, AB T2N 2T9</li> <li>● <b>Alberta Children's Hospital:</b> 28 Oki Dr NW, Calgary, AB T3B 6A8</li> </ul>

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<p><b>NE Facility Address</b></p>	<p><b>Northeast Addresses</b></p> <ol style="list-style-type: none"> <li><b>Don Hartman (NESS):</b> 206 68 St NE, Calgary, AB T3J 3P8</li> </ol> <p>Address of Nearest Hospital</p> <ul style="list-style-type: none"> <li><b>Peter Lougheed:</b> 3500 26 Ave NE, Calgary, AB T1Y 6J4</li> </ul>
<p><b>SE Facility Address</b></p>	<p><b>Southeast Addresses</b></p> <ol style="list-style-type: none"> <li><b>Prolific Sports House:</b> 8489 40 St SE #120, Calgary, AB T2C 2P1</li> <li><b>Seton YMCA:</b> 4995 Market St SE, Calgary, AB AB T3M 2P9</li> <li><b>MidSun Rec:</b> 50 Midpark Rise SE, Calgary, AB T2X 1L7</li> <li><b>Trico:</b> 11150 Bonaventure Dr SE, Calgary, AB T2J 6R9</li> <li><b>Lord Beaverbrook:</b> 9019 Fairmount Dr SE, Calgary, AB T2H 0Z4</li> <li><b>West Island College:</b> 7410 Blackfoot Trail SE, Calgary, AB T2H 1M5</li> <li><b>Bishop O'Byrne:</b> 333 Shawville Blvd SE #500, Calgary, AB T2Y 4H3</li> <li><b>Lake Bonavista:</b> 1015 120 Ave SE, Calgary, AB T2J 2L1</li> <li><b>Trinity Christian School:</b> 295 Midpark Way SE, Calgary, AB T2X 2A8</li> <li><b>South Fish Creek Rec Ass.:</b> 333 Shawville Blvd SE #100, Calgary, AB T2Y 4H3</li> <li><b>Father Lacombe HS:</b> 3615 Radcliffe Dr SE, Calgary, AB T2A 6B4</li> </ol> <p>Address of Nearest Hospital:</p> <ul style="list-style-type: none"> <li><b>South Health Campus:</b> 4448 Front St SE, Calgary, AB T3M 1M4</li> </ul>

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**\*Ensure that the content below is read and filled out prior to each game at a new facility\***

<p><b>Person In Charge</b></p>	<p>Name: Phone:</p> <p>Alternate 1: Phone:</p> <p>Alternate 2: Phone:</p>	<p>Roles and Responsibilities:</p> <ul style="list-style-type: none"> <li>• Clear the risk of further harm to the injured person by securing the area and shelter the injured person from the elements</li> <li>• Designate who is in charge of the other participants</li> <li>• Protect yourself (wear gloves if in contact with body fluids such as blood)</li> <li>• Assess ABCs (check that airway is clear, breathing is present, a pulse is present, and there is no major bleeding)</li> <li>• Wait by the person until EMS arrives and the injured person is transported</li> <li>• Fill out a CMBA game report form on the CMBA website.</li> </ul>
<p><b>Call Person</b></p>	<p>Name: Phone:</p> <p>Alternate 1: Phone:</p> <p>Alternate 2: Phone:</p>	<p>Roles and Responsibilities</p> <ul style="list-style-type: none"> <li>• Call for emergency help</li> <li>• Provide all necessary information to dispatch (facility location, nature of injury, what first aid has been done)</li> <li>• Clear any traffic from the entrance/access road before ambulance arrives</li> <li>• Wait by the driveway entrance to the facility to direct the ambulance when it arrives</li> <li>• Call the emergency contact person listed on the injured person's medical profile</li> </ul>
<p><b>Participant Information</b></p>	<p>Where is the participant information and the database of emergency contacts for this team located?</p>	
<p><b>First Aid Kit &amp; AED</b></p>	<p>Where are the first aid kit &amp; AED located?:</p>	

