



Fall 2023 / Winter 2024 League
On-line Orientation for Coaches & Team Managers

1. **Where to find your team's schedule**
 - a. On the CMBA Website under your team's age category.
2. **How to report a score. (Important to click: "Game is Finished")**
 - a. On the CMBA Website by logging in and entering the game score. [Go to this link for more](#)
3. **Where do I fill out score sheets and print them off? There two different kinds of scoresheets:**
 - a. [U11 score sheet with substitution chart](#)
 - b. [U13/U15/U18 score sheets](#)
4. **Where to find youth basketball "Rule" modifications for your age group.**
 - a. [CMBA League follows Canada Basketball's Athlete Development Model:](#)
 - b. Section 7 Youth Modifications On Our Website
 - c. [New! U11 Rules of Play](#)
 - d. [Seeding Round Rules](#)
5. [Coaches Corner – Resources for practice planning and drill options](#)
6. [40 Point Mercy Rule - Strategies to help Coaches in lopsided games.](#)
7. [League Participation Agreement](#)
 - a. "Respectful behavior is required before, during, and after the game."
 - b. "All persons connected with basketball are entitled to equal treatment and respect."
8. **What is a "Game Report"?**
 - a. A game report is how any spectator, player, coach, or official reports negative (OR POSITIVE) incidents to the league.
9. **What happens when someone is ejected from the gymnasium for unsportsmanlike behavior?**
 - a. That person is suspended pending further investigation from all CMBA events. They may not be in any CMBA facilities until contacted by the SCC Liason for investigation. This will be done as promptly as possible.
10. [Section 8: Rules of Discipline](#)
 - a. These rules are pending an update in the next month. Notification will be sent when an update is available.
11. [Jewelry Rule](#)
12. [Concussion Policy](#)
13. [Rule of Two](#)
14. **Social Media Postings are always to be positive in nature.**
 - a. All who participate in online interactions are subject to the same behavior standards as listed in the Participation Agreement
15. [White Whistle Rules](#)
 - a. **Negative interactions with white whistle officials will be met with harsher discipline from the league, starting with 1 Day Suspensions and progressing from there.**