

## RULE MODIFICATIONS FOR 13U DIVISIONS

### For games in the 13U Divisions:

- The use of ball screens will be permitted for all Divisions 1, 2, 3/4
- Ball size - 13U Boys and Girls - Size 6
- 13U Divisions shall consist of four 9-minute stop time quarters. The pre-game warm-up will begin as per scheduled start time and is 5 minutes long. For example, if the game is scheduled for 8:30 am, tip-off should commence at 8:35 a.m. to allow for team warm-ups.
- Games in all divisions will have a one (1) minute break between quarters and a two (2) minute break at half-time

### Defensive Modifications in the 13U division:

- MUST play person-to-person defense, proper help side technique is permitted on-ball – switching on screens will be permitted
- A Player may leave their check to help on an opposing player who is entering the key with the ball. If the ball leaves the key, so should the help side. **Stopping the ball in the key is NOT considered a double team.**
- Double-teaming of the ball carrier will be permitted - Once the ball has been passed away, the double team must end and defensive player(s) must return to their person-to-person defensive position.
- Triple-teaming the ball carrier in the front court will be deemed to be a zone defense and is not permitted.
- Full court person-to-person pressure will be permitted
- No zone pressure of any kind will be permitted

### Three (3) Point Line:

- The three (3) point line will be used at the 13U, 15U and 18U levels. At the scheduled gym location, 13U divisions will use the closest marked three (3) point line. 15U and 18U divisions will use the 6.75m three (3) pt line if available. At the Saville Centre, this is the black line on the court.

### Free throws:

- In the 13U divisions, free throws may be taken from 13 feet (i.e. Two feet closer than the marked free throw line). Where possible, tape will be placed down on the court to indicate this line.

